



Red River Current

JULY / AUGUST 2014

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RELAY FOR LIFE : Honouring those who fought for their lives

It's amazing how some people always go the extra mile to help out those around them. On June 13th, 2014 we saw just that as the Fort McKay Walkers for Life, along with many others, gathered at the Casman Centre to take part of the Relay for Life event.

The Relay For Life is an overnight non-competitive relay that celebrates cancer survivors and pays tribute to loved ones. It's a night of fun, friendship and fundraising to beat cancer.

The Fort McKay team created a donation web page and posted why they decided to join Relay for Life:

"We relay in memory of those we have lost to cancer: Henry, Clara, and Shirley Shott, Eva, Edna, and Orrin Boucher and for those who are battling like our Auntie Julia. Our team is very excited in this year's Relay for Life because every step we take in Relay raises money to help Canadian Cancer Society save lives."

The Fort McKay Walkers consists of Nadena Chadi, Elsie Cowie, Brandy Fitzpatrick, Star Grandjambe, Stefany Guillen, Lolita Ladouceur, Mandy Mercredi, Natalie Orr, Belinda Whiteknife, Sherry McKenzie and Doris Young.

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RELAY FOR LIFE

Continued



FMFN LEADERSHIP TEAM

Jim Boucher, Chief
Raymond Powder, Councillor
David Bouchier, Councillor
Gerald Gladue, Councillor
Ruth McKenzie, Councillor

George Arcand, CEO
Larry Hewko, CFO/COO

ADMINISTRATION DEPT.

Dorothy McDonald Business Centre
General Delivery
Fort McKay, AB T0P 1C0
Phone: 780-828-2430

Hours of Operation:
Mon. to Thurs. - 8:30am - 4:30pm
Friday - 8:30am - 2:00pm

SUBMISSIONS

If you have any photos, stories or ideas for the Fort McKay Current, please contact Nancy Robin at: 780-715-4512 or email: nancydoire@msn.com

For the Relay, each team had to walk or run around Father Mercredi's running track from 7pm until 7am the following day - 12 hours of non-stop exercise with the goal to raise money for the fight against cancer. Each team keeps at least one member on the track at all times. In order to make it to the end and support their fellow teammates, some people even camped out at the Casman Centre in decorated tents waiting for their turn to walk.

The Fort McKay team so far has raised over \$7,102.50 for this year's Relay for Life and received a recognition for being a 'bronze team.' Fundraising efforts included as lunch sale, a smoothie sale, a bake sale, and a car wash.

Many generous donations were also made by the Group of Companies, the Fort McKay Métis Association and Birch Mountain Enterprises. A special thanks to the sponsors and everyone who helped us with the fundraisers: Barb MacDonald, BJ Fitzpatrick, Coady Norris, Dennis Shott, Jesse Rodriguez, Jim Carbery, Simon Adams and the Fort McKay School. The online fundraising will remain open until fall 2014 for those who would still like to donate.

In Fort McMurray alone, a total of \$230,622.23 was raised. Last year, over 16000 teams across Canada raised an astounding \$46.5 Million dollars. This year, 60 teams came to take part of Fort McMurray's Relay for Life. We hope to see just as many in the years to come.

We would like to thank all those who contributed for this event. Your help truly makes a difference!



WE WELCOME OUR NEW EDUCATION DIRECTOR!

After a long search, the Fort McKay First Nation is pleased to introduce our new Education Director, Brent Devost! Many parents in Fort McKay will recognize Brent from his involvement with various hockey programs in our community.

Originally from a small town north of Peace River, Brent understands the challenges of education in rural areas and he is excited about the chance to build something special with the community of Fort McKay. Says Brent, "Education is a key that can unlock many doors for our youth. The pursuit of lifelong education is an end in itself and can be very invigorating and liberating."

While community members and leadership have identified the building of a new school in Fort McKay as a priority, creating the foundation of an education system must come first. In his first few months as Education Director, Brent will be familiarizing himself with the community of Fort McKay, and he will be looking at ways to create opportunities for community members to voice their concerns, opinions, and hopes in order to gain a better understanding of the education goals of the community. And, while a new school is still in the future, Brent has already started discussions with representatives of the Northlands School Division with the goal



of improving our current education system.

Brent has also started researching successful and innovative education programs in the hopes of finding practices that will be suitable for the needs of Fort McKay.

When asked about his objective as Education Director, Brent replied, "My ultimate goal is for Fort McKay to become recognized as offering one of the most well respected education programs in North America – a program that not only allows students to achieve their academic goals, but one that fosters a strong sense of culture and tradition. I want to help the youth of Fort McKay develop into strong leaders of high character and moral integrity."

In 1999, Brent's passion for hockey along with his passion for education led him to found the Edge School, a Calgary-based independent school offering its student-athletes a comprehensive education in Academics, Athletics and Leadership Development. He held the positions of President & Chief Executive Officer until December 2010. Brent lives in Fort McMurray with his lovely wife, Andrea, and together they proudly raise three (awesome) kids - Jett, Evan and Grace.

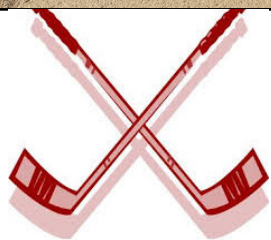
Brent looks forward to getting to know the community, especially those who are interested in the future of education in Fort McKay. To discuss your thoughts with Brent, please call 780-828-2430 to make an appointment.



FLOOR HOCKEY!!!



Thanks to
all the parents who
brought the kids to
practice and tournament!
Special congrats to the
U9 team who made it
to Semi-Finals!



FORT MCKAY TEAMS



U7

Blaize Bouchier
Brayden L
Kayleigh Bouher
Keegan Shott
Tayden Shott
Noah Fitzpatrick

U9

Exzander L
Kairo Grandjambe
Jayden Shott
Sky Orr
Tyresse Shott

U13

Jace Shott
Aaron
Tristan
decklin M
Adam M



SPORTS, SPORTS, SPORTS!!!

Syncrude Boreal Open Golf Lesson:

On July 17th, 14 kids had the opportunity to have golf lessons from the Pro's. Each of them received a brand new set of golf clubs, sponsored by RBC.



Special thank you to Jesse Rodriguez, BJ Fitzpatrick, Phil Fitzpatrick and the Wellness Centre Staff (Kory and Kaitlyn). We ended the camp with a "Soccerbaseball match."



YOUTH EXPLORE ALBERTA



This year's annual Youth Cultural Excursion took place from Monday, June 30th to Sunday, July 6th, 2014. We had a total of 32 children and youth between the ages of 8 and 16 join us for this exciting educational travel opportunity! This year's trip took us all over Alberta where we visited a variety of cities, towns and National Historic places.

We started in Fort McKay on Monday and loaded up the bus and started our journey across Alberta. With a few quick stops along the way in Wandering River and Sherwood Park, we were on our way to the land of the dinosaurs, also known as Drumheller!

After spending the night in the Super 8 Drumheller, we woke up Tuesday morning ready to celebrate Canada Day! We got our maple leafs hats on, collected our Canada flags, and decorated ourselves with Canada Day temporary tattoos. We headed downtown for a delicious pancake breakfast and spent the next 2 hours watching the parade! It was absolutely amazing as the parade was a full 2 hours long and included over 75 floats

all decorated to celebrate Canada's birthday. Every float even threw handfuls of candy into the crowd for the kids to collect!

After the parade, we headed downtown Drumheller to take in the rest of the festivities. We started by climbing 106 steps to look out the mouth of the dinosaur, which is 86 feet in the air! After our visit, we went to the Aquaplex to cool off in the swimming pool. We then sung Happy Birthday to Canada and took part in the cake cutting ceremony, bouncy castles, and the centennial play. After a long, hot day, we went back to the hotel to take in some more swimming and finally get some sleep!

Wednesday morning we were up early and ready to go! We traveled to the Royal Tyrrell Museum to learn all about dinosaurs and fossils. We did many hands on activities including digging up our own fossils! Our favorite part was seeing all the little groundhogs running around outside. They were so friendly; they would come right up to us and lick our hands! Once we left the museum, we headed to the Atlas Coal Mine to explore the tipple and the tunnel! We got to put

on miner's helmets and headlamps and got to find out what it was like to be a miner! We couldn't imagine having to work long hours, underground and in the dark, but it was very cool to learn all about it and explore the underground mine!

Wednesday evening we started out journey to Lethbridge where we were staying the night. We got to the hotel and found out that it had an AMAZING water park! It had 2 water slides, a wave pool, a lazy river and so much more! We spent hours swimming in the pool and didn't want to leave until the pool closed. This was our favorite hotel!

Thursday morning we got up early and headed to the Crowsnest Pass. We went and visited Frank Slide, which is in the Rocky Mountains of Alberta. We were amazed to find out that in the early 1900s Turtle Mountain fell down and spread thousands of tons of rock, burying half the town of Frank. We got to hear many stories of people affected by the enormous rock slide. We took a 2 kilometer hike through the rock and explored the museum. Afterwards, we got to create our own Turtle Mountains out of





ice cream and sprinkles!

After leaving Frank Slide, we traveled North to Nanton and visited the Bomber Command Museum. At this museum, we got to learn about all the aircraft used in many wars. We got to go inside some of the airplanes and pretend that we were pilots- including a snowbird plane! We spent all afternoon here before heading to Red Deer to get some rest!

Friday morning had finally arrived - the day we had all been waiting for! We put on our jeans and shoes and hopped on the bus to travel to Nordegg, AB to go horseback riding. We visited the Chungo Creek Ranch where we got to have a campfire, roast hot dogs and marshmallows and spend the whole day horseback riding! There were seven of us who had never rode a horse before, so we were anxious and very brave when we hopped up on to these GIANT horses! We went for an hour-long

trail ride through the hills and along the river. It was a beautiful day and we got to enjoy the peacefulness of the mountainous wilderness.

After a long day outdoors, we headed back to Red Deer to take in some swimming at the Collicut Centre. This was a very cool water park and had a big water slide, a wave pool, a lazy river and a giant slide into some "rapids". We spent a few hours here and by then, we were exhausted and headed back to our hotel for some much needed sleep!

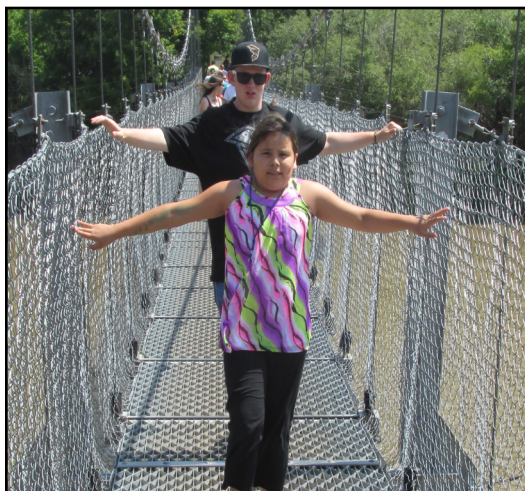
Saturday morning we finally got to sleep in. We packed up our bags and headed to the Alberta Sports Hall of Fame in Red Deer. This was one of the coolest museums we ever visited. The whole place was filled with different games, challenges and simulators that we got to play on all day! We took part in the Olympic wheel chair races, bike racing, a downhill skiing

simulator, rock climbing, sports simulators and even a giant teepee where we got to play hand games.

After finishing up at the museum, we headed to Sherwood Park to take in an afternoon of bowling, pizza and Caesar salad! We finished our supper and headed back to the hotel for an evening swim and movies in our pajamas!

Sunday morning, we were all exhausted and ready to go home. We got onto the bus and made ourselves comfortable for the long ride back to Fort McKay. We had an amazing time and got to learn and experience so many things on this year's Annual Youth Cultural Excursion.

A HUGE THANK YOU goes out Canadian Natural Resources Limited (CNRL) and the Fort McKay First Nation for providing us with this amazing opportunity! THANK YOU!



FORT MCKAY TREATY DAYS...

Another Great Celebration!

Fort McKay's Annual Treaty Days was yet another big hit! This year's event was held June 19th until the 22nd.

The celebration started off Thursday afternoon with the baseball tournament kick off and was followed with one of our favorite events - Fort McKay Idol. The evening offered the opportunity for all of the locals to show off their talents in front of the anticipating crowd.

The next day, the streets were occupied with beautifully decorated bikes along with their proud riders who lead the parade. After the ceremonies were done, all of the fun began! There were tons of kids activities, a petting zoo, as well as a cultural village. Let's not forget the unforgettable Fear Factor that invited the bravest folks around town to face their very own fears. A traditional dance by some of our very best dancers was also performed during the afternoon.

The entire weekend was filled with many of our favorite recurring activities such as hand games,

canoe races, a moose calling contest, a round dance, and of course the traditional feast.. And who could ignore the tug of war event, or the dunk tank that attracted so many who witnessed some of our favorites folks fall into the water.

After dark, the entertainment was as good as always with performances from our favorite local musicians the Stephanie Harpe Experience and the Nicely Put Together band. Everyone also had the privilege of listening to Winnipeg musician Don Amero perform before renowned country singer Dwight Yoakam (along with fireworks) ended the evening with a bang.

Once again, Treaty Days has given us many unforgettable memories! We would like to thank all of the sponsors and judges who contributed their time during the competitions. We would especially like to recognize all of the hard work that came from all of our volunteers. Without these volunteers, Treaty Days would not have been as successful as it was!





ARTS PROGRAM CREDITED WITH RAISING MARKS

A learning program implemented at Fr. Mercredi High School and Holy Trinity Catholic High School is receiving a lot of attention in the Wood Buffalo region and beyond. The Learning through the Arts program is being credited for raising the marks of local Aboriginal students in recent Provincial Achievement Tests.

The Royal Conservatory of Music created the Learning through the Arts Youth Empowerment Program in 1994, and it has been integrated into schools all across Ontario since. It is the only arts-infused education program to demonstrate proven results through academic research. Musicians, dancers, artists, and writers are trained to work with certified teachers and program coordinators to further engage students in their learning through artistic endeavors, sometimes in surprising ways. For example, students might learn science through music, or math concepts through dance.

Four years ago, the program was implemented into Fort McMurray Catholic Schools. The program has shown to be so successful that it is currently being implemented in schools in Edmonton and Calgary, and it is expected to be introduced in Vancouver, BC.

In an interview with the Edmonton Journal, George McGuigan, Superintendent of Fort McMurray Catholic School District, asserts that "When a student sees that there is something like this for them, and you infuse their culture into it, it gives them a strong feeling of

belonging and hope for the future. You want to nurture their spirit, heart and mind."

Elder-in-Residence Hazel (Issapaakii) Derange, is one of many Elders who are participating in the program. With Learning through the Arts, she shares her knowledge, culture, as well as stories with her students.

Aboriginal youths registered in Learning Through the Arts are exceeding expectations.

"My dream and hope is that there will be a lot more Aboriginal people coming in to schools to share our culture," states Derange (also in the Edmonton Journal), "What I share in the classroom teachers don't know. We have people with so much knowledge and such a beautiful history, but not much is told about it. I hope there will be more of an aboriginal element to all of our learning programs."

The following 2012-13 Provincial Achievement Test statistics were reported in the Edmonton Journal:

- Grade 9 math exam: Aboriginal students improved their average

scores from 44.7 to 66.1 percent — beating the provincial average for all students and surpassing the average for First Nations youths by 23.3 per cent;

- Grade 9 Language Arts: Aboriginals' scores beat the provincial average for all students, while the entire student body in Fort McMurray's Catholic School District beat the provincial average by nearly nine per cent after trailing in the years before the program's start;

- Grade 6 Language Arts: Aboriginals posted a 91.7 percent average, beating the provincial mark by 9.2 per cent, while the entire student body in the district had an average score of 96.2, surpassing the provincial average by nearly 14 per cent;

- Grade 9 Social Studies: aboriginals improved by more than 19 percent over the previous three years, and the district overall beat the provincial average by nearly nine per cent while exceeding the provincial average for the first time in years.

This curriculum is currently offered to over 1500 students in Fort McMurray, ranging from grade 6 to grade 9, and will expand next year to include fourth and fifth grades.

A video about the success of the program in Fort McMurray is available to view at <http://www.rcmusic.ca/connecting/rcm-blog/learning-through-arts-celebrates-successful-year-fort-mcmurray>.



INTERESTED IN TRADES?

Alberta Apprenticeship and Industry Training is committed to enhancing participation of Aboriginal people in the trades. If you are an Aboriginal Albertan with an interest in working in the trades, the Alberta Aboriginal Apprenticeship Initiative has you in mind.

The initiative assists qualified Aboriginal people to enter and complete an apprenticeship program. Consultants who assist clients:

- Work with employment centres to find and prepare Aboriginal people to register as apprentices in a trade of their choice
- Work with industry to find employers wishing to hire, register and train Aboriginal apprentices through the initiative
- Follow-up with apprentices and employers to assist apprentices in the completion of their programs and the receipt of their trade certificates

The Aboriginal Apprenticeship Initiative currently operates in Edmonton and Fort McMurray. For more information call (780) 427-5901 in Edmonton or (780) 747-6500 in Fort McMurray.



CONGRATULATIONS TO RUSSELL!



The Fort McKay Junior Leaders Raffle was a HUGE success! A BIG THANK YOU goes out to WestJet for donating a Gift of Flight Voucher for a roundtrip flight for 2 people to anywhere WestJet. We are so lucky to have such great supporters of our hard-working Junior Leaders!

Also, a HUGE thank you to everyone who supported us and bought tickets for the raffle. The Grand Prize Winner was Russell Voyageur! Congratulations Russell!

- Fort McKay Junior Leaders,
Fort McKay Wellness Center



KIDS LEARN TO PLAY SOCCER



This summer, a one week soccer camp was organized for kids ages 4 to 12 years old. The kids learned the essential techniques and skills of the sport with the help of professional coaches from Pro Touch Soccer Academy. We would like to thank Tiffany and Jay for coming all the way to McKay to teach our kids! **EVERYONE HAD A BLAST!**



FORT MCKAY HOSTS 10th ANNUAL TREATY 8 GATHERING

This year, Fort McKay was the host of the 10th Annual Honouring Our Treaty Gathering along with Treaty 8 First Nations of Alberta. The event, which ran from July 7th to the 10th had the purpose of informing people of Treaty 8 First Nations of Alberta's latest developments, as well as their future plans.

Speakers included Chief Jim Boucher, Grand Chief Richard Kappo of Treaty 8 First Nations of Alberta, and Deputy Grand Chief Romeo Cardinal of Treaty 8 First Nations of Alberta. Also present was the Honourable Bernard Valcourt; Minister of Aboriginal Relations and Northern Development, Honourable Frank Oberle; Minister of Aboriginal Relations, Honourable Robin

Campbell; Minister of Environment and Sustainable Resources Development, and Honourable Rona Ambrose; Minister of Health. Important topics that were discussed during these five days included Treaty, health and education updates, as well as new bylaw amendments.

To conclude the week, an election was implemented to designate the Grand Chief and Deputy Grand Chief for the upcoming year. This year, Chief Richard Kappo of Sturgeon Lake was re-elected to continue to be the Grand Chief of Treaty 8 First Nations of Alberta. Taking the position as Deputy Grand Chief this year is Chief Steve Courtiello of Mikisew Cree First Nation.

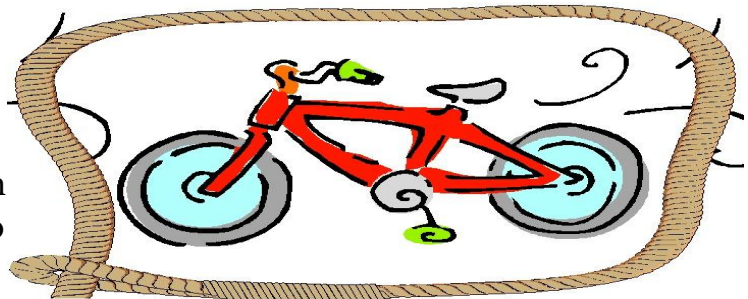
"It is an honour to be allowed to continue on as Grand Chief in this upcoming year. We have a lot of plans this year and want to continue our work in strengthening our Treaty and working with the government to honour their commitments to our people," stated Grand Chief Kappo in a press release "Only together can First Nations and Canadians move forward to achieve a brighter tomorrow."

In addition to their duties as Chiefs within their own communities, the Grand Chief and Deputy Grand Chief serve as the voice for all of the other Treaty 8 Chiefs on concerns that affect First Nations as a whole.

Safe Communities Wood Buffalo, the RMWB Parks Patrol, and RMWB Bylaw Services will be partnering with the Fort McKay Wellness Center and Recreation Department to offer a Bike Rodeo for all community members on Tuesday, August 26th from 1 PM to 3 PM at the Arena.

There will be plenty of activities going on and the entire community is welcome to join! There will be prize giveaways and snacks!

BIKE RODEO



 **IT'S RODEO TIME!**



SAFETY UP! ON ATV USE

All-terrain vehicles (ATVs) are regular workhorses on the farm. They are also often used for recreation. Unfortunately, they are the source of serious safety concerns. The use of off-road vehicles on Canadian farms resulted in 17 deaths in Canada in the 1990s, and half of these were children under the age of 16.

According to the Canadian Institute for Health Information, the number of serious injuries has skyrocketed as well, with a recorded increase of 50 per cent in hospitalized injuries between 1996 and 2001 across Canada. The Canadian Safety Council reports that males aged 15 to 19 have the highest injury occurrence of all age groups.



**THESE TIPS
COULD SAVE
YOUR LIFE!**

ATVs – or four-wheelers as they're often called – demand respect. No one should ride them without training, appropriate supervision, protective equipment, and a thorough understanding of the potential hazards and how to manage them. Know the job. Know the hazard. Know the drill.

Get to Know the Vehicle

ATVs are motorized vehicles with four oversized, low-pressure tires, designed for uneven surfaces and off-highway work and recreation. They can weigh up to 600 pounds (272 kilograms) and reach speeds of well over 100 kilometres per hour. Engine size ranges from 50 cc to approximately 660 cc.

Before using an ATV, training is critical to ensure you have a full understanding of the machine. Approved ATV driver training courses are available through the Alberta Safety Council and other

safety agencies. Know the job.

Test the Terrain

ATV-related injuries and fatalities are more likely if you don't use the vehicle properly. Experience demonstrates that some particular factors are more likely to lead to ATV crashes. Know the hazard. Factors common to many ATV injury crashes include: driver misuse; inappropriate rider behaviour; driving at excessive speed; not wearing protective gear; accepting unnecessary risk; carrying passengers; improper supervision; and improper training.

Wearing a helmet while riding an ATV can make the difference between surviving and ending up dead. Statistics suggest a helmet may reduce risk of death by almost half (42%) and the risk of non-fatal head injury by nearly two thirds (64%).

To prevent incidents, follow these hazard-prevention guidelines:

- Driver error and loss of control commonly cause ATV crashes. Plan your route, drive at a reasonable speed for the terrain, and pay attention.
- Avoid tight turns and, when driving downhill, drive straight down rather than at an angle.
- Climb hills in low gear to avoid the chance of a back flip. Do not turn suddenly, pop the clutch or rev the throttle, as the ATV will pivot on the back axle and flip over, crushing the rider.
- Always wear a helmet approved for ATV or motorcycle use (by the Canadian Standards Association, Department of Transportation/Federal Motor Vehicle Safety Standard, Snell or American National Standards Institute for motorcycle use, not for bicycle use).
- Wear proper protective clothing, including boots, gloves and long pants, along with proper eye protection, while travelling on an ATV.
- Helmets are a No-Brainer



What's the Drill?

Once you have the training, know the equipment, and understand the hazardous situations that could put you at risk, you're ready to take responsibility for your own safety while driving an ATV. To avoid or manage hazards you encounter along the way, know the drill.

Children and ATVs

An ATV is only as capable as its driver. Children should not drive an ATV unless it is recommended for their age group. Consider this: Nearly 25 per cent of those killed in ATV crashes in Canada are under 15 years old.

More than one-third of those seriously injured in ATV crashes are under 15 years old.

Over 90 per cent of youth under 16 who suffered ATV-related injuries were operating a vehicle recommended for an older age group.

Children younger than 16 years old simply should not operate full-sized ATVs. They do not have the strength, skills or judgment necessary to handle them safely.

The Last Word

With the proper training and hazard awareness, ATVs can be fun to drive and helpful in completing work on the farm. The key is to take personal responsibility for your safety. When you use care and attention while driving an ATV, you can make the job easier while also protecting yourself from possible injury or death.

Get the training, wear the gear, and stay alert for potential hazards all along the way.

To Make ATV Use Safer:

- Do not operate on paved roads.
- Don't take unnecessary risks, such as performing stunts, using alcohol or drugs, or speeding.
- Do not operate an ATV in adverse weather, poor light, or on hazardous terrain.
- Do not drive an ATV that needs repair. Keep it in good mechanical condition.
- Follow the manufacturer's instructions for maintenance.
- Shut off the engine and remove the key before getting off the ATV.
- Watch for small children and animals while driving.
- Don't take passengers. Passengers affect the balance and make it hard for the driver to stay in control. Only one person should ride on an ATV – the driver.
- If you'll be working alone while driving an ATV, carry a communication device with you such as a cell phone or two-way radio.
- Even with the best preparation, incidents sometimes happen. Take a first aid training course so you'll know how to respond in an emergency.
- Always let someone know where you are going and what time you will be back.

Excerpts taken from www.getprepared.gc.ca



SMOKE SIGNALS

RECREATION

Tuesdays

(August 12th and 19th)

9am Abs and Legs

12pm Yoga

Wednesdays

(August 13 and 20th)

9 am spinning

2pm 20/20/20

Thursdays

(August 7th, 14th, 21st)

9 am Army w.o

2pm Tabata w.o

WELLNESS CENTRE 780-828-4312

Summer Camp runs Monday to Friday from 8:30 AM to 4:30. Includes breakfast, lunch and snack. Open 8:30-4:30 Monday to Friday.

*Summer Camp is available free of charge to all children ages 6-13 (and those who have completed ECS). Center during operating hours. Call 780-828-4312 for more information or to register your child.

*During the summer we will be taking Field trips to Fort McMurray for different activities on Fridays, so please check your child's bag for permissions slips.

*Children must have parent's permission to leave the Wellness Center between 8:30am and 4:30pm.

Theme Weeks:

Aug 5 - Aug 8-Critters and Creatures Week

Aug 11 - Aug 15-Discover E Science Camp

Aug 18 - Aug 22-Proud to be ME Week

Aug 25- Aug 29-Fear Factor Week

Breakfast, Lunch and afternoon snack will be provided. Parents who have children with special dietary needs or allergies please advise the Wellness Center Staff.

Parents are asked to pack one bag, backpack or duffel bag each day with the following items: sun screen, hat, towel, water bottle, extra clothes if needed

*Please do NOT send toys, iPods, Nintendo DS, or games with your child.

The Fort McKay Wellness Center will not be responsible for lost or missing items.

Fort McMurray Public Library Summer Reading Incentive Program

SRIP will run Monday-Friday from 2-5pm. This program includes reading buddies, art activities and outdoor games. Fridays are Field Trip Activity Days!

Every participant will be eligible to enter for weekly and grand prizes! Grand prize winners will be announced at the FREE Party Day on the last day of the program.

August 16th- Bike Rodeo for all Community members on Tuesday, 1pm at the arena. There will be plenty of activities going

on and everyone is welcome to join! There will be even some prize giveaways and snacks!

FORT MCKAY FAMILY SUPPORT CENTRE 780-828-4048

Mondays

ATC Child & Family Services – Foster Program & Family Enhancement.

Alcohol Anonymous (AA) Meeting 7:00pm – 8:30pm. Last Monday of month-probation/ parole Services.

Tuesdays

Women's Sharing Circle 7:00pm – 9.00pm.

Wednesdays

Victim services – Victims of Crime support, Narcotics. Anonymous (NA) Meeting 7:30pm – 8:30pm.

Thursdays

NEAFAN – Fetal Alcohol Syndrome Assessments. Karaoke – 7:00pm–9:00pm.

Saturdays

Sweat Lodge – 1:00pm.

HEALTH CENTRE 780-828-2450

Mondays-Wednesdays

The Doctor is in.

Tuesdays and Thursdays

Physiotherapy Dr. Taiwo

Intake: August 25-28th

Check Release: August 30th

Food Bank: August 21st

