



Red River Current

OCTOBER 2013

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SUMMER STUDENT SUCCESS

Summer is officially over and what a stellar one it was, especially for our youth enrolled in the Summer Student Employment Program (SSEP). All 26 youth, ages 14-18, completed and graduated from the program. The SSEP had a positive impact on Fort McKay in many ways. It employed the youth over the summer break, with their main job being the beautification of the community. The youth landscaped in the mornings, with the Elders' yards being the first priority. In the summer heat of the afternoons the youth were either back working on Elders' lawns or they attended an array of dynamic workshops including ATV safety, bear awareness, anti-bullying, WHMS, OHS, confined spaces,

first aid, fatigue awareness, hygiene and other life skills/job preparedness workshops.

The youth were paid an hourly wage and almost all chose the option to have their pay banked with their final pay being matched by the FMFN. The only ones that did not choose this option were those that had living expenses that needed to be met, for example young mothers. A \$500 bonus was also awarded to those who were outstanding in the areas of attendance, performance and attitude towards work and the program.

The students' work experience and their banked earnings were valuable, however, the life experience

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CULTURAL EXPERIENCE AT MOOSE LAKE CAMP IS PRICELESS



was priceless, specifically the cultural component of the program that took place for one week at Moose Lake.

At Moose Lake the youth learned their traditional ways. They built teepees, canoed, fished, made ban-

nock, and smudged twice a day and held sharing circles.

"Moose Lake is very important to us," says Joe Grandjambe, who was one of the Elders teaching the students at the Moose Lake Camp. "It is the best place to teach our kids their traditional way of life, so they can teach their kids and so on."

The youth also completed some small construction projects at Moose Lake. They built a deck on cabin one and a generator shed. It was the cultural component that the youth favoured most.

Alanis Laurent, 15, is very hap-

py to know how to erect a teepee now, and she "loved" how they all smudged every morning and every night.

"It really helped me clear my thoughts and everybody around me," says Laurent.

Felix Faichney, 16, who caught 26 fish, really liked how the Moose Lake Camp taught him "honesty, sharing, kindness and strength."

"If you ever get a chance to go to Moose Lake, do it, because you are going to love it," says Faichney.

The SSEP provided the youth with earnings, work experience, training, life experience and knowledge of their traditional way of life, but it doesn't end there. For every 25 hours each student worked, they received one work experience high school credit. The group as a whole earned a whopping 184 credits that will go towards completing their high school education.

"Congratulations to all the students, see you next year for more rewarding hard work," – Kerry Trueman, Youth Coordinator and Emily Morrison, Youth Programmer.



FMFN LEADERSHIP TEAM

Jim Boucher, Chief
Raymond Powder, Councillor
David Bouchier, Councillor
Gerald Gladue, Councillor
Ruth McKenzie, Councillor

George Arcand, CEO
Larry Hewko, CFO/COO

ADMINISTRATION DEPT.

Dorothy McDonald Business Centre
General Delivery
Fort McKay, AB T0P 1C0
Phone: 780-828-2430

Hours of Operation:
Mon. to Thurs. - 8:30am - 4:30pm
Friday - 8:30am - 2:00pm

COMMUNITY INFO LINE
780-828-2442

SUBMISSIONS & ADVERTISING

Cort Gallup, Editor
If you have any photos, stories or ideas for the Fort McKay Current, please contact Cort at cgallup@fortmckay.com or call 780-838-6061.

Quarterly General Meetings

Fort McKay – October 22nd

Fort McMurray – October 23rd

Edmonton – October 24th

Locations TBA

All FMFN Band Members Welcome



FMFN AND SAVANNA FORM ENERGY SERVICES PARTNERSHIP

Fort McKay First Nation (FMFN) and Savanna Energy Services Corp. formed a promising partnership on August 26. The Partnership will provide drilling, well servicing and coring services as well as oil field rental equipment in the Regional Municipality of Wood Buffalo. The Partnership will be owned between Savanna and Fort McKay, and will be positioned to provide drilling and related services to Steam Assisted Gravity Drainage (SAGD) operators working in the region. Savanna Drilling Corp., a subsidiary of Savanna, will provide management services to the Partnership.

As a supplier of drilling and rental services, Savanna and Fort McKay anticipate their partnership will enable both groups to access opportunities in the surrounding oil sands regions.

"This partnership is an excellent opportunity for Fort McKay to grow and be active in providing new services to an ever changing and progressive region," said Chief Jim Boucher, "By expanding our ser-

vices with Savanna, we will be well positioned for future opportunities that are sure to emerge in this region for many years to come."

"Fort McKay has a strong foundation of positive working relationships with Industry in the Regional Municipality of Wood Buffalo.

Fort McKay is looking to diversify its business holdings, particularly in the burgeoning SAGD mining industry. We are excited about the launch of this new company and look forward to its success - success for both Savanna and Fort McKay." Savanna has extensive experience working in partnerships with First Nation communities throughout Alberta since 2002. Savanna has been widely recognized for their partnership approach, winning the prestigious Alberta Chamber of Commerce "Aboriginal Partnership Award" in 2005

and 2012, as well as the Premier's Award of Distinction in 2010.

"Fort McKay is a very industrious and forward-thinking community with a history of building strong relationships in the energy industry," said Ken Mullen, President and CEO of Savanna. "Their reputation and solid experience in the oil sands region combined with Savanna's operational expertise, high quality equipment, and infrastructure to manage sophisticated equipment will position the Partnership for success in a desirable and growing market. With anticipated significant growth in slant, SAGD and core drilling, and with the expected commensurate demand for completion, production and workover services and related rental opportunities, Savanna sees this partnership as a substantial potential growth opportunity for all our existing operating businesses."

NEW TUTOR

Casey Howlett is a new mentor for the E Learning program. She was hired to tutor advanced math and sciences in the classroom. In addition to working with E Learning students, Tuesdays through Friday in the E Learning classroom, she will be available from 6 to 10 P.M. on Tuesdays at the Youth Centre and Thursdays at the E Learning classroom.

Casey has her B.Ed from Queen's University and her B.Sc. from Trinity Western University. She is able to offer tutoring in math, science, chemistry and physics. Please call her @ 780 215-5868 for access to the Thursday evening tutoring so you can have access to the building and drop into the Youth Centre on Tuesdays .



ROUND DANCE

October 12, 5 pm at the Arbour/Band Hall
Supper will be served



MOBILE BREAST CANCER SCREENING UNIT IN FORT MCKAY OCTOBER 16

What are my chances of getting breast cancer?

One in nine Albertan women will be diagnosed with breast cancer during their lifetime. The main risk factors for breast cancer are:

- Being female (men can develop breast cancer too, but it is rare)
- More than 75% of women diagnosed with breast cancer are 50 years or older
- Having a mother, sister, or a daughter diagnosed with breast cancer increases a woman's risk of breast cancer. However, 80% of women who develop breast cancer have no family history
- Previous diagnosis of breast cancer

Breast Screening Life Plan

If you're younger than 40:

- Get to know how your breasts look and feel
- See your doctor regularly for a periodic health exam

If you're 40-49:

- Talk to your health care provider about your breast cancer risk and the risks and benefits of

screening mammograms

- Get an annual physical breast exam from your health care provider

- Check your breasts regularly for unusual changes

If you're 50-69:

- Get regular screening mammograms at least every two years

- Get an annual physical breast exam from your health care provider

- Check your breasts regularly for unusual changes

If you're 70 or older:

- Talk to your health care provider about continuing mammograms

- Get an annual physical breast exam from your health care provider

- Check your breasts regularly for unusual changes

Why should I get a screening mammogram?

A screening mammogram is a special X-ray of your breast. Once you're over 50, it is the most effective way to find breast cancer early. Screening mammo-

grams can detect breast cancer when it is very small, two to three years before you or your physician can feel it. The earlier breast cancer is found the more effective treatment can be.

Screen Test is a mammography service within Alberta Health Services. Screen Test provides screening mammograms at two permanent clinics, one in Edmonton and one in Calgary. Screen Test has two mobile screening trailers that provide services to women in approximately 100 communities in rural Alberta. Screen Test provides high quality screening mammography and breast health education, and has consistently exceeded international standards for the early detection of breast cancer.

Is it time for your mammogram?

Screen Test will be in Fort McKay on October 16, 2013.

Call Belinda at 780-828-2455 today for your appointment.



"SAVING LIVES, ONE TOWN AT A TIME" This mobile breast screening unit is one of two in Alberta that travel to rural areas to provide effective screening. It will be in Fort McKay October 16.



MINISTER OF AANDC VISITS



The minister of Aboriginal Affairs and Northern Development Canada, Bernard Valcourt, visited with Chief and Council and CEO George Arcand on September 23 in Fort McKay.

They had a traditional lunch in the Chief and Council chambers. There they talked about Fort McKay's positive growth and the unique Fort McKay First Nation Workforce Development Pilot Project, a partnership between the Blood Tribe and the FMFN.

They then toured the sites of Fort McKay's Capitol Projects, such as the new amphitheatre and new housing, finishing the day with a visit to Shell Albion's Jack Pine Mine.

Councillor Raymond Powder and the Minister of AANDC get a panoramic view at the JP Mine Lookout at Shell Albion Sands just east of Fort McKay.

HUNDREDS TURN OUT FOR GROUP OF COMPANIES JOB FAIR



Peggy Lacorde, far left, accepts a resume from one of hundreds of people that were hoping to get hired by the Fort McKay Group Of Companies at the FMGOC Job Fair on September 16.



LOUD AND PROUD FORT MCKAY

In Fort McKay, Leona Grandjambe put the “wow” in “pow-wow.” Pow-wow dancing and drumming is at an all time high in Fort McKay today, and it is still growing with every drumbeat, thanks to the leadership of Leona Grandjambe. About a year ago, Grandjambe decided to revitalize Fort McKay’s pow-wow tradition. She did it for one simple reason. “The kids were missing out,” says Grandjambe.

There are currently thirty Fort McKay Dancers with five more joining soon. The youngest dancer is two years old and the oldest dancer is a traditional dancer, who is age 50.

When the group is not performing, they practice every Wednesday night. The pow-wow dance instructors are Rocky Dumais and Waniya Cardinal both from Edmonton. Dumais and Cardinal have been dancing their entire lives. Dumais instructs the male dancers (traditional, fancy and grass), and Cardinal instructs the female dancers (traditional, fancy



Sisters

Shelley, Malibu and Marissa

shawl and jingle).

Recently, the dancers were in full force for the 2013 Treaty Days opening ceremonies and have performed at special events for local industry and organizations. Come next summer, Fort McKay will have its very own pow-wow, says Grandjambe. Planning for the Fort McKay Pow-wow has already begun. The last time there was a pow-wow in McKay was in 1991 when Dorothy McDonald was chief.

Grandjambe hopes to have our

very own host drum group by then as well. Nick Giant of Saddle Lake will begin teaching drumming this month at the Wednesday night practices.

The beautiful, elaborate pow-wow regalia are made right here in Fort McKay by the pow-wow dancers and their parents. It takes about five weeks to make one regalia outfit. Grandjambe says there are even dads coming in and making regalia with their children. She says the parental participation is enormous.



DAY DANCERS SHINING BRIGHT

"This makes me very happy and proud," says Grandjambe. And how do the kids feel about pow-wow dancing? "They love it, you can't stop them, they just want to keep dancing," says Grandjambe. For more information on pow-wow dancing and drumming call Leona Grandjambe at 780-799-0333.



Mother and Son

Trace Quintal
and
Susan Quintal

POW-WOW FAMILIES



Mother and Daughter

Audrey Redcrow
and
Lexi Redcrow



THE BEAUTIFUL GARDEN

2013 FORT MCKAY LAWN AND GARDEN CONTEST RESULTS

All the results are based on how well the contestant met each category criteria.

SPONSORED BY
HAMMERSTONE

BIGGEST SUNFLOWER

1st Place – Lina Gallup

2nd Place – Juliette Bloomfield

TRADITIONAL FLOWER

1st Place – Lina Gallup
Morning Glory and Saskatoon Berries, colour and uniqueness, health of the berry tree, taste of the berries, therapeutic use for flowers

2nd Place – Evelyn Boucher
Saskatoon Berry bushes, big green and healthy, trimmed and maintained, many berries

GARBAGE BIN

1st Place – Lina Gallup
Painted to match the house, colourful, with flowers

2nd Place – Techla Powder
Colorful, unique, went very well with her yard

ROCK GARDEN

1st Place – Juliette Bloomfield
Colorful, use of aggregates, creative, traditional/spiritual

2nd Place – Lina Gallup
Creative, sentimental and traditional, she had multiple rock gardens, Inukshuk

TREES

1st Place – Martha Grandjambe
Health of trees, groomed, choice of trees, many trees, design under the trees



2nd Place – Hazel Boucher
Groomed, healthy, layout, variety

FLOWERS

1st Place – Lina Gallup
Variety of flowers, colours of flowers, use of flowers in yard, health of flowers

2nd Place – Dena Doucet
Uniqueness of flowers, design of flower bed, colours

PATIO

1st Place – Lina Gallup
Comfy seating area, enjoyable things to do on the patio (music and games), outdoors but netted away from bugs, organized and clean

2nd Place – Martha Grandjambe
Comfy seating area, large deck, clean and organized, very welcoming

BEST LAWN AND GARDEN OVERALL

1st Place – Lina Gallup
Lina out did herself this year. She had really taken the competition criteria seriously and catered to every category. Her lawn and garden were welcoming, well planned, and cared for. Her trees were trimmed, her grass was green and her visiting areas were organized. All the different flowers gave the yard a delicious smell and their colors were bright. The whole yard had a purpose, and there was something for everyone; whether you wanted to smell a blossoming rose or taste the sweetness of a Saskatoon berry or play a game of horseshoes, Lina's home had it all.

2nd Place – Thecla Powder
Techla's property is well maintained; her trees are always healthy and trimmed. The grass is green and cut short, the flowers are colorful and scattered all throughout the property. The fence was clean and built strong and there were many character lawn ornaments displayed all through out the yard.



DENS OF FORT MCKAY



HIGH RE

SCHOOL BAKE SALE A HIT



AMPHITHEATRE CREW

All the ground work is almost done thanks to the amphitheatre crew: Krystaline Kaskamin, Arnold Faichney, Russell Grandjambe, Michelle Richer, Jeff Kennedy, Steve Shott, Lester Orr, Russell Shott, Harvey Whitford, Beverly Yellowknee, Madeline Delisle, John Gladue, Steve Piche and Trent Shott.

The high-tech, stylish roof that resembles a giant teepee, will be constructed in the spring in time for Treaty Days.



A huge crowd bought all the baked goods within minutes at the Fort McKay School's Terry Fox Run and Bake Sale on September 27. The baked goods were made by all the students in all grades and the school staff. Hundreds of dollars were raised and donated to the Terry Fox Cancer Research Fund.

BANNOCK EXPERTS



AWWW PERFECTION Joanne and Mary Powder frying bannock the traditional way, on the fire, in cast iron skillet, at home.



Z P H O T O S

GROWING TOGETHER FOR OUR SUSTAINABLE FUTURE TRADE SHOW



Dr. O'Connor is "Rock-in' In The Free World" with famous actor Darryl Hannah and rock legend Neil Young who cruised through Fort McKay on Labour Day. (Dr. O'Connor is the one in the middle). The rock star and the movie star were in the area filming a documentary about their ethanol/electricity powered cars. Young had a '59 Lincoln Continental and Hannah had her '79 Trans Am from the movie *Kill Bill*. Dr. Connor had the two celebrities endorse his friend's breast cancer research fundraiser *Rescue Guitar*.

Photo:
Charlene O'Connor



Photo: Eddison Lee-Johnson

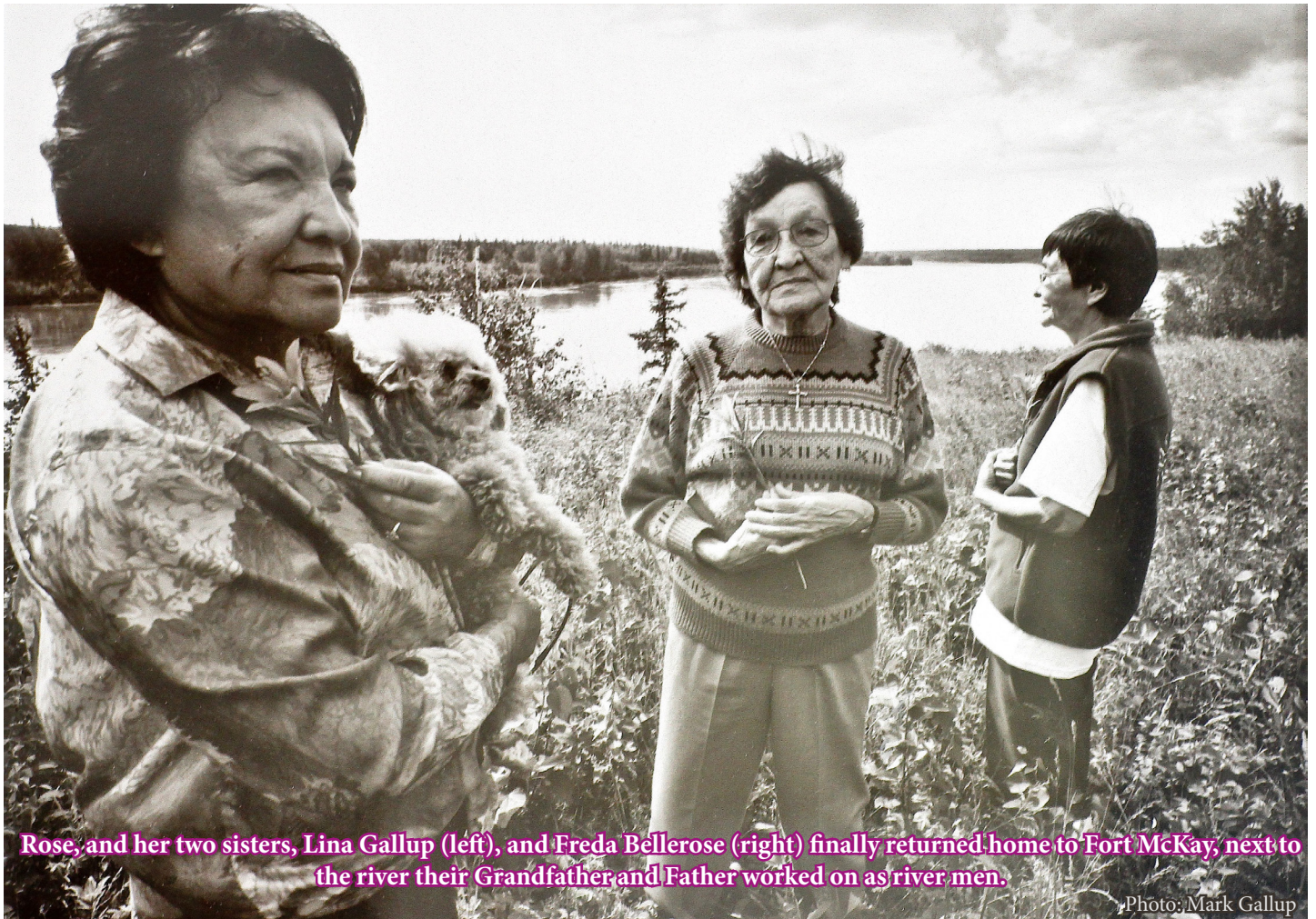
RECLAIMING OUR LAND

Celina Harpe plants a spruce tree at Syncrude's annual Tree Planting Day held on September 14.

Harpe was one of 200 participants who spent the morning planting 1000 trees and shrubs in the industry's largest fen research area.

The yearly event provides Syncrude's employees, contractors, families and of course their closest neighbours, Fort McKay residents, an opportunity to see how land is reclaimed at Syncrude and the progress being made.

FORT MCKAY ROSE, A CIRCLE OF LIFE



Rose, and her two sisters, Lina Gallup (left), and Freda Bellerose (right) finally returned home to Fort McKay, next to the river their Grandfather and Father worked on as river men.

Photo: Mark Gallup

Rose Marie Bujold nee Shott achieved full circle in Fort McKay. Rose, born in Fort McKay, June 15, 1930, was a descendant of a whole line of hunters, trappers, fur traders and famous river men. Daughter of Emil Shott (Fosseneuve) and Helen Boucher, granddaughter of Louis Shott (Fosseneuve) also known as “Captain Shot” due to his buffalo hunting prowess and because he was the first to shoot the treacherous Grand Rapids on the Athabasca River. Rose was granddaughter of Angelique Boucher (a.k.a. Sk-weesis “Young Girl”) and Headman Maurice Boucher who raised her in Fort McKay after her parents died of unknown causes.

In 1938, at 8 years of age, Rose, along with her sisters Lina (Gallup) age 6, and Freda (Bellerose) age 4, were kidnapped from Fort McKay by RCMP in dogsled and

taken to residential school. At first, their Grandmother Angelique, had hidden the youngest Freda from the RCMP. The RCMP was notified by government and church officials in Fort McMurray and the RCMP returned by dogsled to Fort McKay and snatched up Freda to join her sisters on the train ride to the residential school in Grouard, Alberta. The late Victoria McDonald once said that after they took the three young girls from their home, “we cried for four days.”

Rose and her sisters only knew how to speak Cree when they were taken, but the residential schools were designed to “kill the Indian in the child,” and they were only allowed to speak French and English. At age 16, Rose was ejected from the residential school and given a one-way bus ticket to Edmonton with no money. She found work at the

Charles Campbell Hospital where she took care of patients dying of tuberculosis. Rose then worked at the GWG jeans factory to put herself through nursing school where she graduated at the top of her class with straight A’s. She eventually moved to Calgary and then returned back to Fort McKay in the last years of her life.

She had four sons, David, Maurice, Randy, Brian and one daughter Jeanine. While living in Edmonton she helped many of her residential school friends and relatives from Fort McKay make the transition to city life.

She loved to dance and when she laughed the world was a happy place. She is home again, achieving full circle, laid to rest in Fort McKay next to her Mother and Grandmother, and is with us whenever we need her wisdom.

FOR THE LOVE OF ANIMALS



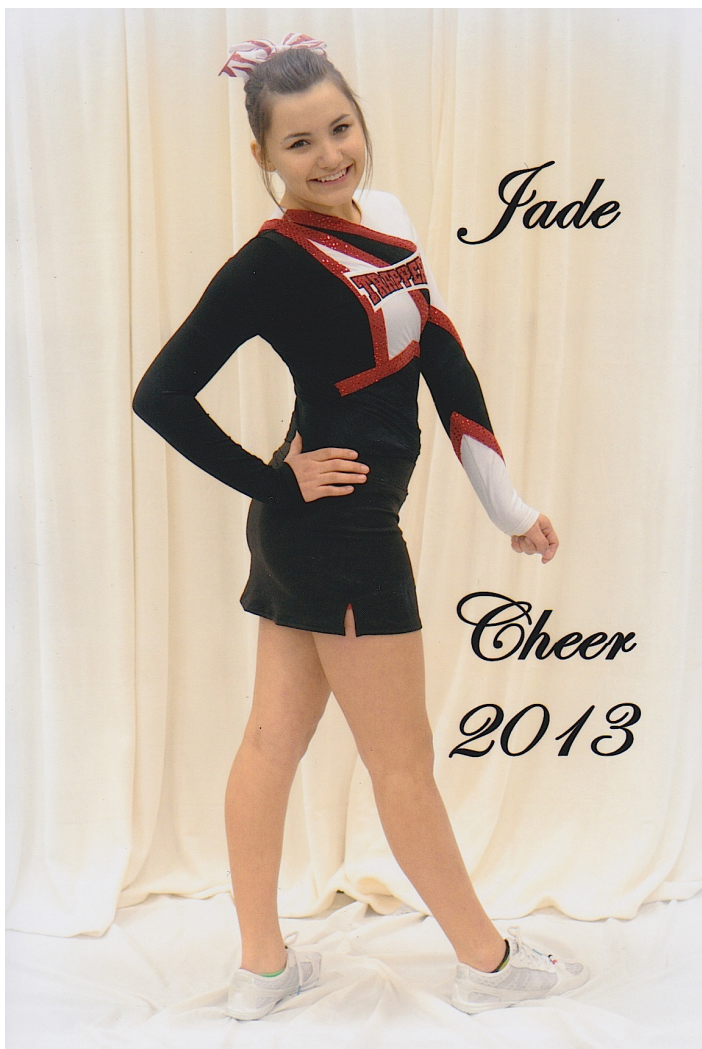
Fort McKay School students had four visitors of the furry, feathery, scaly variety on Sept. 16. The "Animal Ambassadors": Sonic the Barn Owl (seen above flying over the students in the school gymnasium), Kateri the Peregrine Falcon (seen below with Paige Orr, Kaydence Gladue, Cassius Grandjambe, Jeffery Grandjambe, Wilfred Grandjambe and Lexi Redcrow), Timber the Pine Marten, and Digo the Black and White Tegu delighted and informed the students as part of the brilliant, nation wide Earth Rangers: Bring Back The Wild presentation. Earth Rangers is a highly effective nation-wide program designed to teach students about bio-diversity loss and animals at risk. Earth Rangers presenters have visited over 500 schools in Canada and

now have over 200,000 "Earth Rangers" signed up. Each year the Earth Rangers focus on four animals to help protect through education and awareness. This year they are the Blanding's Turtle, Beluga Whale, Western

Bumble Bee and the Barn Swallow.

Last year it was the Polar Bear, Oregon Spotted Frog, Wood Thrush and American Badger. Syncrude sponsored the presentation at the school.





Jade

*Cheer
2013*

CHEER CHAMP

GIVE ME A J!

Jade Judy Cardinal, 14, and her cheer team, The Fort McMurray Junior Trappers from Father Mercredi School, won the provincial cheerleading championships.

They managed to beat the perennial champions from Spruce Grove after many competitions throughout Alberta.

Jade and her team trained hard three times a week, focusing on strength training to minimize injuries in the dangerous sport.

Jade and her team then went on to the "Holy Grail" of cheerleading, The National Championships in Niagara Falls, where they placed fourth among dozens of teams throughout the country.

Jade, who enjoys babysitting, plans on being a nurse, practices Tae Kwon Do and is constantly baking in her spare time to help with fundraisers.

Jade is now in grade 10 at Father Mercredi School.

Jade is the daughter of Anne Boucher and Russell Cardinal.

HOCKEY LOGOS UNVEILED



FIND THE WARRIOR WITHIN. The Fort McKay Academy Warriors and the Fort McKay Hockey Society are excited about their new hockey logos. The blue and orange stripes represent war paint quickly applied to the face with two fingers before entering the battle (or game) on the ice.



TEAM JERSEYS AND TRACK SUITS FOR ACADEMY STUDENTS

Parents and guardians must hurry and get their young hockey players registered for the Fort McKay Hockey Academy because team jerseys and tracksuits are being ordered right away.

The Fort McKay Hockey Academy (FMA) is open to all girls and boys attending the Fort McKay School.

The Fort McKay Academy will work together with the Fort McKay School to ensure that the following philosophy is followed and goals are achieved.

Making a difference in the lives of aboriginal youth by developing leadership and life skills through sport.

The FMA is designed for the youth of Fort McKay First Nation to promote a balanced life while pursuing their personal best through a program that integrates academics, athletics and character building.

REGISTRATION FOR LEARN TO SKATE CLOSING

Never skated before but want to learn? No problem! You and/or your kids can just sign up for "Learn To Skate." The program for beginner skaters 4 years of age and up, it is free and runs on Wednesdays from 3:15-4:30 p.m. at the Fort McKay Hockey Arena. Lorna Simpson, former president of the Noralta skating club in Fort McMurray is the primary instructor. Registration will be closing soon so get to the arena between 8:30am and 4:30pm on weekdays and register with Simon or Stefany. You will be surprised at how quickly you or your kids will learn to skate. Learn To Skate is sponsored by Total.

FORT MCKAY HOCKEY ACADEMY SCHEDULE: October 8, 2013 – April 11, 2014

	Monday	Tuesday	Wednesday	Thursday
BOYS/GIRLS				
6 – 9 year olds		3:15 – 4:30 pm		
10 – 14 year olds				3:15 – 4:30 pm

FMA is focused on keeping students motivated to live a healthy lifestyle while understanding the importance of attending and working hard in school.

In addition to developing leadership and life skills in the Academy student group, emphasis will also be placed on working with young adults and community members interested in coaching. Members of the community that express an interest in this area will be invited to participate in one-on-one mentoring with Academy coaches and be able to take part in the program as Jr. Leaders and Jr.

Coaches.

Enrollment in the academy includes 2 ice sessions per week from October to April. 50 sessions of dynamic on ice training. And don't forget the snazzy new jerseys and tracksuits. Call Simon Adams today, at 780-881-9096, to register.



Miranda Beaton and her son Austin ran and finished the 5km event together at the Fort McMurray Half Marathon on September 15.



SMOKE SIGNALS

FORT MCKAY RECREATION

780-714-7094

October 6th Run For The Cure, Mac Island 9am.

Crafts days for preschooler (4-6yrs old) Mondays, Tuesdays and Thursdays 4:30-5:30 pm at the Arena

Early dismissal day is bike day! All kids must wear helmet, dress weather appropriate, kids should be able to ride a bike without training wheels Friday October 11th 2-3pm Friday October 25th 2-3pm (will be canceled if it is raining)

Oct 7th, Oct 21st, Oct 28th Mommy and Baby/Tot DATE.

October theme "Halloween" (new-born-3years old) 2-3pm

Oct 7th: Get to know each other; coloring, baking

Oct 21st Homemade Halloween costume (material will be supplied)

Oct 28th Pumpkin carving

Wednesdays of October Family movie night 5-7pm. Location TBA

Oct 18th Family swimming (registration is mandatory)

Yoga: Tuesdays and Fridays 12-1pm
Boot camp Mondays 12-1pm

Volleyball: M/W 7-9pm and T/TH 8-10pm

FORT MCKAY WELLNESS

CENTRE 780-828-4312, 828-4403

Monday Evenings:

Young Chef's Classes from 6:30 to 8:00 pm (Ages 10 and up)

Tutoring/Homework Help from 6:00pm to 8:00pm (Ages 6-12)

Tuesday Evenings:

Basketball from 6:30 to 8:00pm (Ages 10 and up)

Wednesday Evenings:

Archery Clinics from 6:30pm to 8:00pm (Ages 10 and up)

Tutoring/Homework Help from 6:00pm to 8:00pm (Ages 6-12)

Thursday Evenings:

Dodgeball Tournaments from 6:30pm to 8:00pm (Ages 10 and up)

Friday Evenings:

October 4th: Pre Teen Night (Ages 6-9) Swimming at the YMCA

October 11th: No Field Trip

October 18th: Teen Night (Ages 10-17) Swimming at Mac Island

October 25th: Pre Teen Night (Ages 6-9) Swimming at the YMCA

THURSDAY, OCTOBER 31st:

The Wellness Center is open from 6:00pm to 8:00pm for Trick or Treating! Come in for some candy and treats, a light snack and a warm cup of hot chocolate while Trick or Treating! HAPPY HALLOWEEN!!!

YOUTH CENTRE 780-828-2480

Regular Programming

The Youth Center is opening back up again to resume its regular hours. Keep an eye out for hip hop lessons again, as well as videography lessons and tutoring.

Halloween Dance

We will be delivering flyers around the community soon about our yearly Halloween dance at the Band Hall! Don't forget to have a cool, cute, or scary costume ready!

ROUND DANCE 780-799-0333

October 12th, 2013 at the harbour / band hall (supper will be served) Beginning at 5pm.

For Round Dance info contact:

Leona Grandjambe 780-799-0333 or leona.grandjambe@fortmckay.com.

WOMEN'S TEACHINGS

780-828-4048

Fort McKay Family Support Centre presents "Women's Teachings", October 8, 2013, 10am-4pm at the Family Support Centre. Lunch will be provided. Please call to register at 780-828-4048.

FREE BREAST SCREENING

If you are a woman aged 50-60 you should have a screening every two years. Screening will be available October 16, 2013, at the Fort McKay Health Centre. Call Belinda at 780-828-2455 to book your mammogram.

