



Red River Current

OCTOBER 2018

VOLUME 8 :: ISSUE 9

CHIEF BOUCHER PARTICIPATES IN KEYNOTE LUNCHEON AT OIL SANDS TRADE SHOW IN FORT MCMURRAY



<i>Thebacha LP</i>	2
<i>Thebacha Partnership</i>	3
<i>Riverside/Sonîsîpîhk/Des kè gah/ Care Centre Now Open</i>	4
<i>Civeo Information Session</i>	5
<i>Become a Certified Physical Literacy Instructor</i>	13
<i>Invitation for Elder's Meeting</i>	14

On September 11th, Chief Boucher took part in a Keynote luncheon for the Oil Sand Tradeshow in Fort McMurray.

Joining Chief Boucher on stage was Mikisew Cree First Nation Chief Waquan, Suncor Energy's Regional Operations Executive, Bruno Francoeur, and the President and CEO of the Canadian Council for Aboriginal

Business (CCAB), JP Gladu, who was the moderator of the discussion.

Chief Boucher shared the history of Fort McKay First Nation and discussed the importance of First Nation engagement and investment. Chief Boucher also discussed the opening of the Fort Hills East Tank Farm: Thebacha, and what positive

impacts that the investment in this project will bring to the people of Fort McKay First Nation.

Fort McKay First Nation and Fort McKay Group of Companies were on site at the Oil Sand Trade Show to discuss our community and services to visitors. It was a well-attended and successful event!





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FMFN LEADERSHIP TEAM

Jim Boucher, Chief
 Raymond Powder, Councillor
 Crystal McDonald, Councillor
 Gerald Gladue, Councillor
 Peggy Lacorde, Councillor

George Arcand Jr., CEO, Administration
 Larry Hewko, CFO
 Barrie Robb, CEO, Business Development
 Alvaro Pinto, Executive Director, Sustainability Department
 Jauvonne Kitto, Executive Director Administration, Governance and Health
 James Owl, Executive Director, Capital Projects
 Noma Mangena, Director, Human Resources

ADMINISTRATION DEPT.

Dorothy McDonald Business Centre
 General Delivery
 Fort McKay, AB TOP 1C0
 Phone: 780-828-2430

Hours of Operation:

Monday - Thursday: 8:30 a.m. to 4:30 p.m.
 Friday: 8:30 a.m. to 2 p.m.
 Closed daily: 12 - 1 p.m.

SUBMISSIONS

If you have any photos, stories or ideas for the Red River Current, please contact Lindsey Canning, Marketing & Communications Coordinator at: 780-799-6370 email: communication@fortmckay.com

THEBACHA EAST TANK FARM NOW IN OPERATION



The Fort Hills Project opened for operation on September 10th. Chief Boucher was present, along with Suncor Energy CEO, Steven Williams, Premier Notley, Minister Sohi (pictured), Chief Waquan and many others to cut the ribbon, signaling the beginning of operations.

To learn more about the East Tank Farm investment, see the infographic on the next page.





EAST TANK FARM PARTNERSHIP

FORT HILLS OIL SANDS PROJECT

50.8% SUNCOR 29.2% TOTAL 20% TECK

194,000 BARRELS PER DAY

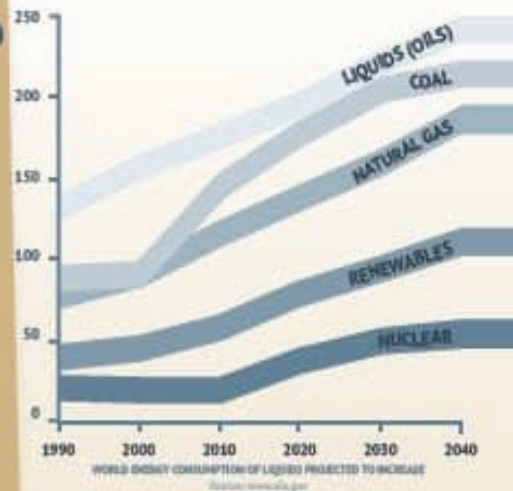
50-YEAR MINE LIFE

FIRST OIL ACHIEVED Q1 2018



CANADA'S OIL SANDS: Third-Largest Oil Reserves in the World

WORLD ENERGY CONSUMPTION BY FUEL by quadrillion Btu



EAST TANK FARM FACILITY

Bitumen from the Fort Hills mine is cooled and mixed with diluent so that it can be transported via pipeline to Edmonton and Hardisty and then domestic and international customers



PIPELINE All product from Fort Hills must go through East Tank Farm to reach market

~\$1 BILLION COST



PRODUCT PIPELINED TO MARKET



EAST TANK FARM MIXING, COOLING & STORAGE FACILITY



THEBACHA LP Limited Partnership owned by First Nation ETF LP and Suncor

TERMINALLING AGREEMENT



CUSTOMER Pays a monthly fee for the use of the ETF Facility



EAST TANK FARM 25-year bitumen terminalling agreement

49%

51%

\$503 M

FIRST NATION ETF LP



RIVERSIDE/SONÎSÎPÎHK/DES K'Ē GAH/ CARE CENTRE NOW OPEN



Riverside/Sonîsîpîhk/Des
k'Ē gah/ Care Centre is now

accepting clients. For those
families who wish to consider

this centre as an alternative home for their loved ones, please contact us and we'll be glad to give you a tour of the facility and provide you with all the information you need.

Riverside/Sonîsîpîhk/Des k'Ē gah/ Care Centre is a 24-hour facility. There are 17 beds available, beautiful visiting spaces, a cultural room and more! All rooms are completely furnished. We are staffed with LPN's & HCA's, Doctors, RN's, custodians, cooks, security, and transportation drivers.

We encourage potential applicants to contact us if you have any questions.

CONTACT INFORMATION:
Riverside /Sonîsîpîhk/
Des k'Ē gah/ Care Centre
587-884-1010

NORTHLAND SCHOOL DIVISION NO.61 LAUNCHES NEW BUS STATUS



Northland School Division is pleased to announce another way for students and parents to check if a school bus is on time, delayed or cancelled. Bus Status is up and running on our website at www.nsd61.ca.

On the website, look for the little school bus in the top right-hand corner and click where it says On Time, Delayed or Cancelled. It will then take you to the Bus Status webpage <https://nsd61.ca/departments/transportation/bus-status>.

To learn how to add the bus status to your phone's home screen, please see instructions in website noted above.



Get the information you need, when you need it!



FORT MCKAY
FIRST NATION

Fort McKay is pleased to announce it has chosen the Voyent Alert! service to keep you informed during times of crisis.

Register now to receive important notifications that matter to you.

The service is FREE, easy to use and totally anonymous.



Download and install the Voyent Alert! mobile app from the Apple App Store or Google Play.

INFORMATION SESSION



FORT MCKAY
FIRST NATION

Date..... October 10th, 2018
Location..... Fort McKay Band Hall
Civeo Presentation..... 11:00 am
Lodge and Laundry Tour 12:30 pm
Lodge and Water Facility Tour..... 2:30 pm

Refreshments will be provided



Contact: Erin Faichney (780) 828-2448 or efaichney@fortmckay.com

Transportation is available, please contact Erin to arrange for pickups.





POST-SECONDARY EDUCATION

**GROW
LEARN
EXPLORE**

...A Step Towards Your Future

Numerous research has shown that higher levels of education is related to various benefits to one's future including an increased annual income, better earnings, and lower unemployment risk. Brittany McDonald, a recent graduate shares her experience in pursuing post-secondary school along with the different support that was available along the way.

I feel very fortunate to have the opportunity to pursue a post-secondary education. Thank you to Fort McKay First Nation for all of the continued support throughout my (schooling) academic career. In 2016, I graduated from Mount Royal University with a Bachelor of Health and Physical Education with a major in Ecotourism and Outdoor Leadership. Through this program I had many wonderful opportunities such as going to Peru on a field school as a research student, kayaking along the west coast, and mountain biking in Moab, Utah.

Currently I am pursuing my Bachelor of Education at the University of Calgary, specializing in Elementary Physical Education. This program is designed to be completed in two years for previous degree holders and at the end of the program I will be certified to teach K-12. I am entering my last year of the program and am very excited to be finally finished University.

I start my practicum in November and I have been placed at the Nitsitapi Learning Centre here in Calgary. This school teaches the Alberta curriculum through an Indigenous focus. It provides a strong cultural foundation for its students through the incorporation of traditional ceremonies, history, and culture. I am very excited that I have been placed at this school and cannot wait to start my practicum. My hope after finishing this degree is to teach Aboriginal Studies and Outdoor Education. I have a passion for being outside, taking care of our

environment, promoting active and healthy living as well as learning as much about my culture as possible.

I want other Indigenous youth to know that there are endless opportunities out there, not just post-secondary degrees but college programs, trades, certificates, etc. There are also many scholarships and bursaries that can help and that never get awarded as many people do not apply for them. Last semester I applied for the Building Brighter Futures Bursary and was awarded the amount of \$4600.00 for this following school year. I was not expecting to receive this award and feel immensely grateful. Thank you again to Fort McKay, I would not be where I am today with all of your continual support.

If you are interested in pursuing post-secondary education and would like more information on the type of support and assistance available in your community, please make an appointment with an associate at the Education Department.



Brittany McDonald leading a group of tourists during a whitewater rafting excursion.





FORT MCKAY
FIRST NATION

Invitation for an Upcoming Community Meeting

Tuesday, October 16, 2018

10:00 am till 2:00 pm
Father Begin Community Hall
At the
Ft. McKay First Nation
Administration Building

The Fort McKay First Nation Education Department and our Research Partners from the University of Calgary will be presenting our research findings to date and show our current "framework/suggestions" on enhancing Parental and Community Engagement.

We are requesting your time to hear an update on our work and seek your assistance in finalizing our research process so that we can assist our students achieve greater academic success.

The Fort McKay First Nation Education Department along with our Research Partners from the University of Calgary will be having a discussion and Luncheon on this important matter on **Tuesday October 16, 2018 from 10:00 am till 2:00pm.**

Please do not hesitate to come in or call for more information.

**Fort McKay First
Nation
Education Department**

For questions or concerns
please contact:

George Calliou @
587-244-3414

Didi Grandjambe @
587-645-1572





FORT MCKAY
FIRST NATION

COMMUNITY INFORMATION BULLETIN

Fort McKay First Nation to Push Teck Hearing Panel for More Consultation on Cumulative Impacts on Our Traditional Lands

As directed by Chief and Council, our First Nation will be using the upcoming public hearing on the Teck Project to push the governments of Canada and Alberta to consult directly with our Nation on how the cumulative impacts of development are affecting our traditional lands, and to work with us to address our concerns.

Fort McKay First Nation will mount a technical panel to represent the concerns often expressed by our members about how development as a whole impacts us. The Hearing will be held at Shell Place in MacDonald Island Park in Fort McMurray beginning on September 25.

Fort McKay's presentation has been scheduled to take place on Monday October 1. The Sustainability Department will be providing a statement to the hearing panel in the afternoon. Community members who wish to listen to the Nation's presentation and any other portion of the hearing can go to:
<https://ceaa-acee.gc.ca/050/evaluations/document/125355?culture=en-CA>

Our Nation has successfully negotiated an agreement with Teck on their oil sands project to be located 47 km north of Fort McKay.

Please call Bori Arrobo at the Fort McKay Sustainability Department at 780-828-2480. We would be pleased to answer your questions.



FORT MCKAY

FIRST NATION

**We are now taking Registration for
Dëne Yatié - Dene Language Lessons
With Rosita Hirtle**

**Classes run for 8 weeks
Every Tuesday and Thursday 7-9pm**

**Class starts Tuesday October 09, 2018
At the Fort McKay Elders Centre**

Space is Limited – You must be registered to attend.

**Contact : Audrey Redcrow
Fort McKay First Nation
Sustainability Department
Culture and Special Projects Lead
Cell: 780-215-2384
Office:780-828-2480 ext. 8806
See you there!**



MUCHMUSIC VIDEO HALLOWEEN DANCE!



FORT MCKAY
FIRST NATION



IT'S THAT TIME OF THE YEAR AGAIN! JOIN THE WELLNESS CENTER FOR THE ANNUAL MUCHMUSIC VIDEO DANCE PARTY!

WHEN: MONDAY, OCTOBER 29TH, 2018

TIME: 6:00 PM TO 9:00 PM

WHERE: FORT MCKAY BAND HALL

THE DANCE IS OPEN TO THE ENTIRE COMMUNITY- ALL AGES!

ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT

ADMISSION IS \$5 PER PERSON

TO ASSIST WITH THE JUNIOR LEADER'S PROGRAM FUNDRAISING EFFORTS



WEAR YOUR HALLOWEEN COSTUME AND COME AND JOIN THE FUN!
WE ALSO HAVE SOME PRIZES TO GIVE AWAY!



There will also be a canteen with a variety of snacks and drinks for purchase, as well as a 50/50 Draw!!! All proceeds go to the Junior Leader's Program



INFLUENZA SEASON IS BACK!



It happens every fall: influenza arrives in Alberta, and takes a serious toll on our communities.

Influenza is a real threat. It's also preventable.

Influenza immunization will be available, starting October 15, free of charge, to all Albertans six months of age and older.

It's the single most effective means of reducing your risk of influenza, particularly when you receive it as early in the season as possible. By getting immunized early, you will give your body the opportunity to respond to immunization, and produce antibodies that will arm you against the influenza viruses you'll be exposed to throughout the season.

Each year, influenza vaccine is developed to protect us against the strains of virus likely to circulate in our community.

Though vaccine effectiveness may vary, know this: last season, influenza vaccine cut Albertan's risk of influenza by about 42%. Without immunization, Albertans were completely at risk. And we do mean all Albertans.

Although some individuals (pregnant women, seniors, children, and individuals with underlying health conditions or compromised immune systems) are at greater risk for severe complications, without immunization, even healthy Albertans are at risk of severe illness and even death.

Many pharmacists and physician offices are offering influenza immunization this season. Call ahead to ensure availability before visiting.

For more information on the influenza program, including AHS public immunization clinic locations and schedules, visit ahs.ca/influenza or call Health Link at 811.

PREVENTION IS YOUR PROTECTION
GET IMMUNIZED THIS SEASON!





FORT MCKAY
FIRST NATION

NOTICE

NEXT QUARTERLY GENERAL MEETING

FORT MCKAY, AB: Tuesday, December 11th @ 6:30 PM, Father Begin Hall, Dorothy McDonald Business Centre

FORT MCMURRAY, AB: Wednesday, December 12th @ 6:30 PM, Radisson Hotel, 435 Gregoire Dr.

EDMONTON, AB: Thursday, December 13th @ 6:30 PM, Chateau Nova Hotel, 159 Airport Road

FORT MCKAY FIRST NATION STRONGLY ENCOURAGES OUR MEMBERS OF THE COMMUNITY TO ATTEND.

For more information, please contact: Fort McKay First Nation Administration, Dorothy McDonald Business Centre, 780-828-4220, www.fortmckay.com

BUSINESS PROFITS DISTRIBUTION

*A Distribution of Business Profits will be paid to Members of the Fort McKay First Nation on
Friday, December 14th, 2018*

LOCATIONS:

FORT MCKAY FIRST NATION: Father Begin Hall, Dorothy McDonald Business Centre

Date: Friday, December 14th, 2018

Time: 10:00 a.m. to 2:00 p.m.

EDMONTON: Chateau Nova Kingsway, 159 Airport Rd.

Date: Friday, December 14th, 2018

Time: 10:00 a.m. to 6:00 p.m.

DOCUMENTATION: Administrative personnel have prepared a package of forms with a brief set of instructions to assist you with your payment. These forms are available for pickup at the Administration Office of the Fort McKay First Nation. They are also available in electronic format below.

DEDUCTIONS FROM PAYMENTS: We will withhold the following amounts from payments: Maintenance arrears Court ordered payments and any other amounts that people have pledged to the First Nation or its Companies.

*For More information, and to pick up all necessary forms, please contact:
Fort McKay First Nation Reception Dorothy McDonald Business Centre 780-828-4220 www.fortmckay.com*

ARE YOU INTERESTED IN BECOMING A CERTIFIED PHYSICAL LITERACY INSTRUCTOR?

Through a partnership with Alberta Recreation and Parks Association, we will be offering a FREE certification training opportunity for individuals in Fort McKay through Sport for Life's Physical Literacy Instructor Program. The training consists of 4 courses that need to be completed, and upon completion, you will receive National recognition and certification as a Physical Literacy Instructor.

We will be condensing the training over 2 days. The main training will take place on Saturday, December 15th. The additional HIGH FIVE PHCD course date will be determined on participants availability.

Spaces are limited to 12 individuals, so please contact the Wellness Center if you are interested and are AVAILABLE to participate. More information can be found at: <http://sportforlife.ca/physical-literacy-instructor-program/>



HAVE A HEALTHY HALLOWEEN!



Halloween is a time that children get excited about dressing up as their favourite character and stocking up on candy. Below are some tips to make your Halloween festivities healthier for your family and others.

- Work out a plan with your children and discuss how to enjoy their candy and decide what they can do with the extra. Use your best judgment based on their personality and eating habits.
- Limit the amount of candy your children collect by limiting the number of houses they visit, or the amount of time they spend Trick-or-Treating.
- Always keep safety in mind. Only keep items that are unopened and in their original packaging.
- Trade candy for non-food items like bouncy balls and pencils.
- Know how much candy was collected and store it out of sight. Having candy visible makes it more likely that you or your children will eat it.
- Offer healthier food options like small bags of flavoured rice cakes or pretzels, boxes of lower sugar cereal, pre-packaged cheese sticks, higher fibre granola bars, or bottles of water.
- Avoid bringing leftover candy to school.

You and your family can enjoy a healthy Halloween! Continue healthy eating and active living habits during the Halloween season. For more ideas on healthy eating please visit: www.healthyeatingstartshere.ca.





FORT MCKAY
FIRST NATION

Invitation for an Upcoming Elder's Meeting

Monday, October 15, 2018

10:00am till 2:30 pm

Lunch

Father Begin Community Hall

At the

Ft. McKay First Nation

Administration Building

The Fort McKay First Nation Education Department and our Research Partners from the University of Calgary will be presenting our research findings to date and show our current "framework/suggestions" on enhancing Parental and Community Engagement.

We are requesting your time to hear update on our work and seek your assistance in finalizing our research process so that we can assist our students achieve greater academic success.

The Fort McKay First Nation Education Department along with our Research Partners from the University of Calgary will be having a discussion and Luncheon on this important matter on **Monday, October 15, 2018 from 10:00 am till 2:30pm.**

Please do not hesitate to come in or call for more information.

**Fort McKay First
Nation
Education Department**

For questions or concerns
please contact:

George Calliou @
587-244-3414

Didi Grandjambe @
587-645-1572



Weekly Elders Lunch

Tuesdays and Thursdays

12:00 pm

Elders Centre

For more information contact:

Yvonne Shott at:

780-881-5741 or 780-828-4650

Or

Rosita Hirtle at:



FORT MCKAY
FIRST NATION



COMMUNITY PROGRAMS

WELLNESS CENTER 780-828-2412

Weekdays:

After school Activities 3 p.m. to 5 p.m.
Supper Program 5 p.m. to 6 p.m.

Boys Sleepover Party

Friday, October 12th
BOYS ages 7-11

Starts at 5:30 PM, and runs through to Saturday at 9 AM. We will be doing a field trip to the movies, followed by a Sleepover Party at the Wellness Center!

Muchmusic Halloween Dance Party-

Monday, October 29th
from 6p.m. to 9 p.m.
at the Band Hall.

This is a fundraiser for our Junior Leader's Program. Admission is \$5 per person, or \$20 for a family (must be immediate family). There

will be prizes, and 50/50 draw and a canteen with snacks and drinks for sale!

Family Pumpkin Carving Contest

Thursday, October 25th
from 6:00 p.m. to 8:30 p.m.

Teams must include 1 adult and at least 1 child. We will provide all the supplies, including pumpkins and will have some prizes to give away!

Please note the Wellness Center will be closed Monday, October 8th for Thanksgiving.

For more information on our programs, please contact our office.

FORT MCKAY HEALTH CENTRE 780-828-2450

Medical Transportation: Contact 780-742-8843 or after hours Edmonton. Referral Unit 1-800-514-7106 with any questions.

Physio – Monday and Thursdays

Doctor day – Call Health Centre

Immunizations – TBA or Call Health Centre for more information at 780-828-2450

ELDERS CENTRE

Weekly Elders Lunch

Tuesdays & Thursdays at 12 p.m.

Elders Meeting

Monday, October 15th
10 a.m. - 2:30 p.m.

Father Begin Community Hall

DENE LANGUAGE LESSONS

Starts Tuesday October 9th 2018 (8 weeks)
Every Tuesday & Thursday
7 p.m. - 9 p.m.

See p.9 for more details on how to register

FORT MCKAY FITNESS CENTRE

Hours of operation

Monday to Friday: 9a.m.-10p.m.
Saturday to Sunday 2p.m.-10p.m.

Fitness Classes

Tuesdays: Upper Body
Wednesdays: 30mins HIIT
Thursdays: Lower Body

