



# Red River Current

SEPTEMBER 2018

VOLUME 8 :: ISSUE 8

## LAKE NAMED AFTER FORT MCKAY ELDER

<i>Mark Messier Hockey School a Success</i>	2
<i>Community Notice</i>	3
<i>Fortier Honoured With Role Model of Alberta</i>	4
<i>Rural Bus Schedule</i>	5
<i>Youth Cultural Excursion 2018</i>	7
<i>Learn to Speak Cree</i>	11



There is a local lake that has just been named after one of our very respected Elders.

On August 13, Elder Mary Tourangeau was given a private tour by Ainslie Campbell (Environment Lead) & Jaclyn Schick (Stakeholder Relations Advisor) at the Canadian Natural Albian Sands site on Monday.

The special site visit was taken place to reveal the new sign placed at the Muskeg River Mine Expansion Compensation Lake that has been named in Elder Mary Tourangeau's honour. The Fort McKay Community Advisory Group (CAG) named the lake, Mrs. T's Lake as she is fondly referred to in the community.

Albian's Jackpine Mine is located on the Tourangeau trapline and the CAG felt it was fitting to name the lake after her since she has spent so much of her life in the area trapping and teaching her family.

When Mary Tourangeau was asked how she felt about having a lake named after her, she replied, "It is fantastic!"

# MARK MESSIER HOCKEY SCHOOL A GREAT SUCCESS!



Hockey season may be over for most during the summer season,

## FMFN LEADERSHIP TEAM

Jim Boucher, Chief  
Raymond Powder, Councillor  
Crystal McDonald, Councillor  
Gerald Gladue, Councillor  
Peggy Lacorde, Councillor

George Arcand Jr., CEO, Administration  
Larry Hewko, CFO  
Barrie Robb, CEO, Business Development  
Alvaro Pinto, Executive Director, Sustainability Department  
Jauvonne Kitto, Executive Director Administration, Governance and Health  
James Owl, Executive Director, Capital Projects  
Noma Mangena, Director, Human Resources

## ADMINISTRATION DEPT.

Dorothy McDonald Business Centre  
General Delivery  
Fort McKay, AB T0P 1C0  
Phone: 780-828-2430

## Hours of Operation:

Monday - Thursday: 8:30 a.m. to 4:30 p.m.  
Friday: 8:30 a.m. to 2 p.m.  
Closed daily: 12 - 1 p.m.

## SUBMISSIONS

If you have any photos, stories or ideas for the Red River Current, please contact Lindsey Canning, Marketing & Communications Coordinator at: 780-799-6370 email: [lcanning@fortmckay.com](mailto:lcanning@fortmckay.com)

but for others, it's a chance to take on hockey camp and refine and improve their skillset before the next season.

The Mark Messier Hockey School was offered in Fort McKay this summer for our local youth and those who reside in surrounding areas. In total, 94 participated from across the region and attended the camp, and 31 of those were from Fort McKay, making up to almost 30 percent of all participants.

During the final games, Fort McKay had two youth score the game winners for their teams. Madden L'Hommecourt scored the winning goal in the Novice Game and Lyric McKenzie scored the game winner in the Atom game!

During the camp, all athletes were privileged to have the presence of the Messier Family on the ice assisting with drills and making sure all participants received equal opportunity to the activities provided and played safely throughout the week!

A special thanks to all Junior Coaches that were involved: Reanna Whiteknife, Keeley Coutereille, Ethan Grandjambe, Seth Grandjambe, Tyrell Shott, Keegan Pruden, and Brayden Pruden.

"This was a great experience for our young coaches to be on the ice with an NHL Hockey Legend and probably won of the most inspirational leaders and Captains in NHL history," shared Fort McKay's Community Services Director, Simon Adams. "I would also like to thank Kory Torraville from the Wellness Center and Stefany Guillen from the Recreation Department for all their help in making the hockey camp a success!

Fort McKay First Nation would like to acknowledge and thank our local companies and Chief & Council for their support and making this event possible. The Messier Family was so impressed by the support our youth received from our leaders that they want to comeback and make this an annual event!







FORT MCKAY  
FIRST NATION

# NOTICE NEXT QUARTERLY GENERAL MEETING

---

**FORT MCKAY, AB:** Tuesday, September 18th @ 6:30 PM, Father Begin Hall, Dorothy McDonald Business Centre

**FORT MCMURRAY, AB:** Wednesday, September 19th @ 6:30 PM, Radisson Hotel, 435 Gregoire Dr.

**EDMONTON, AB:** Thursday, September 20th @ 6:30 PM, Chateau Nova Hotel, 159 Airport Road

**FORT MCKAY FIRST NATION STRONGLY ENCOURAGES OUR MEMBERS OF THE COMMUNITY TO ATTEND.**

*For more information, please contact: Fort McKay First Nation Administration, Dorothy McDonald Business Centre, 780-828-4220, [www.fortmckay.com](http://www.fortmckay.com)*

## BUSINESS PROFITS DISTRIBUTION

---

*A Distribution of Business Profits will be paid to Members of the Fort McKay First Nation on  
Friday, September 14th, 2018*

### LOCATIONS:

**FORT MCKAY FIRST NATION:** Father Begin Hall, Dorothy McDonald Business Centre

Date: Friday, September 14th, 2018

Time: 10:00 a.m. to 2:00 p.m.

**EDMONTON:** Chateau Nova Kingsway, 159 Airport Rd.

Date: Friday, September 14th, 2018

Time: 10:00 a.m. to 6:00 p.m.

**DOCUMENTATION:** Administrative personnel have prepared a package of forms with a brief set of instructions to assist you with your payment. These forms are available for pickup at the Administration Office of the Fort McKay First Nation. They are also available in electronic format below.

**DEDUCTIONS FROM PAYMENTS:** We will withhold the following amounts from payments: Maintenance arrears Court ordered payments and Any other amounts that people have pledged to the First Nation or its Companies.

*For More information, and to pick up all necessary forms, please contact:*

*Fort McKay First Nation Reception Dorothy McDonald Business Centre 780-828-4220 [www.fortmckay.com](http://www.fortmckay.com)*



# FORTIER HONoured WITH ROLE MODEL OF ALBERTA AWARD



Fort McKay First Nation would like to congratulate Holly Fortier who received the Aboriginal Role Model of Alberta Award in the Business Category during a ceremony at the River Cree Resort and Casino August 11.

For many years, Holly Fortier has provided Indigenous awareness training across Canada and into the USA and Europe offering cultural sensitivity workshops to industry, government, businesses, colleges, universities, police/fire, hospitals and organizations. Holly's training allows these groups to build meaningful and respectful relationships with the Indigenous peoples and communities within they engage.

*Photo: Holly with Role Model Award*



Congratulations to the following youth who participated and won awards during the Northern Elite Football Camp that was hosted this summer!!

**Shalicia Boucher:**

Top Junior Defensive Back

**Colt Gladue:**

Top Junior Offensive Lineman

**Seth Lee Berland:**

Top Senior Defensive Lineman

**Wilfrid Grandjambe:**

Top Senior Offensive Lineman

Special call out to our own Dylan Foguere (coach) and organizer of the annual Northern Elite Football Camp.

*Photo: our award winners and coach Dylan.*





# BACK TO SCHOOL REMINDER

With school back in session, we'd like to remind everyone to watch out for busses and our little ones on the roads. Our students ride busses/vans (Diversified and Yellow school busses / Sakasteew Vans) to school every day, so drivers, please be respectful of school zone speed limits, buses stopping and wait for students to disembark and safely cross the road before continuing on your way.



Our students safety is top priority!



FORT MCKAY  
FIRST NATION

## Minors Trust Information Session With Chief and Council

September 12th 2018  
Youth Centre  
6:00 pm - 7:00 pm

Setting Our Youth Up For Success!



# YOUTH CULTURAL

The Fort McKay Wellness Center held their Annual Youth Cultural Excursion July 2 to July 7. This year, forty kids were given invitations to attend the excursion based on attendance and participation in Wellness Center Programs. A trip across Alberta was organized, giving the youth a chance to explore a variety of landscapes, culture and recreational activities in our province.

The trip started on Monday with 33 excited children and youth! Their first destination planned a full day's drive to the small town of Edson. After many hours of driving, the group arrived just in time to spend the evening swimming at the hotel swimming pool!

The next day, they headed west into the great Rocky Mountains of Jasper National Park. On the way through the park, everyone enjoyed the majestic scenery of the giant Rocky Mountains, pristine blue lakes and rivers and an abundance of wildlife! There were many "oohs" and "aahs" as the group travelled the windy road to a place that many of the children and youth had never been before.

"Our first stop was the Jasper Sky tram. We piled into the sky tram in two groups and took a 10-12 minute ride up the mountain and through the clouds. When we got off the skytram, the ground was covered in snow. It was the beginning of July, so the kids were completely in awe of the change in temperature and precipitation once we were so high up the mountain," explained Julia Soucie, Director of the Fort McKay Wellness Center. Once at the top, everyone enjoyed a delicious lunch at the chalet, overlooking the townsite of Jasper and tops of the mountains.

The group also explored Athabasca Falls as well as the Icefields Highway and stopped at the Columbia Icefield to see the glaciers. Soucie shared the experience, "we took a brief walk, learned about the glaciers and how the water from the Athabasca River comes from those very glaciers and travels through Fort McKay."

The bus later made its way to Rocky Mountain House to spend the night. The following day, horseback riding was planned at the Wilderness Village in a 2-hour guided trail ride, where the kids got to bond with horses and explore the trails and rivers. "This was the main highlight of the trip and every child continued to talk about this amazing experience for the rest of the week. Most of the children and youth had never rode a horse before, so it was a truly magical experience!" Soucie explained. They also went to the Rocky Mountain Historical Site and learned about the culture of Rocky Mountain House and the Indigenous Communities that surround the area.

The next two days brought the group to Drumheller as they visited the Royal Tyrell Museum, the badlands, hoodoos and the world's largest dinosaur in downtown Drumheller. At the end of the day, the Drumheller Ghost Tour was scheduled. "It was an amazing 2-hour walk, and we were able to learn so much!" They also went to the Rosedale Suspension Bridge and the Altas Coal Mine. "We put on our helmets and lights and headed into the tippie and tunnel, where we learned about coal mining and what it was like to work in the mine." On their way back, the bus stopped in Red Deer for the evening and everyone enjoyed bowling an evening and celebrated one of the children's birthdays!

Soucie expressed her appreciation of the trip, "The 2018 Youth Cultural Excursion was an absolutely BLAST! The children and youth had the chance to explore some of the amazing landscapes and culture that Alberta has to offer, all while taking part in an educational experience. We would like to thank CNRL and the Fort McKay First Nation for their on-going support, and for providing this opportunity for the children and youth of Fort McKay! Opportunities like this help introduce the children and youth to a variety of skills and experiences to inspire them to follow their dreams and reach their full potential! THANK YOU CNRL AND FORT MCKAY FIRST NATION!"





# L EXCURSION 2018







FORT MCKAY  
FIRST NATION

# Picture This!

Fort McKay First Nation is looking to develop a database of images of our beloved community and community members of present and past, and we need your help! It's an unfortunate fact: Our aboriginal languages are dying out and our culture is in jeopardy of being lost. So, let's not let the people you knew who have passed, and those still with us, be forgotten as well.

We are asking for you to loan us your photos so that we can make digital copies. We are looking for pictures of the community and its people from the past to the present Any pictures that you choose to share will help - So please dig through those shoe boxes, photo albums, storage boxes and cookie tins and let's keep Fort McKay's history alive!

It would be helpful if you could name the people on the back of the photos from left to right, row by row, along with the approximate date the picture was taken. You don't have to write on the photo itself, you can include the information on a separate sheet of paper.

All photographs will be handled with extreme care, copied and returned to you once processed.

To participate in this project please contact:

Communications@fortmckay.com  
780-828-2442

Hiy Hiy, Merci Cho, Thank you





# JUNIOR LEADERS AIR CANADA RAFFLE WINNER, ELISSA WHITEKNIFE



A BIG Congratulations to Elissa Whiteknife, the winner of the Fort McKay Wellness Center's Junior Leader's Raffle. Elissa has won 2 round-trip economy flights with Air Canada to any North American destination (including Hawaii, Mexico and the Caribbean). The draw took place on Saturday, June 23rd at Fort McKay Treaty Days.

We would like to send a HUGE THANK YOU to everyone who bought tickets for the raffle and supported the Fort McKay Junior Leaders. We raised a total of \$7100.00 for the Junior Leader Program at the Fort McKay Wellness Center!

Another BIG THANK YOU to Air Canada Foundation for their generous donation of the 2 round-trip economy flights.

**CRIME STOPPERS**  
ASSOCIATION OF EDMONTON AND NORTHERN ALBERTA  
**IS YOUR PROGRAM!**

**YOU CAN BE REWARDED WITH CASH \$\$\$\$  
UP TO \$2000 BY ANONYMOUSLY HELPING  
STOP CRIME IN FORT MCKAY**

**JUST CALL CRIME STOPPERS AT  
1-800-222-8477, OR GO TO  
WWW.CRIMESTOPPERS.AB.CA**

# THEBACHA LOGO ON EAST TANK FARM NOW COMPLETE



Last fall, Fort McKay First Nation and Mikisew Cree First Nation officially announced their partnership of a collective ownership of Suncor Energy's East Tank Farm Development.

The agreement has been named "Thebacha" – a Dene word that means "river." Local artist Jade Cardinal was asked to create a logo that represents and includes each group's own logo elements which is now officially complete! The boat represents Fort McKay First Nation, the eagle symbolizes Mikisew Cree First Nation, and the energy arc represents Suncor. At last, the waves represent the 'thebacha', the river.

The \$1 billion storage facility will store bitumen from Suncor's Fort Hills Oilsands project and for the next 25 years. Fort McKay and Mikisew Cree First Nation collaboratively own 49% of the partnership, and is considered the largest business investment to date by a First Nation group in Canadian history. This project is expected to offer steady income for both communities for years to come.

## WEAR YOUR HELMET



Head injury is one of the leading causes of death for off highway vehicles. In the past ten years there were over 145 ATV related deaths in Alberta from, 77% of those who died from head injuries were not wearing a helmet.

### QUICK FACTS:

- OHVs include ATVs, snowmobiles, dirt bikes, 4-wheel drive vehicles, and side-by-sides
- "Public land" is Crown land, including areas that have been designated for public OHV use, public roadways and highway rights-of-way.
- Between 2002-2013, Alberta averaged 19 OHV-related deaths per year
- In 77 per cent of serious head injuries in that same time period, the individual was not wearing a helmet
- In 2010, OHV injuries resulted in \$50 million in public health care costs.







**FORT MCKAY**  
FIRST NATION

**We are now taking Fall Registration for  
Nehiyawewin: Cree Language  
With Clara Mercer**

**Classes run for 8 weeks  
Every Tuesday and Thursday 7-9pm**

---

**Class starts Tuesday September 18, 2018  
At the Fort McKay Elders Centre**

**Space is Limited – You must be registered to attend.**

---

**Contact : Audrey Redcrow  
Fort McKay First Nation  
Sustainability Department  
Culture and Special Projects Lead**

**Cell: 780-215-2384**

**Office: 780-828-2480 ext. 8806**

**See you there!**



# COMMUNITY PROGRAMS

## WELLNESS CENTER 780-828-2412

### Weekdays:

After school Activities 3 p.m. to 5 p.m.  
Supper Program 5 pm.m to 6 p.m.

### Mondays

Kickball/Park Games (Ages 8+)  
6 p.m. to 8 p.m.  
Youth Choice (Ages 10+)  
8 p.m. to 9 p.m.

### Tuesdays

Nature Club (Ages 8+)  
6 p.m. to 8 p.m.  
Youth Choice (Ages 10+)  
8 p.m. to 9 p.m.

### Wednesdays

Nature Club (Ages 8+)  
6 p.m. to 8 p.m.  
Youth Choice (Ages 10+)  
8 p.m. to 9 p.m.

### Thursdays

Kidz Fun Fitness (Ages 8+)  
6 p.m. 8 p.m.  
Youth Choice (Ages 10+)  
8 p.m. to 9 p.m.

### Fridays

Field Trips  
\*please contact the Wellness Center for more details on field trips.

### RMWB Fall Community Clean-Up

September 13, 2018  
(Ages 6+) 6 p.m. to 8 p.m.

### Culture Club

September 18th & 27th  
(Ages 8+)  
6:00pm-8:00pm

*For more information on our programs,  
please contact our office.*

## FORT MCKAY HEALTH CENTRE 780-828-2450

**Medical Transportation:** Contact Tracy Waldron at 780-742-8843 or after hours Edmonton Referral Unit 1-800-514-7106 with any questions.

**Physio** – Monday and Thursdays

**Doctor day** – Call Health Centre

**Immunizations** – TBA or Call Health Centre for more information at 780-828-2450

## FAMILY SUPPORT CENTRE 780-828-4650

Sep. 4	Grief & Loss 1 to 3 p.m.
Sep. 6	Self Esteem - 1 to 3 p.m.
Sep. 11	Anger Management - 1 to 3 p.m.
Sep. 13	Emotional Awareness - 1 to 3 p.m.
Sep. 18	Defining Abuse - 1 to 3 p.m.
Sep. 20	Stress Management - 1 to 3 p.m.

Sep. 5 & 19 - Victim Services  
10 a.m. to 11 a.m.

N.A. & A.A. meetings will be available  
upon request

Waypoints on Wednesdays 1 to 3 p.m.

## MINORS TRUST INFORMATION SESSION WITH CHIEF AND COUNCIL:

### *Setting Our Youth Up for Success!*

Date: September 12th, 2018

Time: 6:00 p.m. to 7:00 p.m.

Location: Youth Centre

