



Red River Current

MAY 2019

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INTRODUCING FORT MCKAY'S NEW CHIEF & COUNCIL



Chief Mel Grandjamb

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Chief Mel Grandjamb

Mel Grandjamb was elected chief of Fort McKay First Nation (FMFN) on April 5, 2019. In this role, Chief Grandjamb will also serve as the Board Chairman for Fort McKay Group of Companies (FMGOC) – which operates 3 limited companies, 100% owned and controlled by the Fort McKay First Nation.

With designations in Building Construction Engineering Technology and Project Management from NAIT (Northern Alberta Institute of

Technology), Chief Grandjamb has 30 years of construction and industry experience. Previously, he has held roles as Project Manager of Capital Projects with Frog Lake First Nation and Construction Specialist at Syncrude Canada. Within Fort McKay First Nation he has held a variety of leadership positions such as Chief, Project Officer, Director of Capital Projects Department, along with Board of Director of Fort McKay Group of Companies.

Chief Grandjamb is extremely passionate about his community and makes it his goal to be actively involved. Chief Grandjamb founded the AWAKE Cultural Camp Series, which provides guided camps at no cost to community members, allowing them to learn traditional hunting, fishing and trapping skills through hands-on- training. He is also a Native Provincials Hockey coach for various levels, and donates resources to a variety of functions and events within the community.

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INTRODUCING FORT MCKAY



Councillor David Bouchier



Councillor Crystal McDonald

FMFN LEADERSHIP TEAM

Mel Grandjamb, Chief
Raymond Powder, Councillor
David Bouchier, Councillor
Melinda Stewart, Councillor
Crystal McDonald, Councillor

George Arcand Jr., CEO
Chris Johnson, CFO
Barrie Robb, CEO, Business Development
Alvaro Pinto, Executive Director, Sustainability Department
James Owl, Executive Director, Capital Projects
Noma Mangena, Director, Human Resources

ADMINISTRATION DEPT.

Dorothy McDonald Business Centre
General Delivery
Fort McKay, AB TOP 1C0
Phone: 780-828-2430

Hours of Operation:
Monday - Thursday: 8:30 a.m. to 4:30 p.m.
Friday: 8:30 a.m. to 2 p.m.
Closed daily: 12 - 1 p.m.

SUBMISSIONS

If you have any photos, stories or ideas for the Red River Current, please contact the Communications Department
email: communications@fortmckay.com

(Continued from p.1) As the Fort McKay First Nations Fire Chief, he has led the firefighting team to the provincial-wide level Aboriginal Firefighting Competition and won four provincial championships and one national championship. In 2016, Chief Grandjamb also received the Council Commendation Wildfire Metal, an award that recognized major contributors during the first 100 hours of the Horse River Wildfire. On top of his amazing work for the community, he is a proud father of four children and has one grandchild.

Councillor David Bouchier

David Bouchier, also a previous Fort McKay First Nation councillor during the 2011 – 2015 term, co-owns the Bouchier Group, established in 1998 and has grown to be a leading provider in the interested site services to the Athabasca Oil Sands region and has become the premier Aboriginal construction company of the region. He has been honoured with numerous awards, including the Fort

McKay Entrepreneur Award and Ernst & Young's Oil and Gas Entrepreneur of the Year Award. David demonstrates a true commitment and caring for his community.

Born and raised in Fort McKay, he leads the contracting, construction, and site services company that grew from a business operating one piece of heavy equipment to one of the largest enterprises in the region.

The Bouchier Group is one of the largest Aboriginal-owned and operated companies in the Athabasca Oil Sands region, providing contracting, construction, and general site services, while inspiring and supporting the culture of local communities.

Councillor Crystal McDonald

Crystal McDonald was raised in Fort McKay her entire life and is a very proud and dedicated band member. This is Crystal's second term as she was first elected as a Fort McKay First Nation Councillor in



McKAY'S NEW CHIEF & COUNCIL



Councillor Melinda Stewart



Councillor Raymond Powder

the 2015 elections. Before becoming a Councillor, Crystal worked at the Mothers of McKay Daycare facility for ten years. While working at the daycare she was also on the Fort McKay Group of Companies Board of Directors for six years.

Crystal is very involved in the community and each year her family hosts the Lawrence Bull Powder SLO Pitch Memorial Tournament during the Fort McKay Treaty Days.

Councillor Melinda Stewart

Melinda was born and raised in Fort McKay and started as a part-time employee with the Sustainability Department in 2014, helping to coordinate and organize community meetings and other community related activities. Melinda feels that by being a community member who works for the Sustainability Department, she can help spread the knowledge and information to the community and she can connect with community members on a different

level because of the relationships she has developed over time. She became the Manager of Community Engagement in 2015 and is participating on a career development program within the FMSD.

Melinda is also a member of the Board of Directors of the Community Enhancement Society, an important organization funded by Industry with the objective to promote and fund important social programs in the community.

Councillor Raymond Powder

A proud Member of the Fort McKay First Nation, Raymond attended post-secondary institutions in Saskatchewan and Alberta including religious studies at Briercrest Bible College, Business Administration at Keyano College and attended Southern Alberta Institute of Technology. (SAIT). In recent years, he has furthered his education completing a certificate of Aboriginal Leadership, Governance

and Management Excellence at the Banff Centre in Banff, Alberta.

Raymond has always felt a strong duty to give back to the First Nation in appreciation for all the support he received in terms of his education and career. Raymond has devoted himself to promoting and enhancing the opportunities for his First Nation.

Raymond cites working with the people of Fort McKay, and his opportunity to make a difference one step at a time is what he values the most. What makes him proudest about the community is knowing that Fort McKay is making significant strides in creating a better life for the Nation and its people.

During his spare time, Raymond enjoys reading, cooking, gardening, watching hockey, keeping physically and spiritually fit, and enjoys time with friends and family.



MEGAN SHOTT APPOINTED FOR SUNCOR YOUTH COUNCIL



The day of the pipe ceremony at Suncor Energy Centre, west tower in downtown Calgary. One of the pipe co carriers of the council was speaking holding the feather.

Megan Shott has been chosen to be part of the first ever Indigenous Youth Advisory Council for Suncor Energy. Shott, who is a Fort McKay member, along with Ilyanna Janvier (from Chipewyan Prairie Dene First Nation) have been chosen as the only two councils to represent Northern Alberta.

The Indigenous Youth Advisory Council is composed of approximately 10 members from regions where Suncor operates across the country, between the ages of 18 to 30. All were selected for their recognizable leadership skills. Other key members include Dr. Michael Lickers, Sr. Advisor Indigenous Relations and Community Development at Suncor Energy, Karen Olson, Manager, Stakeholder & Aboriginal Relations Corporate at Suncor Energy and Elder Casey EagleSpeaker.

The group was created to offer a voice from select young leaders and give advice as well as provide direction to Suncor about community issues that the youth feel is a concern.

“The council itself is in its beginning stages,” explained Shott, “our objective is to bridge the gap between local indigenous communities (and strengthen the voice of youth) with Suncor. This means we will discuss community and youth

issues related to environment, best practices, and opportunities. We start discussions, build relationships and subsequently can influence the way Industry thinks.”

The council was officially formed in February during a pipe ceremony. All youth and most executives participated while the others observed. This was the first event of its kind for Suncor, marking the industry’s efforts to build relationships and respect cultural traditions.

The group already met in Calgary to discuss what they envisioned the council to become, share expectations and discuss how they can work together as a team. They were also sent to the Inspire Awards and all had lunch with some award recipients.

These select youth will continue to be engaged in numerous events in the coming months. The next meeting is scheduled to be in Newfoundland and more meetings and trips are expected to take place across the country. Shott and Janvier will be hosting the first meeting in Northern Alberta in 2020.

Through this council, Shott hopes to see positive changes arise and in return also hopes ...
(story continued on p.5)





Council members discussing the terms of references of IYAC



Megan Shott & Brigitte Lacquette during the Indspire luncheon

“other youth will realize that there is ‘a spot at the table’ with other leaders to be apart of change. That their voice matters and should be heard.”

Shott is graduating from the Community Social Work program at Portage College and is expected to move back to Fort McKay this summer. “I look forward to reconnect with my community and share this initiative with others.” She plans to reconnect with family and get involved with the community while working and volunteering this summer. Shott was just accepted to continue her studies through the University of Calgary to complete her Bachelor of Social Work.



FORT MCKAY
FIRST NATION

NOTICE

TO MEMBERS OF FORT MCKAY FIRST NATION

BUSINESS PROFITS DISTRIBUTION:

A Distribution of Business Profits will be paid to the Members of the Fort McKay First Nation on Friday, June 14th, 2019.

LOCATION:

**Father Begin Hall, Dorothy McDonald Business Centre
& Chateau Nova Kingsway (159 Airport Rd. Edmonton, AB T5G 0W6)**

DATE AND TIME:

Father Begin Hall:
Friday, June 14th, 2019,
10:00AM to 2:00PM

Chateau Nova:
Friday, June 14th, 2019
12:00PM to 5:00PM

DOCUMENTATION:

Administrative Personnel have prepared a package of forms with a brief set of instructions to assist you with your payments. These forms are available for pick up at the Fort McKay First Nation Band Office.





FORT MCKAY
FIRST NATION

TREATY DAYS

June 21 - 23, 2019

Everyone Welcome!

1899
2019
120TH ANNIVERSARY

You're invited to experience this exciting three day event.
Come CELEBRATE OUR CULTURE and participate in a variety of traditional events!

Special Entertainment from



With Local Supporting Acts

North Country Rock, Black Eyed Creez
AB-Originalz, Nicely Put Together Band
and Stephanie Harpe Experience

FREE
ADMISSION!



FORT MCKAY
FIRST NATION

TREATY DAYS

1899
2019
120TH ANNIVERSARY

VENDOR APPLICATION

JUNE 21 - 23

Want to be a vendor at the
2019 Treaty Days ?
Fill out a vendor application today!

For more information, please email
communications@fortmckay.com
OR call 780-828-2415



1899 TREATY 8 SIGNED IN FORT McMURRAY

On Aug. 4, 1899, representatives of the Government of Canada and "The Chipewyan and Cree Indians of Fort McMurray" agreed to the terms of Treaty 8 in Fort McMurray. Adam Boucher of Fort McKay signed the treaty on behalf of the Chipewyan people while Seapotakinum Cree of Gregoire Lake signed on behalf of the Cree people.

In giving up their rights to their land, the people who agreed to the treaty were provided with reserves on the basis of 1 square mile per family of 5. Among other things, every person received a payment of 12 dollars on the day the

treaty was signed and were promised a payment of 5 dollars every year thereafter forever. Also, the government agreed "to pay the salaries of such teachers to instruct the children..."

The people of Fort McKay received their promised land 16 years later in 1915 (reserves across the river from the community, Moose Lake and Buffalo Lake) and their promised school 51 years later in 1950.

The Fort McKay First Nation became an independent band in 1960.

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The Chipewyan and Cree Indians of Fort Mc Murray and the country therabouts having met at Fort Mc Murray on this fourth day of August in this present year 1899 Her Majesty's Commissioner, James Andrew Joseph Mc Kenna, Esquire and having had explained to them the terms of the Treaty into which ^{the said} Chiefs and Headmen of the Indians of Lesser Slave Lake and adjacent country set their hands on the twenty-first day of June in the year herein first above written do join in the assent made by the said Treaty and agree to adhere to the terms thereof in consideration of the undertakings made therein.

In Witness whereof Her Majesty's said Commissioner and the Headmen of the said Chipewyan and Cree Indians have hereunto set their hands at Fort Mc Murray on this fourth day of August in the year herein first above written.

18

written.

Signed by the parties thereto in the presence of the undersigned witnesses after the same had been read and explained to the Indians by the Rev. Father Lacombe and G. M. Clark, Interpreters.

A. Lacombe
G. M. Clark

Agnes Lermak
Treas. Commissioner

Adam Boucher
mark
Chipewyan Headman

Seapotakinum Cree
his mark
Cree Headman

Arthur J. Warwick
J. M. Clarke
J. H. Martin
J. J. McDonald
W. H. Vernon
H. J. R. Vernon

IS IT TIME FOR YOUR MAMMOGRAM?

Screen Test is coming to Fort McKay on June 3 & 4, 2019

Alberta Health Services – Screen Test brings breast cancer screening to women across Alberta with its mobile mammography clinics.

CALL THE FORT MCKAY HEALTH CENTRE AT (780) 828-2450 TO BOOK A MAMMOGRAM.

WHY SHOULD I GET A SCREENING MAMMOGRAM?

A screening mammogram is a special X-ray of your breast. Once you're over 50, it is the best way to find breast cancer early. Screening mammograms can help find breast cancer when it is very small, 2-3 years before you or your doctor can feel it. The earlier breast cancer is found the better treatment can be. In fact most women (about 90%) are now surviving breast cancer 5 years after diagnosis.

WHO SHOULD GET A SCREENING MAMMOGRAM?

Women 50 and over should plan to have a mammogram every 2 years and may self-refer. Women 40 - 49 should discuss the risks and benefits of screening with their doctor, and need a referral for their first appointment. There is no cost for this service. For more information visit:
www.screeningforlife.ca/screentest.

HERE ARE SOME COMMON MYTHS AND FACTS ABOUT BREAST CANCER SCREENING:

Myth #1: Only women with a family history of breast cancer will get it.

The truth is, 80% of women who develop breast cancer have no family history. So it's important to understand that you are still at risk for breast cancer even if no one in your family has ever had the disease.

Myth #2: Mammograms can cause breast cancer or cause an existing cancer to spread.

Mammograms require very small doses of radiation. Research confirms that the risk of harm from radiation exposure by mammography is very low. The benefits of the earlier diagnosis and treatment of breast cancer far outweigh the risk of the small dose of radiation received during a mammogram.

Myth #3: Monthly self-breast exams is the best way to find breast cancer.

What is most important is that women know how their breasts normally look and feel – from the whole area of breast tissue up to the collarbone and including the armpit. While it is not necessary to have a regimented method for checking your breasts, call your healthcare provider right away if you notice any unusual changes.

FOR MORE INFORMATION, VISIT WWW.SCREENINGFORLIFE.CA



ATTENTION HIGH SCHOOL STUDENTS:

Apply for a chance to receive \$750

Are you a student?? Indspire and Petro-Canada have partnered to offer high school students an opportunity to receive a \$750 Aboriginal Education Award!

To qualify, students must:

1. Be First Nation (status and non-status) high school students who live in communities listed within the application,
2. Be enrolled full-time in a high school within Canada
3. Possess a valid Social Insurance Number



The Petro-Canada Award for Indigenous High School Students application is available online at: https://app.smarterselect.com/programs/56979-Indspire?fbclid=IwAR1q3P-w96qmQ0NTEskQSaQZeD6TtbIexamY_eavj_bbiDysHAO4kashtby0

DIABETES WALK

Join us on May 23rd

to raise awareness

around Diabetes!

Walk starts at 11am

BBQ Lunch

See you there!



ELDERS CENTRE ACTIVITIES!



May 13, 2019	Beading at 6 pm (Everyone welcome!)
May 15, 2019	Elders BINGO
May 16, 2019	Mother's Day Lunch
May 17, 2019	Round Dance @ Band Hall (Starts at 5 pm)
May 22, 2019	Walmart Shopping
May 23, 2019	Elders Center @ Cultural Village (weather permitting)
May 27, 2019	Chair Yoga @ Riverside 1-3 pm
	Beading at 6 pm (Everyone welcome!)
May 29, 2019	Bannock Making with Elders (everyone welcome)
May 31, 2019	Elders Supper in Town- Leave at 5pm

Tuesdays & Thursday - Elders Lunch
Grocery Shopping Day - Call Rosita for Pick up

Please call Rosita for registration of outings 780-742-5015

A FRIENDLY REMINDER *From the Fort McKay Medical Transportation*

- All medical appointments should be made in advance for prior approval (24-hour notice). Any last minute booking must come from the community health nurse. To avoid any delays on medical transportation services.
- Policy states that only 1 (one) medical visit to the family physician every 2 weeks, unless otherwise requested by your family physician and a medical note must be provided to the medical transportation coordinator for your file.
- Clients should be contacting the Medical Transportation Coordinator to book any transportation services, and Edmonton Referral@1-800-514-7106 for after hour services. Do not contact the medical driver for appointments.
- Client must provide proper documentation to the medical transportation coordinator prior to booking Fax 780-828-4132. (PLEASE NOTE): This is not the Medical Coordinator's responsibility.
- If requiring an escort, clients must provide the proper documentation to the Medical Transportation Coordinator.
- It is the client's responsibility to contact the Medical Transportation Coordinator if they will be cancelling the transportation services, as soon as possible. Failing to do so will flag the client's file, resulting in no access to transportation services unless the client has provided proof of attendance to the scheduled appointment.
- All after hours appointments must be called into Edmonton Referral Unit@ 1-800-514-7106
- If you have any questions and or concerns please contact the Medical Transportation Department @ 780-828-2453

Mental Health First Aid

THIS 2 DAY COURSE WILL HELP YOU LEARN SKILLS TO SUPPORT SOMEONE IN A MENTAL HEALTH CRISIS.

THIS COURSE IS USEFUL FOR ANYONE WHO IS INTERESTED IN LEARNING ABOUT MENTAL HEALTH AND WELLNESS

**Lunch
Included**

FREE

June 4 & 5, 2019
9:00AM - 5:00 PM

Fort McKay Family Support Center
TO REGISTER, CONTACT INDERJIT:
780-828-4048



Canadian Mental
Health Association
Wood Buffalo
Mental health for all



FORT MCKAY
FIRST NATION



COMMUNITY PROGRAMS

WELLNESS CENTER 780-828-2412

Mondays (April 8&29)
Young Chefs (Ages 8+) 6 pm-8 pm
Archery (Ages 8+) 6 pm-8 pm
Youth Choice (Ages 10+) 8 pm-9 pm

Tuesdays (April 30)
Bike Club (Ages 8+) 6 pm-8 pm
Gamers Club (Ages 10+) 6 pm-8 pm
Youth Choice (Ages 10+) 8 pm-9 pm

Thursdays
Gardening Club (Ages 6+) 6 pm-7:30pm
Kickball (Ages 8+) 6 pm-8 pm
Youth Choice (Ages 10+) 8 pm-9 pm

Thursday
(May 2 & 30) Playground Games
(Ages 6+) 6 pm-8 pm
(May 16 & 23) Scavenger Hunt (Ages
9+)
6:00pm-8:00pm
Youth Choice (Ages 10+) 8 pm-9 pm

No school Fridays
Open 9 am-6 pm
Field Trip –Outdoor Park (May 10 & 31)
(Ages 6-12)
Library (May 17)
Permission Slip Required
Bus Leaves at 10:30am
Bus Returns at 2:30pm

PRE-TEEN NIGHT (May 3)
Field Trip – Mac Island (Ages 8-11)
Permission Slip Required
Bus Leaves at 5:30pm & returns at 10 pm

TEEN NIGHT (May 24)
Field Trip – Mac Island (Ages 10-17)
Permission Slip Required
Bus Leaves at 5:30pm & returns at 10 pm

For more information about our activities and programs please contact the Wellness Center during regular operating hours.

FORT MCKAY HEALTH CENTRE 780-828-2450

Medical Transportation: Contact 780-742-8843 or after hours Edmonton. Referral Unit 1-800-514-7106 with any questions.

Physio – Monday and Thursdays

Immunizations – Immunization clinic every Wednesday except for the last Wednesday of the Month.

For more information on the services offered at the Health Centre, please contact the centre during regular office hours.

FAMILY SUPPORT CENTRE

VICTIM SERVICES
Alternating Wednesdays from 10:00am-11:00am

NEAFAN
Alternating Thursday from 10:00am-12:00pm

WAYPOINTS
Every Wednesday from 1:00pm-3:00pm

EDMUND LEDI
Every Tuesday and Thursday from 5:00pm-7:00pm

PROBATION SERVICES
Second Monday of every month at Band hall incubator 10:00am-12:00pm

ALBERTA HEALTH SERVICES
Alternative Thursday from 10.00 am - 3.00

For more information on our services, please call 780-972-4048

