

## FORT MCKAY Riverside Recreation Activities August

| Sunday                            | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday                               |
|-----------------------------------|--|--|--|---|--|--|
| August 1st                        | August 2nd   | August 3rd   | August 4th   | August 5th  | August 6th   | August 7th                             |
| AM- Independent Walk<br>the Halls | National Ice Cream Sandwich Day AM: Independent Walk                   | AM: Morning Exercises AM: Balloon Toss   | National Chocolate Chip<br>Cookie Day<br>AM: Morning Exercises                                   | AM: Morning Exercises AM: Beach Ball Toss   | National Root Beer<br>Float Day                                | AM: Helping Hands PM: Watch a movie in |
| PM- Calm Coloring                 | the Halls<br>PM: Ice Cream<br>Sandwich Social                          | 1:00 pm - Elders' Radio<br>Bingo (Rose calls Bingo)  | AM: Bowling  PM: Cookies and Milk Social   | 1:00 pm - Elders' Radio<br>Bingo (Rose calls Bingo)   | AM: Morning Exercises  PM: Root Beer Float Social              | living room                            |
| August 8th                        | August 9th   | August 10th  | August 11th  | August 12th   | August 13th  | August 14th                            |
| AM- Watch the News                | AM: Morning Exercises  | National S'mores Day   | AM: Morning Exercises  | AM: Morning Exercises   | AM: What's in the  | AM: Helping Hands                      |
| PM- Calm Coloring                 | AM: Medicine Wheel<br>Teaching with Lorraine<br>PM: Music on the Patio | AM: Morning Exercises AM: Beach Ball Toss 1:00 pm - Elders' Radio Bingo (Rose calls Bingo) | AM: Sing Along with Susie Q (YouTube)  PM: Cupcake Decorating                                    | AM: Music Through the<br>Decades (50s)<br>1:00 pm - Elders' Radio<br>Bingo (Rose calls Bingo) | News?  AM: Morning Exercises  PM: Patio Social                 | PM: Modelling Clay                     |
| August 15th                       | August 16th  | August 17th  | August 18th  | August 19th   | August 20th  | August 21st                            |
| AM: Watch the News                | SPIRIT WEEK: Wear<br>Purple  | SPIRIT WEEK: Wear<br>Green   | SPIRIT WEEK: Wear<br>Blue  | SPIRIT WEEK: Wear<br>Yellow   | SPIRIT WEEK: Wear<br>Red                                       | AM: Helping Hands                      |
| PM: Patio Time                    | AM: Morning Exercises<br>AM: Jokes and Short<br>Stories<br>PM: Karaoke | AM: Ring Toss  AM: Morning Exercises  1:00 pm - Elders' Radio Bingo (Rose calls Bingo)     | AM: Morning Exercises AM: Noodle Ball PM: Painters Tape Painting                                 | AM: Morning Exercises  1:00 pm - Elders' Radio Bingo (Rose calls Bingo)                       | AM: Morning Exercises AM: What's in the News? PM: Patio Social | PM: Patio Time                         |
| August 22nd                       | August 23rd  | August 24th  | August 25th  | August 26th   | August 27th  | August 28th                            |
| AM: Calm Coloring PM: Karaoke     | AM: Morning Exercises AM: Ring Toss                                    | AM: Morning Exercises AM: NoodleBall   | National Banana Split Day AM: Morning E  | AM: Morning Exercises  1:00 pm - Elders' Radio Bingo (Rose calls Bingo)                       | AM: What's in the News?  | AM: Helping Hands  PM: Movie in the    |
|                                   | PM: Lemonade Social  | 1:00 pm - Elders' Radio<br>Bingo (Rose calls Bingo)  | AM: Morning  3:00: Residents'  Council Meeting  Making  AM: Morning  Exercises  PM: Patio Social |   | afternoon  |  |
| August 29th                       | August 30th  | August 31st  |  |   |  |  |
| AM: Independent Walk<br>the Halls | AM: Morning Exercises  | AM: Morning Exercises AM: Calm Coloring  |  |   |  |  |
| PM: Patio Time                    | AM: Balloon Toss PM: Ice Cream Social                                  | 1:00 pm - Elders' Radio<br>Bingo (Rose calls Bingo)  |  |   |  |  |