

December 2021

VOLUME 11: ISSUE 11

FOOTBALL SEASON COMES TO AN END FOR FORT MCKAY YOUTH



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Super Talented Fort McKay
FM Producers Rock!

Last month, the Saints lost at home in the Provincial Quarter Finals. It was a tough end to a great season, and we would like to acknowledge all our youth that participated.

It is not an easy journey to be a part of this team. Long days, long weekend trips, cold weather, beat-up bodies and fatigued minds. Nevertheless, there is a reward. These kids have fought through adversity and finished strong! Keon learned the playbook quickly, although he got little playtime this year, which is typical for a grade 10 player. His measurements are that of an NFL lineman, and if he puts the work in the weight room this off-season, he should be a starter by his grade 11 year.

Exzander unfortunately only played one game (with a pretty decent punt return) before

(story continued on p.2)



FOOTBALL SEASON COMES TO AN END FOR FORT MCKAY YOUTH



FMFN LEADERSHIP TEAM

Mel Grandjamb, Chief Raymond Powder, Councillor David Bouchier, Councillor Melinda Stewart, Councillor Crystal McDonald, Councillor

Chris Johnson, CEO
Alvaro Pinto, CEO Oilsands Development
and Sustainability
Stuart Randell,
Director, Strategic Portfolio Investments
James Owl, Executive Director,
Capital Projects

ADMINISTRATION DEPT.

Dorothy McDonald Business Centre General Delivery Fort McKay, AB T0P 1C0 Phone: 780-828-2430

Hours of Operation: Monday - Thursday: 8:30 a.m. to 4:30 p.m. Friday: 8:30 a.m. to 2 p.m. Closed daily: 12 - 1 p.m.

SUBMISSIONS

If you have any photos, stories or ideas for the Red River Current, please contact the Communications Department email: communications@fortmckay.com (Story continued from p.1)

injuring his knee. With his speed and natural talent, proper rehab, he will have no problem being a #1 receiver in the league.

Alicia made headlines as the first girl to play for the Saints! She has a shot at Women's Team Alberta with proper off-season training and should definitely be a starter for the Saints next year!

Colt was a force on the line all year. As a grade 12 starter, Colt has the potential to play next level. This week he is getting his tape together, and we will see Colt speaking with some coaches in the following weeks and months to come. CJFL or USports are Colts next options with football. Stay Tuned!

We would like to thank the FMCSD Saints, the community, Chief & Council, and Bouchier Group for continuously supporting our kids throughout the season!







YOUTH DEMONSTRATING THE ABILITY TO LEAD BY EXAMPLE

There is no doubt that youth will be the ones shaping the future of our community. While there is still much time to fill these shoes, some naturally excel and demonstrate their fullest potential at a very young age. Here are some remarkable examples of progressive youth taking a step in the right direction and demonstrating their natural ability to lead others by example.

Alicia Gladue has taken it upon herself to educate and encourage her teammates and the opposing team to participate in a smudging ceremony before the game. The top right photo is an example of her leading the ceremony.

Colton and Alicia Gladue took part in the 'every child matters' day by also supporting MMIW; their teammates on the Fort McMurray SAINTS also took part in this by wearing orange shirts to practice. The second photo is demonstrates Colt & Alicia supporting MMIW.

Kaydence Gladue has started her very own radio show that airs every Friday night at 8 PM on 106.3 fm where each week, a guest star (either youth or worker) gets to play their favourite songs and gets to be interviewed. This is an excellent program for the youth to hear their voices over the radio in hopes there could be some hidden talent around. Plus, this has really helped some youth boost their confidence by being the guest star of the week.









MAUREEN BOYES APPOINTED THE NEW HEALTH AND SENIOR SERVICES DIRECTOR

Chief and Council set four organizational values to guide how we work: People, Accountability, Culture, and Equity. These values guide how we recruit and retain the best employees to serve Fort McKay First Nation.

A familiar face has been promoted to a senior role to lead important health and wellness programs and services for Fort McKay First Nation members.

Maureen Boyes has accepted the position of Health & Senior Services Director, reporting directly to CEO Chris Johnson.



Maureen is a Registered Nurse manager with over 15 years of experience in direct client services, coordinating homecare and primary care services, and oversight and streamlining of departmental administrative functions.

In her new role, Maureen will provide leadership and direction to plan, organize, implement, maintain, and evaluate culturally-relevant, safe, and quality health and wellness programs and services.

Maureen will be responsible for the following programs, services, and teams:

- development and evaluation of standards of medical care for the Health Centre and Child and Family Services.
- Fort McKay Health Centre medical staff (nurses, doctors, other contractual medical professionals, and administration staff).
- management and administration of healthcare, seniors' services, and child and family support services.
- · implementing FMFN's health care strategy.
- compliance with relevant federal, provincial and municipal laws and regulations pertaining to the administration and delivery of Healthcare, Child & Family support services, Seniors' Services, and Riverside Continuing Care.

Please join us in congratulating Maureen on her new role.



HOSTS HALLOWEEN PARADE



On October 26th, 2021, the Fort McKay Wellness Center hosted a Halloween Costume Parade Walk! Small groups of 20 community members left the Wellness Center every 30 minutes, dressed in their Halloween best and took to the streets for a walk around the community to boost morale and brighten spirits! The walk included a stop at Riverside Long Term Care Facility as the Elder's enjoyed the kids in their costumes!

After the walk, participants enjoyed a take-out meal of stew and bannock prepared by local restaurant, Nannie's Kitchen! We had 55 community members participate. Stew and bannock meals were also available for pickup or delivery to those who were unable to participate in the walk. We distributed 104 meals that evening!

A HUGE THANK YOU goes to the Jays Care Foundation for providing funding for the event through their Bounce Back Initiative! Another HUGE THANK YOU goes to Nannie's Kitchen for providing an amazing meal for the community! We all had a blast and look forward to doing it again next year!







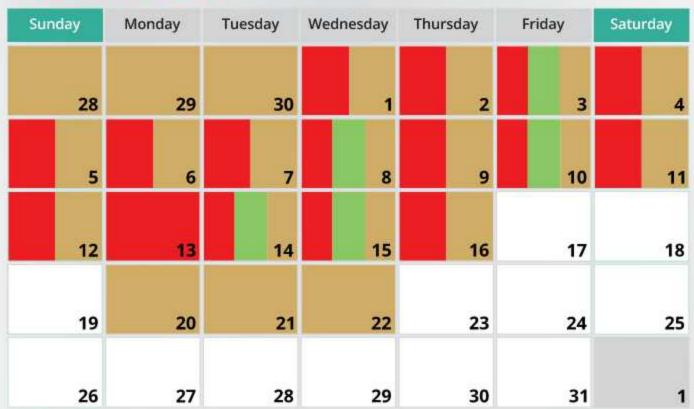


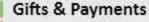




DECEMBER

2021





Contests - All contests open to both on- and off-reserve members Activities





DATE	ACTIVITY		
November 25	Turkeys from Syncrude delivered to Fort McKay homes.		
November 28-29	ATCFN Bright Nights Holiday Light Experience.		
November 30	Get your wishes in by 4:30 pm.		
December 1-10	Indigenous Snow Sculpture.		
December 1-10	Cree & Dene Languages Winter Fun.		
December 1-16	Facebook Group Games.		
December 3	Christmas Special Payment.		
December 3	Elders' Christmas hampers from BME.		
December 5	Afternoon at the Sliding Hill.		
December 6	Community Christmas Tree Lighting.		
December 6	Wellness Centre Gingerbread House Decorating (ages 5-8), 6 pm – 8:30 pm,		
December 6-12	Wellness Centre Junior Leaders' Santa Shop.		
December 6-12	Kids' Elf Week Challenge.		
December 7	Family Christmas Skate. Registration required.		
December 8	Elders' Christmas Hampers from Sustainability Department.		
December 9	Wellness Centre Gingerbread House Decorating (ages 9-17). 6 pm – 8:30 pm.		
December 10	Christmas Gift Box delivered to Fort McKay homes. Gift boxes will be mailed to all off-reserve homes.		
December 10-13	Wellness Centre Virtual Gingerbread House Decorating		
December 13	Ugly Sweater:		
December 14	BPD Payment and Special One-Time COVID-19 Relief BPD Payment.		

DATE	ACTIVITY
December 14	Virtual Christmas Movie Night (Netflix Party), Registration required.
December 15	Community Hampers from FMFN and ESS (On-reserve only) 12 pm – 2 pm Arena
	Hampers will also be available for pick-up at the Arena on Thursday, December 16th (10 am – 9 pm).
December 15	Christmas Lights Decorating
December 15	Direct Deposit in Lieu of Christmas Hampers (off-reserve households, including Fort McMurray).
December 15	Wellness Centre Kids' Christmas Party (Ages 5-8 registered in After School Program only).
December 16	Santa's Snowmobile Tour and Kids' Gift Delivery.
December 16	Snowman.
December 16	Wellness Centre Kids' Christmas Party (Ages 9+ registered in After School Program only).
December 20-22	Wellness Centre will be open 9 am – 5 pm to give parents time to get ready for Santa's arrival.





Christmas Safety Checklist

- Ensure the tree is at least 3 feet away from any heat sources, such as fireplaces, radiators, candles, heat vents and lights.
- · Never place the tree blocking an exit.
- Always turn off Christmas tree lights before leaving the house or going to bed.
- Use battery-operated candles to prevent the risk of fire.
- Keep potentially poisonous plants, like mistletoes, away from children and pets
- If using an artificial tree, check that it is labelled "fire-resistant".
- Make sure your live Christmas tree has plenty of water.
- Only use indoor lights indoors and outdoor lights outdoors, and choose the right ladder for the task when hanging lights.
- Don't overload your sockets no more than three light strands should be connected.
- Never leave candles or fireplaces burning unattended or when you are asleep.
- Choose toys for children under three that do not have small parts, which could be choking hazards.
- Use a food thermometer to make sure meat is cooked to a safe temperature
- Refrigerate hot or cold leftover food within two hours of being served.
- · Don't drink and drive.



Have a safe and Merry Christmas!





Home Winterization Checklist

Winter is here and so are some great tenant tips from our Housing Department.

- 1. Shut off the outdoor water faucet.
- Prevent water line freezing, bursting, and leaks by disconnecting all water hoses or connections from the outside faucet.
- Change your furnace air filter. This helps your furnace be more efficient and increases air and heat circulation in your home.
- 4. Keep all windows shut to prevent heat loss.
- Keep window blinds and curtains closed when you're away to help keep heat in and energy bills lower.
- Remove snow build-up around your basement windows and your deck. This will help keep escape routes clear in an emergency and will help keep snow melt from seeping into your home's basement and foundation.

For further information call 780.828.5555 or email housing@fortmckay.com









Vaccine Clinics in Fort McKay

Please call the Health Centre at **780.828.4229** to book an appointment for one of the following vaccine clinics:

- COVID-19 (available to any Fort McKay resident aged 12 and older)
- Influenza (available to any Fort McKay resident aged 6 months and older)

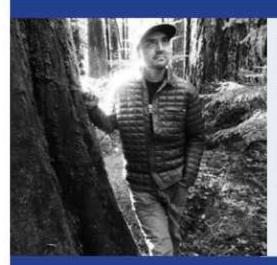
COVID-19 Vaccine Clinics	Influenza Vaccine Clinics	
Thursday, November 25th	Thursday, November 25th	
10 am - 3 pm	10 am - 3 pm	
Monday, November 29th	Monday, November 29th	
10 am - 3 pm	10 am - 3 pm	
Wednesday, December 1st	Wednesday, December 1st	
10 am - 3 pm	10 am - 3 pm	
Monday, December 6th	Monday, December 6th	
10 am - 3 pm	10 am - 3 pm	
Wednesday, December 8th	Wednesday, December 8th	
10 am - 3 pm	10 am - 3 pm	
Wednesday, December 15th	Wednesday, December 15th	
10 am - 3 pm	10 am - 3 pm	

INSPIRED BY OUR PAST, INVESTED IN OUR FUTURE



SUPER TALENTED FORT MCKAY FM PRODUCERS ROCK! AND REGGAE, RAP, POP, COUNTRY, EDM....

106.3 Fort McKay FM is on the air 24/7 and features radio show from three incredibly and naturally talented producers. Mark Gallup, Kaydence Gladue and Beverly "Bubbins" McKenzie all share an intense passion for music and entertainment, AND, they all just happen to be band members.



Mark Gallup produces The DJ Marky Mark McKay show. The soundscapes of DJ Marky Mark are vast and without limits, often riding the outer parameters, other times driving right down the middle of the road.

"If I introduce new music to listeners then I've reached my goal" says Mark Gallup, AKA DJ Marky Mark. "Often the music is familiar, but the artist is not. What catches my ear is a song with a unique phrase, arrangement, or flat-out awesome rhythm and beat. I find this in all music from bluegrass, blues, funk, folk, rock, reggae. Blending and bending the rules of genre's. I'm all ears, I hope my listeners are too!"

Kaydence Gladue, started at Fort McKay FM as an intern who now produces commercials and does programming and other radio work that is required to keep Fort McKay ON AIR. Kaydence also produces an incredibly entertaining community-based show called The Bridge. The Bridge is a fun and funny program, where the youth, youth workers, and other special guests have a conversation about their interests and hobbies.

Kaydence says, "it is literally whatever you can think about in the moment and just chill for an hour or so. There is a new episode with new guests every Friday!"





Beverley "Bubbins" McKenzie produces two programs, Bubbinz Baybee With The Bopz with is Rock, Pop, Rap and EDM. Bubbins other program is Bubbins FM Throwback Mix, with a variety mix of Rock, Pop, R&B, Rap & Dance music from the 90's & 2000's

Bubbins says, "These programs are very exciting, it's great to see local programming by FMFN Members & youth as well. I am very appreciative of them & happy to put my audio engineering degree to use. Very excited & happy to be a part of the Fort McKay FM Radio Team."

Mark, Kaydence and Bubbins have new programs for you every week! Check them out if you haven't already. Your gunna love them!

TIPS TO REDUCE STI

~Helpful Advice Provided by The Addictions and



Christmas can be a stressful time of year. The expense of buying gifts, the pressure of last minute shopping, and the heightened expectations of family togetherness can all combine to undermine our best intentions. Some practical suggestions can help you reduce your 'Christmas stress'.

- Save a percentage of your disposable income throughout the year to provide a nest egg for Christmas expenses.
- · Make a list of all the gifts and food you wish to buy and shop early.
- Set your expectations realistically. If certain family members bicker all year long, they will
 probably do so at Christmas too.

Budgeting for Christmas

For many of us, the Christmas aftermath includes massive credit card bills that can take months to clear. Christmas doesn't have to be a financial headache if you plan ahead. Stress reduction strategies include:

 Work out a rough budget of expected Christmas costs as early as possible.— remember to include expenses such as food bills and overseas telephone charges.

Stress reduction strategies for successful Christmas shopping include:

- Make a list of all the gifts you wish to buy before you go shopping
- Buy a few extras, such as chocolates, just in case you forget somebody or you have unexpected guests arrive bearing gifts.
- Make a list of food and ingredients needed. Buy as many non-perishable food items as you
 can in advance supermarkets are generally extremely busy on Christmas Eve.



RESS AT CHRISTMAS

Mental Health Services/Family Support Centre~



Relationships at Christmas

Stress, anxiety, and depression are common during the festive season. If nothing else, reassure yourself that these feelings are normal. Stress reduction strategies include:

 Use relaxation techniques, such as deep breathing or focusing on your breath to cope with anxiety or tension.

To reduce the stress of the Christmas postage experience:

 Plan to write your Christmas cards in early December. Book a date in your diary so you don't forget.

Some other ways to keep your Christmas stress levels down include:

- Try to be moderate it may be the season to be jolly, but too much food and alcohol is harmful. Drunk driving is a real danger and is illegal.
- Get enough sleep plan for as many early nights as you can.
- Keep moving keeping up your regular exercise routine can give you the fitness and stamina to make it through the demands of the festive season.



New! BROADCAS

	SUNDAY	MONDAY	TUESDAY		
6:00 AM				FORT	
6:30 AM		<u> </u>			
7:00 AM	SUNDAY AM GOSPEL				
7:30 AM					
8:00 AM					
8:30 AM				FORT	
9:00 AM				2/2020	
9:30 AM					
10:00 AM					
10:30 AM	WEEKEND MORNINGS				
11:00 AM					
11:30 AM				FORT	
12:00 PM				TOIL	
12:30 PM			COMMUNITY BINGO		
1:00 PM	THE RESERVE AND ADDRESS OF THE PARTY OF THE				
1:30 PM		COMMON PRINCE			
2:00 PM	WITH TERRI CLARK				
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM	FORT MCKAY MUSIC MIX			FORT N	
4:30 PM	TANKS OF THE STREET			1/201010	
	BUBBINS FM THROWBACK MIX				
5:30 PM	ACTUAL AND ACTUAL ACTUA			_	
6:00 PM	THE RESIDENCE AND ADDRESS OF THE PARTY OF THE PARTY.			1.0	
6:30 PM			INDIGENOUS MUSIC	С	
7:00 PM	COUNTDOWN	BINGO [CFWE]	COUNTDOWN		
7:30 PM 8:00 PM		320			
8:30 PM	TO THE RESIDENCE OF THE PARTY O		ROCK, POP, RAP & EDM	BUBBIN	
9:00 PM				(88)	
9:30 PM			FM POW WOW POWER HOL	JR	
10:00 PM			MADE IN MCKAY		
10:30 PM			ABROGINAL MUSIC SPOTLIG	HT	
11:00 PM				EORT	
11:30 PM				FORT	
12:00 AM				FORT	
5:30 AM					
		FO	RT MCKAY RADIO FM BROADO	AST SCI	

T SCHEDULE

HEDULE EFFECTIVE NOVEMBER 15, 2021



WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
MCKAY MUSIC MIX			FORT MCKAY MUSIC MIX	
MCKAY MORNINGS			CONVERSATIONAL CREE	
			FORT MCKAY WEEKEND MORNINGS	
MCKAY MIDDAYS				
	COMMUNITY BINGO		AMERICAN COUNTRY COUNTDOWN WITH KIX BROOKS	
ICKAY AFTERNOONS			DJ MARKY MARK JAM	
			BUBBINZBAYBEE WITH THE BOPZ ROCK, POP, RAP & EDM	
ORT'S COUNTRY		DJ MARKY MARK JAM		
CLASSICS	BINGO [CFWE]	BUBBINZBAYBEE WITH THE BOPZ ROCK, POP, RAP & EDM	BINGO [CFWE]	
S FM THROWBACK MIX 0'S, 00'S & NOW		KAYDENCE GLADUE		
		THE BRIDGE PROGRAM FORT MCKAY YOUTH!	KAYDENCE GLADUE	
		BUBBINS FM-THROWBACK MIX 90'S, 00'S & NOW	THE BRIDGE PROGRAM FORT MCKAY YOUTH!	
MCKAY MUSIC MIX				
The same of the sa				

15



The Hub Family Resource Centre (the Hub) is offering fun, free programming in Fort McKay!

Join us December 8th from 1-3:30pm and December 15th from 1-3:30pm at the Fort McKay Youth Centre!

The Hub Family Resource Centre's Rural Community Programming is supported by the Wood Buffalo Community Foundation and Suncor.

Did you know that Wood Buffalo Family Resource Network programs are available in Fort McKay? The Wood Buffalo Family Resource Network is a partnership between The Hub Family Resource Centre, the YMCA of Northern Alberta, and WJS Canada. All programs are voluntary and free of charge.



Family Resilience Program: This program provides in-home supports for **Scanada** families with children ages 7-18 years. Family Support Workers help families manage day-to-day parental stressors and enhance each family's ability to care for their children.

Family Connect: Home Visitation: This program provides in-home supports for families with children ages prenatal to 6 years old. Families are empowered to set their own goals and make positive decisions on their own, with the on-going support of their Home Visitation Worker.





Caregiver Education: This program provides individual and group HE HUB parenting supports for families with children ages 0-18 years experiencing everyday parenting challenges such as toddler tantrums, teen alcohol use and navigating family separation and divorce.

Child Development and Social Support: This program offers fun child development and social support programs for you and your children to engage in together. See the schedule above for programs happening in Anzac this month.

Looking for programs and services? Not sure which program will best meet your needs? Contact our Systems Navigator, Alana, at 780-743-9225 ext. 1 or a.hansen@thehubfrc.ca.





Grieving is hard.

It's okay to feel sad, angry, hurt, and frustrated. We feel all these things because we've lost someone we love.

Grieving takes time and everyone's journey is different. There will be good days when a smile or laugh comes easy, and there will be not-sogood days when grief hits hard again. You can find comfort in memories, hope in acceptance, and healing in a new healthy routine.

When you're ready, we're here. To listen. To support. To help.

Call Nadine at 780.881.9651 or Amaka at 780.799.6370

Some Other Solutions 24-hour crisis line 1 800.565.3801

Mental Health Hotline 1 877,303,2642

Kids Help Phone 1 800.668.6868 online chat https://kidshelpphone.ca | text connect to 686868

COPT MOKEN

Fort McKay Wellness Center Junior Leaders'

Christmas Raffle Fundraiser

Enter for your chance to win a Nintendo Switch Lite Animal Crossing Bundle

All funds raised will go to the Fort McKay Wellness Center Junior Leaders Program! Thank you for your support!

You Could Win!



Tickets \$5 each OR 5 for \$20

Draw December 16th, 2021

Tickets will be on sale starting Monday, November 29th, 2021.

Draw will take place on Facebook Live on Thursday,

December 16th, 2021 at 1:30 PM.

Tickets can be purchased in person with cash at the Fort McKay Wellness Center between 10 am and 9 pm Monday to Friday or by etransfer to fortmckaywellnesscenter@hotmail.ca

If you wish to purchase tickets in person please call 780-828-4312 prior to coming so staff can be ready. If paying by etransfer, please include your full name and cell phone number in the comments section. A picture of your tickets will be sent via text after payment is made, or physical tickets can be picked up at the Wellness Center.

A HUGE THANK YOU goes out to an anonymous community member for their very generous donation of this prize!

Raffle Licence 587825





INDIGENOUS YOUTH EXPLORATION OF THE TRADES



















ARE YOU BETWEEN 18-29 AND INTERESTED IN A CAREER IN THE TRADES?

Introductory training courses: | Electrical & Instrumentation | Millwright & Insulator | | HET & Small Engine/Power Tech | Boilermaker & Welder |

> This course is offered to all First Nations, Inuit and Métis people living in the Wood Buffalo Region.

> > Registration deadline: December 17, 2021 Program start date: January 17th, 2022

If you are interested in this program, please contact: Korissa Goudie

Employment & Training Project Coordinator | Athabasca Tribal Council 780-598-9951 | Korissa Goudie@atcfn.ca



Journeywoman Start Fort McMurray

Location: Fort McMurray, Alberta

When: April 4 - July 29, 2022

Program Overview

Journeywoman Start is a 17-week program designed to help students prepare for and succeed as an entry level construction trades apprentice worker.

Admission Requirements

- Must be an Alberta resident
- A class 5 drivers' license (recommended)
- Successful pass of drug, alcohol and fitness screening

Employment Opportunities

Upon completion, graduates will be interviewed with WBF Employment Partners for potential employment in an entry level construction role.

Cost

Tuition is sponsored by the Government of Alberta.

Application Deadline:

January 7, 2022



Apply

womenbuildingfutures.com

Contact Us

admissions@womenbuildingfutures.com

W3F WOMEN BUILDING FUTURES"



COMMUNITY PROGRAMS

· Wellness Center December Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Merry Chris	imas	1 Outdoor Activities (Ages 5+) 5:00 pm-7:30 pm Book Club (Ages 5+) 5:00 pm = 8:00 pm Youth Choice (Ages 10+) 7:30 pm = 8:30 pm	2 Christmas Craft Night [Ages 6+) 6:00 pm-7:30 pm Homework Help (Ages 6+) 6:00 pm - 8:00 pm Youth Choice (Ages 10+) 7:30 pm - 8:30 pm	NO SCHOOL – TOWN SCHOOLS Wellness Center Open 9:00 am-5:00 pm
Christmes Game Night (Charades, Trivia) (Ages 5+) 6:00 pm-7:30 pm Youth Choice (Ages 10+) 7:30 pm = 8:30 pm	7 Gingerbread House Decorating [Ages 5-8] 8:00 pm = 8:00 pm Homework Help (Ages 6+) 6:00 pm = 8:00 pm	2 Christmas Caroling (Ages 6+) 6:00 pm-7:30 pm 8ook Club (Ages 6+) 6:00 pm - 8:00 pm Youth Choice (Ages 10+) 7:30 pm - 8:30 pm	Gingerbread House Decorating (Ages 9+) 5:00 pm - 8:00 pm Homework Help (Ages 6+) 6:00 pm - 8:00 pm	Christmas Craft Night (Ages 6+) 6:00 pm-7:30 pm Youth Choice (Ages 10+) 7:30 pm = 8:30 pm
13 10 SCHOOL - FORT MCKAY SCHOOL Wellness Center Open 9:00.am - 6:00.pm	14 Christmes BINGO Night (Ages 6+) 6:00 pm-7:30 pm Homework Heip (Ages 6+) 6:00 pm - 8:00 pm Youth Choice (Ages 10+) 7:30 pm - 8:30 pm	Wellness Center KIDS CHRISTMAS PARTY (Ages 5-8) 6:00 pm-8:00 pm Book Club (Ages 6+) 6:00 pm = 8:00 pm	Wellness Center KIDS CHRISTMAS PARTY (Ages 9+) 6:00 pm-8:00 pm Homework Help (Ages 6+) 6:00 pm = 8:00 pm	NO SCHOOL - TOWN McKey School - Early Dismissel (12:30 pm) Wellness Center Open 9:00 am - 2:00 pm EARLY CLOSURE
Wellness Center OPEN 9:00 am - 5:00 pm Christmas Activities	Wellness Center OPEN 9:00 sm - 5:00 pm Christmas Activities	Wellness Center OPEN 9:00 sm - 5:00 pm Christmes Activities	Wellness Center CLOSED Christmes Holidays	Wellness Center CLOSED Christmas Holidays
Wellness Center CLOSED 27 Christmas Holidays	Wellness Center CLOSED Christmas Holidays	Wellness Center CLOSED Christmas Holidays	Wellness Center CLOSED Christmas Holidays	Wellness Center CLOSED Christmas Holidays

^{*}Scheduled activities are subject to change on short notice due to Covid-19 public health guidelines. *

The Wellness Center will be CLOSED from December 23rd – January 2rd for the Christmas Holidays. We will re-open on January 3rd, 2022, with our regular after school hours.

STAY UP TO DATE WITH THE LATEST NEWS!!



FODT MCKAY

Stay informed by:

Listening to Fort McKay's community radio station: 106.3 fm

& going on Fort McKay's Facebook page

