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MIRANDA BEATON NOMINATED AS ONE OF YMM'S TOP 50 UNDER 50



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We would like to congratulate Miranda Beaton for being recognized as one of YMM's 2022 Top 50 under 50, which aims to celebrate and recognize members of the Wood Buffalo community whose commitment and love for their people, on-going efforts, talents, gifts, and contributions positively impact the lives of those around them.

Miranda Beaton is known not only for her warmth but also for

her strength and power. Miranda describes herself as someone who struggled in school and never considered herself a student who would receive recognition. However, the community is proud to celebrate her influence and recognize her kindness, determination, compassion, loyalty, and willpower. Chief Mel Grandjamb expressed his delight in Miranda's well deserved honour and stated

much joy in anticipation of upcoming festivals and events for their Nation, where Miranda will get to showcase her strengths and talents as the emcee. Anyone who knows Miranda will not be surprised by this tribute, as Miranda has demonstrated many contributions to her community that merit this acknowledgement.

Story continued on p.2

MIRANDA BEATON NOMINATED AS ONE OF YMM'S TOP 50 UNDER 50

(Story continued from p.1)

Miranda expressed that the most fulfilling part of her profession is working alongside her people and for her Nation, developing the working staff and building talent within Indigenous people in the Wood Buffalo Region and beyond. Her accomplishments include setting up the FMFN Human Resources department, which aims to create opportunities for individuals within the community, a goal close to her heart. She has worked in the field of Human

Resources for nearly two decades, which included a valued period as the Director. She also played a leading role in the development of Fort McKay's Education department. When asked, she shares that her greatest accomplishment is her family and her two sons.

Miranda was forced to take a step away from the workforce when she was faced with cancer. It was a challenging battle that she ultimately won, which served as an additional source of motivation on her path

of personal growth. After completing her treatment, Miranda began an Indigenous Business Leadership MBA program through Simon Fraser University, which she aims to achieve in 2023. Miranda believes that being genuine and showing up as the most authentic version of yourself shows vulnerability and allows others to follow suit.

We look forward to following her on her journey and seeing what she does next!

FMFN LEADERSHIP TEAM

Mel Grandjamb, Chief
Raymond Powder, Councillor
David Bouchier, Councillor
Melinda Stewart, Councillor
Crystal McDonald, Councillor

Chris Johnson, CEO
Alvaro Pinto, CEO Oilsands Development and Sustainability
Stuart Randell,
Director, Strategic Portfolio Investments

ADMINISTRATION DEPT.

Dorothy McDonald Business Centre
General Delivery
Fort McKay, AB T0P 1C0
Phone: 780-828-2430

Hours of Operation:
Monday - Thursday: 8:30 a.m. to 4:30 p.m.
Friday: 8:30 a.m. to 2 p.m.
Closed daily: 12 - 1 p.m.

SUBMISSIONS

If you have any photos, stories or ideas for the Red River Current, please contact the Communications Department
email: communications@fortmckay.com

MARK YOUR CALENDAR!

RARA 2023



Saturday, February 11, 2023

**Tickets will go on sale at the end of
January 2023**





The Thecla Powder (Tremblay) Christmas Lights Winners 2022.

On-Reserve Winners

- Best Overall Norma Grandjambe 1st place \$750
- Best Theme Hermaline Wilson 2nd place \$500
- Best Traditional Kathleen Faichney 3rd place \$400
- Runner Up Bruce Faichney 4th place \$300
- Christmas Judges choice Leona Grandjambe 5th place \$200
- Christmas Judges choice Tyler Young 6th place \$100 .

Off-Reserve Winners

- Best Overall Kristen Wilson 1st place \$750
- Best Theme Verily Hill 2nd place \$500
- Best Traditional Crystal Jahrus 3rd place \$400





Celebrating Christmas With the **WELLNESS CENTER**



This
year's Annual Kids'
Christmas Party was a real
hit! The event included lots of
good food, creative crafts, silly
games, amazing prizes, and endless
fun for everyone! We would like to
thank everyone who participated
and wish everyone a
**Happy New
Year!**



COMMUNITY MEMBERS CHOSEN AS TORCHBEARERS FOR 2023 WINTER ARCTIC GAMES

A big congratulations to Jayden Shott, Adam McDonald, Tayden Shott, Alicia Gladue, Cruz Fabian, and Adonis Richards-L'Hommecourt, who were all chosen as torchbearers for the 2023 Arctic Winter Games. These torchbearers were selected for their outstanding community social involvement and as individuals who are actively engaged in the categories of youth, sport, culture, or community.

The Torch Relay will begin January 11 in Fort Chipewyan and Fort Fitzgerald/Smith's Landing First Nation and make its way across eight communities within the Regional Municipality of Wood Buffalo before ending in Fort McMurray on January 28. The Torch Relay will be in Fort McKay on Wednesday, January 18. All runners were selected from Fort Chipewyan, Fort Fitzgerald/Smith's Landing First Nation, Conklin, Janvier, Fort McKay, Anzac, Saprae Creek, and Fort McMurray.



FIRST CHRISTMAS CONCERT AT THE ELSIE FABIAN SCHOOL WAS A SUCCESS!



Congratulations to the students, teachers, and staff of Elsie Fabian School on the success of their very first Christmas concert, which was presented to a packed audience December 19. Every grade, from Kindergarten to Grade 9, had a part to play. The incredible talent showcased everything from pow-wow dancing and the Red River Jig to yoga ball drumming.

The night included an O Holy Night Ribbon Dance, Little Drummer Boy sung in Dene, a Stick Dance to When Love Was Born, and a We Three Kings dance. The entire school sang the closing number, Love Can Build A Bridge. Thank you to everyone involved in presenting such an incredible night!

We look forward to many more years of wonderful Christmas Concerts from our talented youth.



FORT MCKAY CELEBRATES ITS FIRST



ANNUAL CHRISTMAS ROUND DANCE



Firearm Safety Course



FORT MCKAY
TRAPPERS



FORT MCKAY
FIRST NATION

Band Hall
January 14th & 15th
9 am - 4 pm

Fort McKay community members are invited to our firearm safety course.

Saturday, January 14th - non-restricted firearms.

Sunday, January 15th - restricted firearms.

**To register please email Ryan at
rgrandjambe@fortmckay.com.**



BLAIR BELLEROSE LAUNCHES NEW ALBUM & MUSIC VIDEO

Congratulations to our community member Blair Bellerose and his band Midnight Sparrows for their most recent album launch, *Born in the City*, which became available on all streaming platforms on November 4th. Spearheaded by Métis, Cree and Dene singer/songwriter/guitarist Blair Bellerose, Midnight Sparrows is a guitar-driven hard rock band that fuses elements of classic rock, power pop and old-school heavy metal. Their debut album, *Rock & Roll City*, received much acclaim, including a Native American Music Award nomination, and can be heard on radio stations across Northern America and beyond.

This new release was accompanied by a debut video release for the song *Butterfly Wings*, which was written to honour his late mother, an Indigenous Elder and residential school survivor, who recently passed away at 87. Blair wrote this song to commemorate the life lessons and teachings that she passed on. Additionally, the song contemplates the process of letting go of loved ones so that they can peacefully transition to the spirit world, while at the same time, those left behind can move forward with life here on earth. His mother loved butterflies, and the video features butterfly dancers, aka Pow Wow Ladies Fancy Dancers. Blair is wearing a Fort McKay



First Nation hat in the video, showcasing his connection to where he is from.

The much anticipated six-song opus was written and produced by Bellerose and engineered and mixed by Juno and Western Canadian Music Award winner Sheldon Zaharko. The title track, *Born in the City*, is one of Blair's most personal songs yet, and reflects his life experience of living, working, and studying in the urban Aboriginal community. This song challenges the notion that living in the city diminishes the authenticity of Indigenous living. Blair is passionate about his writing and work in advocacy, which challenges and calls out government policies that impact urban Indigenous non-profit organizations.

This album leaves listeners feeling like the magic and power of rock and roll is as present as it ever was!

To listen to his music or for more information, check out their website: <https://midnightsparrows.com/>



INTERVIEW WITH BRANDON WILLIAMS DISCUSSING SIGNIFICANCE OF LAND CODE VOTE

Fort McKay First Nation Land Code: Interview with Brandon Wilson, Fort McKay First Nation Member and owner of Great Canadian Films. Originally recorded for Fort McKay FM Radio, edited for length, content and clarity.

Cort Gallup:

“This is a Fort McKay FM special news feature focusing on the upcoming Fort McKay First Nation land code. With me I have Brandon Wilson, a member of the Fort McKay communications team for the lands department. Could you tell me why the land code vote is important for the Nation?”

Brandon Wilson:

I think for us to understand why the vote is important, we need to understand what a land code is. As it currently stands, Fort McKay must manage its land and resources through applications to the Federal Government under the Indian act, whereas a land code will serve as an off ramp for the nation to distance themselves from the federal governments management of land.

Cort Gallup:

Does the land code help, as far as timelines go for getting business and affairs done for the Nation?

Brandon Wilson:

I think it'll help immensely. The land code will allow us to complete processes way faster than applications to the federal government. You know how the large government is, with changing ministers and the number of nations they manage, it would be better to bring it down to a more local level. We should be able to do that. As a sovereign Nation under Treaty, we should be able to manage our own lands anyways without needing to apply to the federal government. So, I think this will help with the Nation's self determination and our own sovereignty to the things we want with our land and to tailor enforcement to what fits with the Nation.

And I think it's also important that we understand how the system currently works is based upon laws written in the 1800's without the consent or the consultation of the peoples that existed in place at the time. They weren't done through treaties; they were a complete and total federal government overstep. This is part of the process of Fort McKay taking back its own direction and its own ability to manage its lands. Because we can, and we've been doing it for 1000s of years.

Cort Gallup:

So this is long overdue. Major advancement for the First Nation. How long have we been working on this?

Brandon Wilson:

I was brought onto the lands and leasing committee earlier this year, so my involvement has been close to a year now. But the process has been ongoing for multiple years. They've had committees with members, to discuss things, talk about what they want to see in the land code and hammer it out. They've brought Elders into meetings where we discuss language and how we can incorporate it into the DNA of the land code, both Dene and Cree. This has all been a very community-based process, where we really do value the input of the community because this is ultimately the communities land code.

Cort Gallup:

Right. It's my understanding that everyone must get out and vote, they need a lot of people for the land code to pass. Or this might have just been a lot of wasted time and money, tragic if the land code doesn't go through right?

Brandon Wilson:

If it doesn't pass, it's not necessarily tragic, it just means that this isn't the version of the land code that makes sense for the community. But that's part of the democratic process, and that's why it's so important. But for the land code to pass we need to meet a minimum threshold of people that have voted. We need 25% of the community, and of that 25% we need 51% to vote yes for the land code to pass. And that's the responsibility and right of the people in the community, to come out and have their voices heard. To vote, the date has been changed to January 10th and 11th, in the community, and January 11th in Edmonton and Fort McMurray, as well as the online One Feather voting portal. Instructions for how to vote online have been sent out already to all eligible members, but if they need more help please get in contact with the lands and leasing department with the Nation.

Cort Gallup:

It'd be fun to vote in person at a polling booth. I already voted online; it was very easy. Thank you so much Brandon. Everybody needs to get out there and vote, have your voices heard.



NOTICE OF RESCHEDULED VOTE

TO: FORT MCKAY FIRST NATION MEMBERS

TAKE NOTICE that Chief and Council along with the Ratification Officer and Verifier have rescheduled Official Voting Date for the Fort McKay First Nation Land Code Ratification Vote to **January 11th, 2023**. The vote will determine if Eligible Voters approve the *Fort McKay First Nation Land Code* and the Individual Agreement. The Land Code and Individual Agreement shall be approved if a minimum of 25% of Eligible Voters cast a ballot in the Ratification Vote and a majority of the participating Eligible Voters vote to approve them.

The following question will be asked of the Eligible Voters of Fort McKay First Nation by secret ballot:

"DO YOU APPROVE THE FORT MCKAY FIRST NATION LAND CODE DATED FOR REFERENCE OCTOBER 7, 2022, AND THE INDIVIDUAL AGREEMENT WITH HIS MAJESTY THE KING IN RIGHT OF CANADA, DATED SEPTEMBER 15, 2022?"

RESCHEDULED OFFICIAL VOTING DAY: JANUARY 11, 2023 - 9:00AM TO 8:00PM

**FORT MCKAY DOROTHY MCDONALD BUSINESS CENTER - BAND HALL
94405 FORT MCKAY ROAD, FORT MCKAY, AB**

**FORT MCMURRAY – MACDONALD ISLAND - SHELL PLACE GRAND BALLROOM D
1 CA KNIGHT WAY, FORT MCMURRAY, AB**

**EDMONTON – CHATEAU NOVA – BLATCHFORD ROOM
159 AIRPORT ROAD, EDMONTON, AB**

**ADVANCE POLLS: JANUARY 10, 2023 – 9:00AM TO 8:00 PM
FORT MCKAY POLL LOCATION ONLY
FORT MCKAY DOROTHY MCDONALD BUSINESS CENTER - BAND HALL**

AND TAKE FURTHER NOTICE: All Members of Fort McKay First Nation 18 years of age or older as of the rescheduled Official Voting Day of the Ratification Vote (January 11, 2023) are eligible to vote.

VOTE BY ELECTRONIC BALLOT FROM 12:00 PM ON OCTOBER 28, 2022, TO 8:00 PM ON JANUARY 11, 2023

To register to vote electronically, please visit:

<https://www.onefeather.ca/nations/fortmckay>

Electronic Voting will be available during regular polls on voting days (Advance Polls and Official Voting Day)

Please note: All Eligible Voters received voter information packages, with instructions on how to vote electronically and how to request a mail-in ballot. If you have not received a voter information package, please contact the Ratification Officer. Eligible Voters who wish to vote in person may attend any of the poll locations on the Official Voting Day or the Advance Polls in Fort McKay only.

For electronic and paper copies of the Background Documents, Ratification Documents, the Ratification Process and related notices/amendments, or if you have questions about the Land Code please contact **Carie Santo** via email: csanto@fortmckay.com or by phone 587-644-4887.

Copies may also be obtained from the website: <https://www.fortmckay.com/governance/land-code/>

Dated at Edmonton in the Province of Alberta, this 13th day of December, 2022.



Benjamin Ternes, Ratification Officer

For information please contact:

Benjamin Ternes, Ratification Officer
Email: benjamininternes@gmail.com
Phone: 780-938-7012

To Request a Mail in Ballot Package contact:

OneFeather Support
Email: support@onefeather.ca

Office: (250) 384-8200 Toll Free: 1-(855)-923-3006 Fax: (250) 384-5416
209 – 852 Fort Street, Victoria BC V8W 1H2



IMPORTANT DEADLINE NOTICE FOR THE INDIAN DAY SCHOOLS CLASS ACTION SETTLEMENT

INDIAN DAY SCHOOLS CLASS ACTION SETTLEMENT

**REQUEST FORMS
AND CLAIM FORMS MUST BE
RECEIVED BY JANUARY 13, 2023**

If you are experiencing emotional distress and want to talk, free counselling and crisis intervention services are available from the Hope for Wellness Help Line at 1-855-242-3310 or online at www.hopeforwellness.ca.

The DEADLINE for the Federal Indian Day School Class Action is January 13, 2023. ATC's IRS Support Worker, Lyn Chartrand, will be available for drop-in from January 9-13, 2023, during regular business hours (8:30 a.m. to 4:30 p.m.) at the ATC office (9206 McCormick Drive, Fort McMurray). The ATC office is closed for the holidays from December 16, 2022, to January 8, 2023. If you have questions, please contact Lyn at 780-799-2461 or lyn.chartrand@atcfn.ca.

You can complete your application over the phone or online by contacting the Claims Administrator at 1-844-539-3815. You will be given the option either to seek support from the Administrator on submitting a Claim or legal support and help filling out the Claim Form. Learn more: <https://indiandayschools.com/en/>

Talking or thinking about painful past experiences can trigger difficult thoughts or feelings. It can help to talk to a trusted person, such as a friend, family member or an Elder. You can also contact the toll-free Hope for Wellness Help Line at 1-855-242-3310 or the online chat at <https://www.hopeforwellness.ca/> open 24 hours a day, 7 days a week.



How to Make Your New Year Resolution Count!

Every New Year, so many of us find ourselves looking for ways to better ourselves, and it is a common tradition to commit to changes and to set goals that we hope will lead to positive transformations in our lives. Any chance to look within and focus on personal growth is an opportunity.

Part of this process includes reflecting on the time that passed and considering healthy changes that could lead to growth. Statistically, we know that the motivation for our commitments tends to fade rather quickly for most of us, and before we know it, by February, we are right back to our old ways, and our vision of the path forward slowly dwindles. Even if 80% of resolutions fail after less than 60 days, striving for change is essential to growth. It's important to note that failed attempts can also lead to change as we learn about ourselves and grow.

Setting goals or intentions can give us a sense of direction and motivation and increase focus and meaning. To ensure we do not set ourselves up for disappointment, it's essential to set goals that are SMART, which stands for Specific, Measurable, Achievable, Realistic, and Timely, can help guide the process of clearly defining objectives.

Specific: Your goal should be very detailed and well-defined, leaving no room for any type of misinterpretation or vagueness. For example, if your goal is to reduce your stress, decide what specific activities you will introduce or reduce to help attain this goal, such as participating in daily meditation for 10 minutes or turning off your work cell phone after 4 pm every day.

Measurable: With a quantifiable way of keeping track of progress, you know when you hit a benchmark or the finish line. For example, if your goal is to lose weight, ask



yourself how much weight you would like to lose and by when (lose 10 pounds by May 1st; so, you be aiming to lose 2 pounds each month).

Achievable and Realistic: For your goal to be achievable and realistic, it needs to be possible to accomplish. This is where you need to determine if your specific goal is truly achievable, or perhaps an unrealistic demand on yourself. It is suggested to break down larger goals into smaller goals, to help increase hope and overall motivation.

Timely: Your goal needs to have a clearly defined timeline, meaning a well-defined start and end time, and, if large enough, should also have incremental dates to meet specific objectives.

Regardless of what your New Year resolution might be, this method might help you push further while giving you a sense of purpose, meaning, and direction. By being SMART about your New Year's resolutions, you can increase your chances of making your goals a reality and making 2023 your most successful year yet!!





STAYING BUSY WITH THE YOUTH CENTRE



There is never a dull moment at the Youth Centre! Anyone who has been there before knows that every day is different, as the centre offers a diverse selection of activities and programs for youth 12 to 18 years old. Along with a daily drop-in, the Youth Centre also offers a supper program every night, where our youth are encouraged to participate in the planning and preparation of healthy and fun meals. We also run programs on some Saturdays and Sundays for special events and team sports programs. If you are between the ages of 12 to 18 years old and haven't checked us out yet, join us for some guaranteed fun!



ALBERTA HEALTH SERVICES OFFERING FREE ONLINE WORKSHOPS!

Need a wellness boost in 2023? Wellness Exchange is a series of skill-building workshops offered by Alberta Health Services. The workshops are designed to help increase a person's ability to cope with change, build resilience, and improve their overall well-being. Topics include problem-solving, positive activities, managing reactions, helpful thinking, and healthy connections.

The classes are free and online, and feature five topics related to wellness (one topic per week.) Adults interested in learning skills to cope with change and deal with stress can register for any or all topics of interest.

WEEK 1 PROBLEM-SOLVING

It's important to clearly define our problems and look at all possible solutions. Learning ways to problem solve effectively helps us address the entire situation, influence what we can, and increase our confidence in the decisions that we make.

- Wed., Jan. 25 from 6:30 to 8 p.m.
- Thurs., April 13 from 1:30 to 3 p.m.

WEEK 2 POSITIVE ACTIVITIES

Positive activities provide us with opportunities for enjoyment, improve our mood, increase our sense of control over our life, and create hope.

- Wed., Feb. 1 from 6:30 to 8 p.m.
- Thurs., April 20 from 1:30 to 3 p.m.

WEEK 3 MANAGING REACTIONS

Physical and emotional reactions happen as life stressors occur. Having confidence that we are able to effectively manage our emotions is important, as it helps protect our well-being, maintain our healthy connections, make effective decisions, and respond in healthy ways.

- Wed., Feb. 8 from 6:30 to 8 p.m.
- Thurs., April 27 from 1:30 to 3 p.m.

WEEK 4 HELPFUL THINKING

Our thoughts have an impact on how we see the world, how we feel, and how we behave. Shifting our unhelpful thinking to more helping thinking is important to help increase our confidence in coping with stressors, improve our mood, and reduce the intensity of our reactions.

- Wed., Feb. 15 from 6:30 to 8 p.m.
- Thurs., May 4 from 1:30 – 3 p.m.

WEEK 5 HEALTHY CONNECTIONS

Connecting with others helps us feel a sense of belonging and reduces isolation. Building healthy social connections helps increase our confidence and our overall well-being.

- Wed., Feb. 22 from 6:30 to 8 p.m.
- Thurs., May 11 from 1:30 – 3 p.m.

For more information, please email AHSWellnessExchange@ahs.ca



COMMUNITY PROGRAMS

Wellness Center January Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 CLOSED CHRISTMAS HOLIDAYS	3 CLOSED CHRISTMAS HOLIDAYS	4 CLOSED CHRISTMAS HOLIDAYS	5 CLOSED CHRISTMAS HOLIDAYS	6 CLOSED CHRISTMAS HOLIDAYS	7 CLOSED CHRISTMAS HOLIDAYS
9 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm DIY Night (Ages 5+) 6:00 pm-8:30 pm Gamers Club (Ages 5+) 6:00 pm-8:30 pm	10 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Young Chefs (Ages 8+) 6:00 pm-8:30 pm Origami Club (Ages 5+) 6:00 pm-8:30 pm	11 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Nerf Battle/Laser Tag (Ages 5+) 6:00 pm-8:30 pm Young Engineers (Ages 8+) 6:00 pm-8:30 pm	12 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Sliding (Ages 5+) 6:00 pm-8:30 pm Card Games (Ages 5+) 6:00 pm-8:30 pm	13 Open 8:30 am-4:30 pm No School Day Field Trip –Movies (Ages 5+) *Permission Slip Required* Bus Leaves at 10:30 am Bus Returns at 3:00 pm	14 Wellness Center CLOSED
16 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm DIY Night (Ages 5+) 6:00 pm-8:30 pm Gamers Club (Ages 5+) 6:00 pm-8:30 pm	17 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Young Chefs (Ages 8+) 6:00 pm-8:30 pm Tech Deck Builders (Ages 5+) 6:00 pm-8:30 pm	18 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Nerf Battle/Laser Tag (Ages 5+) 6:00 pm-8:30 pm Young Engineers (Ages 8+) 6:00 pm-8:30 pm	19 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Sliding (Ages 5+) 6:00 pm-8:30 pm Card Games (Ages 5+) 6:00 pm-8:30 pm	20 PRE-TEEN NIGHT Field Trip – Mac Island (Ages 8+) *Permission Slip Required* Bus Leaves at 5:30 pm Bus Returns at 9:30 pm	21 Wellness Center CLOSED
23 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm DIY Night (Ages 5+) 6:00 pm-8:30 pm Gamers Club (Ages 5+) 6:00 pm-8:30 pm	24 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Young Chefs (Ages 8+) 6:00 pm-8:30 pm Origami Club (Ages 5+) 6:00 pm-8:30 pm	25 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Nerf Battle/Laser Tag (Ages 5+) 6:00 pm-8:30 pm Young Engineers (Ages 8+) 6:00 pm-8:30 pm	26 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm JUNIOR LEADERS MEETING (AGES 10+) 6:00 pm – 8:30 pm	27 Open 8:30 am-4:30 pm No School Day Field Trip –Swimming (Ages 5+) *Permission Slip Required* Bus Leaves at 12:30 pm Bus Returns at 4:30 pm	28 Skiing/Snowboarding (Ages 9+) *Permission Slip Required* Bus Leaves at 9:00am Bus Returns at 5:00 pm
30 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm DIY Night (Ages 5+) 6:00 pm-8:30 pm Gamers Club (Ages 5+) 6:00 pm-8:30 pm	31 Afterschool Program (Ages 5+) 3:30 pm – 6:00 pm Young Chefs (Ages 8+) 6:00 pm-8:30 pm Tech Deck Builders (Ages 5+) 6:00 pm-8:30 pm	<p>*Any outdoor activity will be weather permitting. Children MUST wear proper winter gear for outdoor activities (Jacket, ski pants, hat, gloves/mittens and boots)</p> <p>**Skiing/Snowboarding Club will begin on Saturday, January 28th. 1 single permission slip for the entire ski season will be distributed closer to that date.</p>			

STAY UP TO DATE WITH THE LATEST NEWS!!

Stay informed by :

Listening to
Fort McKay's
community
radio station!



To view a full schedule, please go to the
previous page

FORT MCKAY HEALTH CENTRE 780-828-2450

DR. O'CONNOR

Doctor O'Connor will be in Fort McKay on:
January 9-12
February 6-9
March 6-9

Please call in advance if you need to make
an appointment with Dr. O'Connor.

IMMUNIZATIONS

Contact the Health Centre to make an
appointment with the Public Health Nurse

For more information on other services
offered at the Health Centre, please
contact the centre

