



Red River Current Newsletter

A Fort McKay First Nation Publication

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Truth and Reconciliation Event at Elsie Fabian School



A Truth and Reconciliation Event was held at Elsie Fabian School on Monday, September 25. It included a Grand Entry, drumming, prayers, and speeches. This was followed by Dene hand games, a mini-Dene dance, and a traditional meal with door-prize draws.

FMFN's survivors of Residential School, Indian Day School, and the 60s Scoop were invited to walk in the Grand Entry. They were acknowledged by Chief and Council for sharing their courage and inspiring others. National Truth and Reconciliation Day

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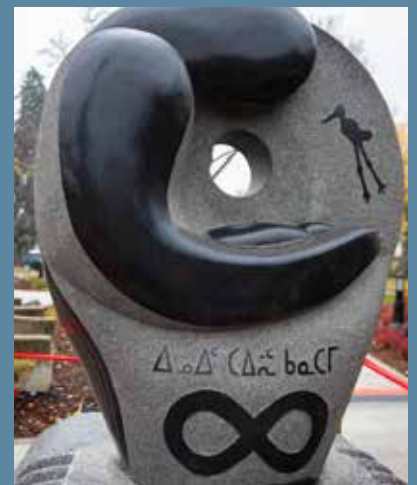


CHIEF POWDER AT OPENING OF RECONCILIATION GARDEN

On Friday, Sept. 29, Chief Powder joined Alberta Premier Danielle Smith and Minister of Indigenous Relations Rick Wilson on the grounds of the provincial legislature for the dedication of a reconciliation garden.

The garden features a large stone monument by Cree sculptor Stewart Steinhauer. The monument is called "Mother Earth Circling: Healing from the residential school experience" and stands as a memorial to the victims and survivors of Canada's residential school system.

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FMFN LEADERSHIP TEAM

Raymond Powder, Chief
David Bouchier, Councillor
Crystal McDonald, Councillor
Bobby Shott, Councillor
Melinda Stewart, Councillor

Chris Johnson, CEO
Alvaro Pinto, CEO Oilsands
Development and Sustainability
Stuart Randell, Director, Strategic
Portfolio Investments

ADMINISTRATION DEPT.

Dorothy McDonald Business
Centre, General Delivery,
Fort McKay, AB T0P 1C0

Phone: 780-828-2430

Hours of Operation:

Monday - Thursday:
8:30 a.m. to 4:30 p.m.
Friday: 8:30 a.m. to 2 p.m.
Closed daily: 12 - 1 p.m.

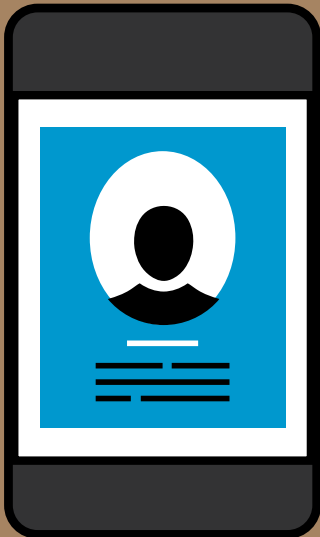
SUBMISSIONS

If you have any photos, stories or
ideas for the Red River Current,
please contact us via email:
communications@fortmckay.com

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was set aside to acknowledge wrongs
done to Indigenous communities.
It honours the children who never
returned home, the survivors, their
families, and communities. It is a
public recognition of a tragic and
painful history, the ongoing impacts
of residential schools. It is a vital
component of the reconciliation
process.

FMFN members and staff were asked
to wear orange to honour those
children who survived and those who
did not come home. They were also
encouraged to take the time to learn
more about the long-lasting impact
of this terrible legacy.

Today, the future is bright for the
children of Fort McKay First Nation.
But we will never forget the past
suffering of our stolen children. We
will always honour the past with our
belief that Every Child Matters.



TRUTH & RECONCILIATION EVENT



Reconciliation Garden: Continued from page 1

The garden is called “Kihciy Maskikiy / Aakaakmotaani” Cree and Blackfoot words meaning “sacred medicine / save many people.”

The garden surrounding the monument includes traditional plants and elements to represent the children who did not make it home.

This monument is a direct response to the Truth and Reconciliation Commission’s 82nd Call to Action.

On Sept. 30, the Day for Truth and Reconciliation, Canadians learn, recognize, and reflect upon the history and ongoing legacy of residential schools, the trauma experienced by many, and the hope for a healthy future. The day emphasizes the ongoing need for reconciliation and building and strengthening relationships between Indigenous and non-Indigenous people.

September 30 is also Orange Shirt Day, a day when Canadians wear orange to recognize the ongoing intergenerational effects of residential schools and to acknowledge that “Every Child Matters.” The orange shirt symbolizes the stripping away of culture, self-esteem, and freedom from Indigenous children over generations.



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Young FMFN drummer in Telus mural



Josiah Fabian is a proud member of the Fort McKay First Nation. He is a drummer just like his Dad Bryce. He is also the subject of a Truth and Reconciliation mural that will be displayed on over 4000 Telus vehicles nationwide.

And he is only three years old.

This is how Bryce tells the story. "I am the father of a young drummer on the rise and I was contacted by a local artist who wanted to use my son as the subject of a mural for Telus. Josiah Lee Fabian, my youngster, is a Fort McKay First Nations band member and has a great passion for traditional drumming. As a father and a drummer I raised him for the love of round dance and Pow-Wow music. Josiah started drumming when he was one, and since then he has become a staple in the community. He is very talented and we are very proud of him."

"The artist is a long time Fort McMurray resident, Trevor Snook. Trevor is a Mi'kmaq Qalipu First Nations member and it was his idea to ask if he could use Josiah for the mural. I should mention I also have another son, Ace, who is 11 and also a drummer.

I was taught the way of the drum by Fort McKay First Nations member Jimmy Noskiye when I was 9 years old. I taught my boys the way of the drum and I hope they pass it down to their children as well. It makes me proud to know that the culture is around today and that my boys are well involved."

It's a lovely story Bryce. Thank you for sharing it with us. You must be very proud of them. We are too.



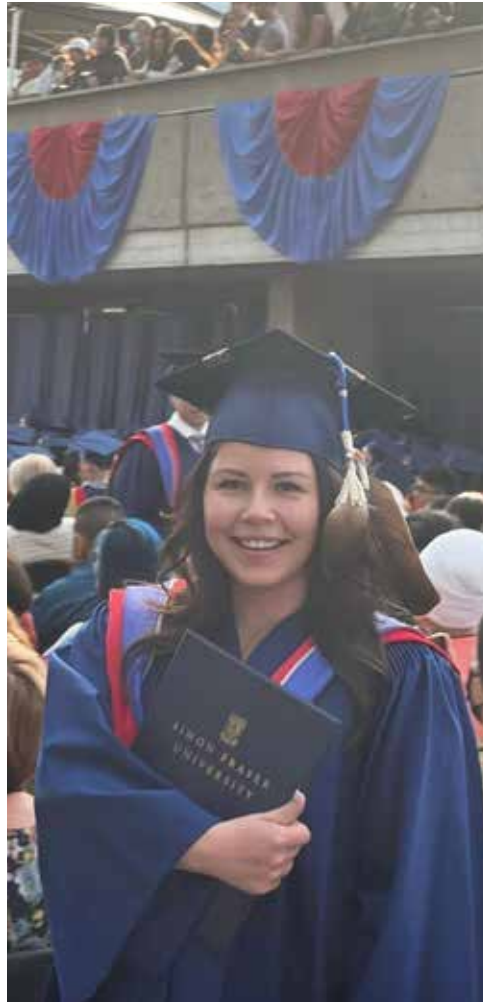
MEMBER SUCCESS STORY

Honouring the Graduates: Monika Wilson

Over the course of the summer we have been recognizing the members of Fort McKay First Nation who graduated in some way or other during the last academic year. From kindergarten kids moving up to 'big' school, grade sixers going to junior high, students starting high school and those who just finished; we tried to honour as many as we could. We are proud of all of them.

There were the adults who went back to finish their schooling, the younger members completing their first degrees, members who did their MBAs or other post-grad studies and those who attained diplomas to advance their careers.

Today we are talking with Monika Wilson about her achievements. For a start, she is the Vice-President, Investments, of Fort McKay Landing, the Fort McKay First Nation private equity fund. "It's a job that I don't believe would have been possible without the MBA I completed last year," she said. "I am very grateful for the support of my colleagues, the education department, and FMFN, and special thanks to my partner Kennedy who doubled down on parental duties so I could study."



This is not the first time Monika has been recognized for her studies. She has a BA in Indigenous studies and anthropology and also graduated from law school as a Juris Doctor, specializing in Aboriginal and Business law, and has been called to the bar in British Columbia. At the time, the Advancement of Aboriginal Women (IAAW) recognised her for her volunteer and academic work at the 2019 Esquao awards.

For those who detect a theme in her degree you're not wrong, and Monika's MBA was in Indigenous Business Leadership. These specializations in First Nations themes makes Monika almost uniquely qualified as an Indigenous business leader.

The Fort McKay First Nation is delighted she has chosen to be such an integral part of our business leadership.

Well done Monika.

FORT MCKAY HEALTH CENTRE

Please call in advance if you need to make an appointment with Dr. O'Connor.

Immunizations

Contact the Health Centre to make an appointment with the Public Health Nurse

For more information on other services offered at the Health Centre, please contact the centre at **780.828.2450**.

FORT MCKAY EMPLOYMENT & TRAINING

The Employment and Training Center is there to help you with creating/ updating resumes, searching for and applying for jobs, and offering support for employment and training.

For more information or to make an appointment, please contact the office at **780.828.2478**.

FORT MCKAY 106.3 FM



STAY up to date with the latest music and news!!

Listening to Fort McKay's community radio station!

www.fortmackayfm.com

The Elders' Summer Social



The Elders' End of Season Social was held on Thursday September 21. With food by Rose Beaton and entertainment from the Nicely Put Together Band, it started at noon and went on well into the afternoon.

New at the event was a photo booth, a professional set-up by local photographer Nick Vardy. Everyone was welcome to come and get a portrait quality photo taken. The portraits will be distributed in the near future by Tara Vivian and the team. Tara, who also emceed the event, had 15 door prizes available.





FORT MCKAY ELDERS BINGO!

Date
Thursdays

Time
Noon - 2:00 pm

Location
Elders Centre

Call Peggy for cards at
780-598-3575.



CFWE RADIO BINGO

Date
Mondays and Saturdays

Time
6:00 pm - 7:00 pm

Location
Fort McKay Radio
Canada



HEALTH COMMUNITY EVENT

The Teddy Bear Fair “If you go down in the woods today, you’re sure of a big surprise.”



It wasn't quite a picnic, but to carry on with the lyrics from the song, 'every bear that ever there was will gather there for certain because' did seem to be the case at the Teddy Bears Fair held in the Band Hall on August the 16th.

The Fair is designed to take away a child's fear of hospitals and medical procedures by explaining them to the children with the help of everybody's favourite stuffed animals. Local liaison Erin Faichney was delighted with the participation, with over 40 children coming to the fair, as well as youth volunteers and curious adults. "It was a great success," she said.

Sarah Hall, the regional co-ordinator for the event, was full of praise for local organization. "Erin did a wonderful job of planning and organizing, the event location was beautiful clean and open, with lots of space for families to move through the stations. There were plenty of volunteers, the food was delicious and the feedback we received from parents, caregivers and vendor participants was 100% positive. In addition the health center staff were very welcoming and helpful and put on a wonderful event. I am thankful for the opportunity to work in and visit Fort McKay and cannot wait to start planning for next year."





FORT MCKAY CULTURAL PROGRAMS AND SPECIAL EVENTS

DANCER AND DRUMMER PERFORMANCES

- Traditional Healing Assistance
- Round Dance / Dene Dance
- Cultural Workshops
- Moose/ Buffalo Lake Summer Retreat
- Moose Lake Camps & Events
- Employment Opportunities
- Community & Special Events

CREE & DENE CLASSES

Every Tuesday Cree class on Zoom.

Every Wednesday Dene class on Zoom.

To register, contact culture@fortmckay.com

DRUM PRACTICE

Every Wednesday at 6 pm in the Band Hall.

All males welcome. Drop In, no registration required!

If you would like to be a volunteer or be a Resource Worker for some of our programs or events, please submit an email, please include what events you are interested in, or what skill sets you can provide. First priority will be given to community members.

For more information about our upcoming programs, please contact:

Audrey Redcrow
Cultural and Special Events Lead
780-215-2384
Aredcrow@fortmckay.com



Alberta Indigenous games, celebrating our youth

Fort McKay Chief and Council want to once again congratulate our youth members who were involved in the Alberta Indigenous Games in August. These games have become the largest annual Indigenous summer games in North America, with more than 4000 competitors from over 40 of the 46 First Nation communities in Alberta and nearly 100 from the rest of Canada.

FMFN youth made an impressive showing, including the following:

Alicia Gladue brought home two bronze and one silver medal in the Senior Girls track and field competition, and Gabby Gladue brought home three gold medals for Intermediate Girls. Both girls beat personal bests and are motivated for the 2024 competition.

James Black took part in the Senior Singles Golf Tournament and finished in fourth position. His score of 81 for the round was only two strokes out of medal contention as both the silver and bronze medal winners tied at 79. James has been playing since he was nine years old. "My Dad has always been my biggest fan," he said, "and he was my first coach as well." James and his dad Leonard have been playing golf together since then, and still try to get out on the course as much as possible every summer, "I'm so proud of how far he has come in the sport," said Leonard, "and I'll always be there supporting him."



Alicia and Gabby Gladue proudly show off their medals.



Left: James Black in full swing, and above with some of his fellow competitors.

FMFN SPORTING ACHIEVEMENTS



Tayden Shott proudly flying the flag for Fort McKay First Nation at the Alberta Indigenous Games 2023.

Tayden Shott is continuing his success in competitive archery and representing the Nation in a positive way. Tayden won gold in the Male Compound Intermediate category for competitors born in 2006 or 2007 and was also honoured with the Spirit of Belonging Award, a very special recognition. Tayden was nominated by the attending parents, athletes, and coaches as a competitor who best represents the traditions of his people and the spirit of the games.

The eight members of Fort McKay's new beach volleyball team took part in Alberta's celebration of Indigenous sports players. Kinley Serafinchan, Maddon Richards-L'Hommecourt, Malibu Chartrand, Chanel Hildebrand-McClure, Callie Harte-Fitzpatrick, Bree Sylvestre, Zyree Sylvestre, and Jermaine Cardinal learned a new sport under coach Athus Silva, hired for the Summer at FMFN and a member of the Keyano College Volleyball team "I was impressed by how quickly the kids improved during the event," said Athus. "I'm happy for this opportunity to coach such a nice team. Next year we are going to come back strong for the tournament."

Leanne Grandjambe won a gold medal for ball hockey. According to her proud dad Randy Grandjambe, "Leanne was asked to play when they saw her at the Calgary Stampede Show-Down, where her team won



Leanne Grandjambe with her team mates and inset proudly showing off her gold medal.

Bronze. She ended up at the Games as a special invitee, part of the winning U11 team from Lloydminster." Randy is very proud of Leanne and has been with her on the sidelines every step of the way. He has seen all the hard work she has put in pay off on the ice. "I'm beyond proud of how far she has come along as a goalie," said Randy. "That being said, none

of this could happen without the commitment of our sponsors, so a huge thank you to BME, Fort McKay Alcor, and of course Fort McKay First Nation."

Congratulations to all the participants, and a special shout out to the recreation team and all the good work they do.



Fort McKay's Beach Volleyball team had a lot of fun at the Alberta Indigenous Games.

Chief's Digest



Left to right: Chief Roderick Willier of Sucker Creek First Nation, Chief Sheldon Sunshine of Sturgeon Lake First Nation, Alberta Health Minister Adrianna LaGrange, Fort McKay First Nation Chief Raymond Powder, and Alberta Minister of Indigenous Relations Rick Wilson.

Below is a digest roundup of some of Chief Raymond Powder's events in August and September on behalf of FMFN.

Treaty 8 Chiefs meet with Health Minister

On the 15th of August, Chief Raymond joined fellow Treaty 8 Chiefs to meet with Alberta's Minister of Health Adrianna LaGrange, and Minister of Indigenous Relations Rick Wilson. Topics discussed were related to important physical and mental wellness issues. An important issue for Fort McKay First Nation is the need to support our Elders as they age in place on our traditional land. Support for our Continuing Care Centre is our top priority.

Fort McKay First Nation also invited the Government of Alberta to support us as we build a Wellness Centre to help our community meet the challenges of maintaining mental and physical health in our northern Alberta community.

In attendance were Chief Roderick Willier of Sucker Creek First Nation, Chief Sheldon Sunshine of Sturgeon Lake First Nation, Alberta Health Minister Adrianna LaGrange, Fort

McKay First Nation Chief Raymond Powder, and Alberta Minister of Indigenous Relations Rick Wilson.

Chief promotes ATC Festival

On the 25th of August Chief Raymond joined CTV reporter Kim Wynn in studio to discuss the celebration of Indigenous culture happening at the ATC Cultural Festival. Chief Powder is a member of

ATC's Board of Directors. The Festival is a showcase of Indigenous artists and performers from the region's First Nations and Métis communities, along with guest artists, for four days of spectacular arts and cultural programming. The ATC Cultural Festival offers participants engaging and inspiring opportunities, highlighting collaboration, artistic development, mentorship, and cultural revitalization.

Chief Raymond also mentioned that the Festival welcomes all people. It is an important community event and a continuing cultural tourism attraction for Fort McMurray Wood Buffalo.

Chief Powder meets with Premier Smith

Also in August, Chief Powder met with Alberta Premier Danielle Smith to discuss several areas of mutual interest.

The meeting, held in the MacDougall Centre in Calgary, began with a prayer in Cree by Chief Powder. Also in attendance was FMFN Chief Executive Officer Chris Johnson and, by video, Rick Wilson, Minister of Indigenous Affairs.

"It was a productive meeting," said Chief Powder. "Premier Smith listened carefully to our requests. She and Minister Wilson made positive



CTV Morning Show host Kim Wynn with Chief Powder who was promoting the ATC Festival.

comments about strengthening the relationship between our Nation and the provincial government.”

Among the areas discussed was the Moose Lake Area Management Plan, including the need for a controlled, all-weather road to improve access.



He also discussed FMFN's plan to build a Wellness Centre to help the community meet the challenges of maintaining mental and physical health in a northern Alberta community.

“Fort McKay First Nation is looking forward to continuing our longstanding tradition of working effectively with government in a mutually beneficial relationship,” said Chief Powder. “It is our hope that this is the first of many meetings to come as we continue to discuss areas of joint interest.”

Keynote speech at Oilsands Trade Show

Chief Raymond Powder was the keynote speaker at the Oilsands Conference and Trade Show luncheon held on Sept. 14 at McDonald Island in Fort McMurray. In a room full of some of Alberta's top business and political leaders, Chief Powder spoke of the history of the region and of Treaty 8 and the responsibilities of the signatories.

Chief Powder emphasised the importance of mutual respect and dialogue which has led to Fort McKay First Nation's successful business partnerships and collaborations. He stressed that business opportunities have led to economic independence that supports increased control of the land and the preservation of important traditions.



Chief Powder delivers the keynote speech at the Oilsands Trade Show.

Among the examples the Chief used to emphasize the value of partnerships with industry was the recent completion of Fort McKay's own Elsie Fabian School, with its emphasis on traditional as well as provincially mandated curriculum. He also cited the value of paved roads within the community and better employment opportunities for First Nations members.

The Oil Sands Conference and Trade Show was held from the 13th to the 14th of September and is the pre-eminent annual local event in the Oil Sands Industry.

ATC Festival

On the 15th of September Fort McKay Chief Raymond Powder and Councillors Crystal McDonald, David Bouchier, and Bobby Shott were at the official opening of the Festival. The Chief, who serves on the ATC Board, was one of the invited guest speakers. Councillor Melinda Stewart also attended throughout the weekend.

The Festival, held at Snye Point Park in downtown Fort McMurray, celebrates Indigenous culture and the diversity of the Nations of the

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Chief Powder delivers a speech at the opening of the ATC Festival in Fort McMurray.



Left to right: Councillor McDonald, Chief Powder, Councillor Bouchier, and Councillor Shott enjoy the sunshine at the ATC Festival.

Chief's Digest continued



Chief Powder speaking on the World Petroleum Conference panel in Calgary.

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region while also celebrating the unity of the Nations represented by the cohesion of the ATC.

Following the Grand Entry and the opening ceremony, hosted by Fort McKay's own Miranda Beaton and Holly Fortier, the Chiefs and Councillors gathered informally on the banks of the river to have photos taken and to meet and greet friends from each of the five First Nations. They then joined the crowds enjoying the traditional foods available and the arts and crafts on display. Everyone visited the Fort McKay tipi as well.

Other programming highlights throughout the weekend included hand games, music, drumming, and dancing, special event programming for Elders, children, and youth.

Chief Powder participates in WPC panel

Chief Raymond Powder participated in a panel discussion at the World Petroleum Conference held in Calgary over the week of the 17th - 21st September.

The panel was titled "Securing benefits for generations to come: Indigenous equity partnerships for Suncor's East Tank Farm and the Northern Courier Pipeline." Also on the panel, held in the international event's Sustainability Pavilion, were Arlene Strom, Chief

Sustainability Officer at Suncor, and Dan Gallagher of Mikisew Cree First Nation.

The panelists discussed what were described as "two milestone equity arrangements" for the East Tank Farm and the Northern Courier Pipeline. Both were described as leading examples of Indigenous partnerships that are unprecedented in the Canadian oil and natural gas industry. The Indigenous ownership partners benefit from revenues generated through tank farm leases, competitive tolls, long-term transportation, and terminal services agreements, and fees from operational services.

Chief Powder stressed the importance of building relationships that allow transparency and accountability when making decisions about long-term investments. He also noted that annual distributions from the East Tank Farm are fixed for 25 years, allowing the Nation to have certainty of income. This is different from the profits from its companies which vary year to year based on performance.

Major energy players from around the globe were in Calgary for the five-day conference at the BMO Centre and Stampede Park. The event, which takes place every three years, saw 5,000 delegates. The World Petroleum Congress was last held in Calgary in 2000.

Calgary's Powering The Future Panel

Chief Raymond Powder was part of an expert panel at an event held in Calgary last week by the Alberta Counsel, a private firm specializing in the provincial political landscape.

The panel discussion topic was Powering The Future: The Future of Alberta Energy. Among the strategic issues the panel addressed were the vision and associated impacts for the province's energy future, the net zero agenda for 2050, as well as opportunities in clean and renewable energy.

Other speakers on the six-person panel were the Honorable Brian Jean, Alberta Minister of Energy and Minerals, the Honorable Jim Reiter, Saskatchewan Minister of Energy and Resources, Brad Herald, a senior adviser at the Canadian Association of Petroleum Producers (CAPP), Adam Sweet of Clean Prosperity, and Adam Waterous, CEO of the Waterous Energy Fund.

In his contributions to the discussion, Chief Powder emphasised the importance of mutual respect and dialogue which has led to Fort McKay First Nation's successful government and business collaborations.



Chief Powder speaking on the expert panel at the Powering the Future event in Calgary, with the Honorable Brian Jean, Alberta Minister of Energy and Minerals.

Strong season for FMFN ball players

Fort McKay Chief and Council congratulate two of our youth, Ethen Asadi-Fabian, and Cruz Fabian, for their sustained baseball success and prowess over the 2023 summer season. The boys, who are cousins and best friends, played on the local representative team, the U11 AA Orange Fort McMurray Oil Giants. Their teamwork extended even further as Ethen, a pitcher, had Cruz as his catcher for part of the season.

They even had their own baseball cards. Cruz said in his that 'getting to play catcher more and having fun with my team' was the best part of the season, while Ethen was happy that everyone was so nice and kind.

"They moved up a tier right before provincials," said Candace Fabian, Cruz's Mom. "They started at the very bottom against teams they had never played before. To then make it to the finals is commendable and we are so, so proud of all of their hard work."

The baseball has also been fun for Candace and her sister-in-law Reba Fabian, Ethen's mother. The two friends have had the chance to spend time together as they've followed the boys through the season, along with their proud dads Brad, Yasir, and Johnny. Reba also had a second job as 'Auntie Reba' the team's official bannock and banana bread supplier.

"They didn't get the last result they were hoping for," said Reba, "but there is absolutely nothing these kids should be ashamed of. They played



Ethen and Cruz with their U11 AA Orange Fort McMurray Oil Giants team mates.

hard, and 2nd place was a huge achievement."

Team manager Sophie Manuel praised the Fort McKay cousins. "Ethen is a quiet kid, however as a baseball player he is a beast. Ethen loves baseball and has grown so much just in one season. He is eager to try out new positions and is not afraid to ask how to improve. He also had his first grand slam this year. I truly loved cheering on my favorite number 7 and seeing him with his buddies on the field."

And Cruz?

"Cruz is quick on his feet and definitely one to make us giggle on or off the field. He is our little risk-taker and will make other players second guess what play to make, which is an amazing asset to our team. He can play any position, however being the catcher is amongst his greatest skills and nothing gets past him at home plate. His smile is contagious, and he will be missed as he heads up in the division next year - this was his second year in a row on the Orange team - but he is one of those kids that's always happy to see you and greets you with a smile and a hug."

Their coach Jay Manuel also weighed in with his opinion.

"I grew to love those cousins because of their work ethic and determination to get better and learn the game," he said. "Ethan worked really hard on his power, determined to hit for

the fence. Not only did he hit his first home run over the fence, he became the hardest hitter and most consistent on base of the season. The ball travels almost 280ft when it was hit over the fence and I remember him coming across first base telling me 'Thanks for the tips Coach Jay'. Cruz was also a hard worker. His catching was already outstanding when he joined the team, and his hitting improved because of his will to learn. By midseason Cruz was consistently on base. His bunting skills were excellent and he could advance a runner on demand. Besides the batting and catching he really impressed me in the last two practices we had with his pitching. I told him I would need him to pitch in the provincials. He did really well.

Good Job Ethen and Cruze.



Ethen with proud parents Reba and Yasir.



Cruz with proud parents Candace and Brad.

UPCOMING EVENTS

Day	Date	Event	Details
Thursday	October 5, 2023	Wellness Centre Chess and Checkers Ages 5+	6-8:30 pm. Drop in.
Friday	October 6, 2023	No School - Non-Operational School Day - 02	For More Information see The Elsie Fabian School 2023-2023 Calendar
Monday	October 9, 2023	No School - School Break 01	For More Information see The Elsie Fabian School 2023-2023 Calendar
Monday	October 9, 2023	Thanksgiving	Public Holiday
Wednesday	October 11, 2023	Anger Management Workshop 1-4pm, Family Support Centre	Contact Leah, 780-828-4052
Tuesday	October 17, 2023	Spay and Neuter clinic	Contact Darrel Laboucan.
Wednesday	October 18, 2023	Anger Management Workshop 1-4pm, Family Support Centre	Contact Leah, 780-828-4053
Wednesday	October 18, 2023	Spay and Neuter clinic	Contact Darrel Laboucan.
Thursday	October 19, 2023	Family Pumpkin Carving Night	Wellness Centre, 6 pm to 8:30 pm. Drop-in.
Wednesday	October 25, 2023	Anger Management Workshop 1-4pm, Family Support Centre	Contact Leah, 780-828-4054
Friday	October 27, 2023	No School - Professional Learning Friday 02	For More Information see The Elsie Fabian School 2023-2023 Calendar
Tuesday	October 31, 2023	Halloween Crafts & Trick-or-Treating	Wellness Centre, 3:30 pm to 6 pm. Drop-in.

Important Community Messages

Virtual Opioid Dependency Program

Medication Management

Alberta Health Services offer medication management of opioid addiction that is safe and effective. Opioids are drugs like fentanyl, heroin, morphine, oxycodone, codeine and others. National opioid treatment guidelines recommend buprenorphine/naloxone as first line treatment in Canada. They offer other excellent medication options like the one-month sublocade shot, methadone, and more.

Expert Addiction Counselling

You can receive treatment no matter where you live.

Connect with your VODP case manager, VODP groups, one-on-one counselling sessions, or with your local community treatment and groups you choose.

As you stabilize, many of your required check-ins through Zoom and Telehealth can be done by phone or text.

Opioid addiction treatment is effective and reduces cravings.

It takes away withdrawal sickness.

Many clients say they feel like themselves again.

Call today!


1.844.383.7688 - Open 7 days 8 am - 8 pm.

One simple call can help you move forward to the life you want.


Compassionate and professional staff will help guide you through the next steps.

Same day access to opioid addiction treatment anywhere in Alberta.





Finding Your Purpose for Young Adults



Thursday, October 19th | 6 pm to 7:30 pm | Youth Centre
For all young adults aged 16 to 24

For more information contact Sarah Callin at scallin@fortmckay.com
 or Dylan Elias at dfougere@fortmckay.com.

Talking to Your Youth About Substance Use

For all parents, guardians, and caregivers



Date: October 18th, 2023
 Time: 12 pm to 1 pm
 Location: Youth Centre

Lunch will be provided.

For more information contact: Sarah Callin at 780-215-7118 or email scallin@fortmckay.com.

