



Red River Current Newsletter

A Fort McKay First Nation Publication

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Dylan Elias wins Capital District Minor Football Association coach of the year



was first ignited as a teen assistant karate coach and continued into Big Brother and Anti Bullying Campaigns. He began his work in 2013 in Fort McMurray, working with at-risk youth of all ages and backgrounds.

In 2014, recognizing the need and the power of play, Dylan developed an After School Sports Program for kids from low-income families living in rural communities. These communities otherwise

had little to no access to any developed programming; six years later, this program is still active in schools today.

With that same spirit and drive, Dylan then went on to co-found the non-profit organization, Northern Elite Football. This organization used mentorship through sport to access over five hundred kids in the region in its first year, and over three thousand to date. Dylan coaches football for three different teams in the region, including the first-ever on reserve Youth Football Team, the Northern Spirits, the team he was recognized for with this award.

Well done, Dylan. You thanked everyone else so we will take the time to thank you, for your work and dedication to the girls, and the fine example you set for them.

Fort McKay Football Coach Dylan Elias has just won coach of the year from the Capital District Minor Football Association. As modest as ever, Dylan thanked everyone else involved, leaving himself off the list entirely.

He remembered his assistants, his team, his mentors, the sponsors, and co-workers. "Individual awards aren't really Individual awards," he said. "They are the cumulation of the efforts of the many represented in a single person. This is really for all of us."

Dylan was born and raised in Halifax, Nova Scotia. In 2007, he attended Mount Allison University, playing for the Varsity Football team. His passion for mentoring

ROCK YOUR MOCS

Rock your Mocs is a worldwide social media unity event celebrating and uniting First Nations, Inuit, and Metis people across Canada. It is a symbolic way to stand united through the artistry and vibrancy of our moccasins, celebrating our ancestors and recognizing our common causes. In Fort McKay we celebrated by having a virtual photo draw contest.

Fort McKay First Nation Culture would like to thank all the participants of Rock your Mocs week!

Thank you for showcasing your indigenous pride by rocking your beautiful Mocs and sharing your photos!

We had 30 entries and the 5 lucky winners are as follows:

Lacey Grandjamb

Candace Cooper

**Elsie Fabian School
Grade 4 class**

Vanessa Shott

**Sarah Hiscock - EFS
Principal**

The 5 lucky draw winners received a \$100 gift card.

Thank you all again for participating in Rock your Mocs week 2025!

We look forward to seeing your entries for 2026!

FMFN LEADERSHIP TEAM

Raymond Powder, Chief
David Bouchier, Councillor
Crystal McDonald, Councillor
Bobby Shott, Councillor
Melinda Stewart, Councillor

Alvaro Pinto

Vice President of Oilsands
Development & Sustainability

ADMINISTRATION DEPT.

Dorothy McDonald Business
Centre, General Delivery,
Fort McKay, AB T0P 1C0

Phone: 780-828-2430

Hours of Operation:

Monday - Thursday:
8:30 a.m. to 4:30 p.m.
Friday: 8:30 a.m. to 2 p.m.
Closed daily: 12 - 1 p.m.

SUBMISSIONS

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ideas for the Red River Current,
please contact us via email at:
communications@fortmckay.com

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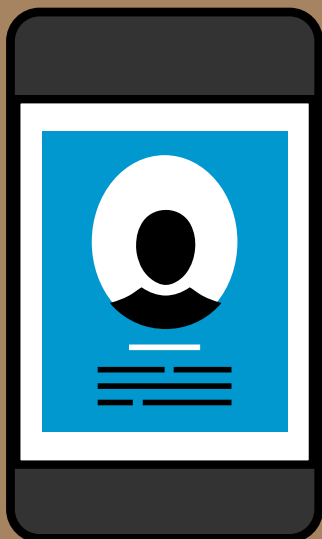
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FORT MCKAY CHRISTMAS NEWS

Santa Ready For His Visit To Fort McKay



Fort McKay Chief and Council would like to congratulate Santa Claus on another successful year of preparations for his annual trip to bring joy around the world. Santa will take off on his journey on Christmas Eve, and he has confirmed to Chief Powder that Fort McKay will definitely be one of his stops.

Even though he has a very busy schedule, Santa made time to let Chief and Council know that the children of Fort McKay First Nation have all been very good this year, and no one is on his naughty list.

"I have a book with the names of every kid who has been naughty. Fortunately, I have an even bigger book of every kid who has been nice," said Santa. "My elves do most of the research on this. They are very good at their jobs, and I let Chief Powder know we found only nice kids in Fort McKay."

Santa also reports that Rudolph has no trouble finding Fort McKay, even when it is snowing. The bright Christmas lights on many of our homes and buildings help guide Rudolph as he leads the team of reindeer.

"Rudolph is the team captain, of course," said Santa. "He is our Connor McDavid."

Santa also said he is looking forward to the treats left out for him. The food gives him the extra energy to get everything done in one night. Different cultures leave out different treats. Kids in Mexico leave him burritos. In Germany they leave cake with nuts.

"Bannock is one of my favourites and I like it fried or baked," said Santa. "I also like cookies, any flavour. I like broccoli, Brussel sprouts, and apples, too. I like everything."

Chief and Council will of course be keeping an eye on Santa's journey on Christmas Eve. Fort McKay's girls and boys can also track his trip by radar at **Official NORAD Tracks Santa (noradsanta.org)**. NORAD even has an app to download if moms and dads want to keep up-to-date on exactly where Santa is as he travels the entire world in just one night.

"I'm looking forward to seeing all the beautiful Christmas lights in Fort McKay," Santa said. "I wish everyone joy and peace. Merry Christmas Fort McKay!"

Pool team has another successful tournament

Pool Team Leader Roy McDonald was delighted with how the teams went recently at the Battle of the Bands. Here's his report.

"We got off to a strong start at the Cold Lake Indigenous Tournament at the end of October with Gilbert Estes taking 1st in the Seniors 50+ (Field of 8 players) on Wednesday October 22, 2025. Next, we had Maurice McDonald placing 5/6th in the Seniors 60+ (Field of 16 players).

Thursday, we moved on to the 3-man team event. Stra8: Roy McDonald, John Paquette and Angie Bouchier placed 3rd, and Darla's Darlings: Gilbert Estes, Maurice McDonald and Darla (Import) placed 5/6th (Field of 21 teams).

Friday, we continued to the Mixed Scotch Doubles event. Roy McDonald/Josh Orr finished 3/4th (Field of 10 teams).

In the Singles Open Division 1751 +, Gilbert Estes placed 1st (Field of 34 players). Also, in Singles Open Division Under 1750, Maurice McDonald placed 2nd, Roy McDonald placed 3rd



and Curtis McDonald placed 4th (Field of 47 players)

Saturday and Sunday started with Team events. Fort McKay Norther Warriors: finish 9/12th in what proved to be extremely tough competition (Field of 40 Teams)

And finally, on Sunday, Pocket Trouble: Angie Bouchier, Rick Bouchier, Josh Orr and Shawn McClure placed 3rd in the team redemption round to close out this wonderful, exciting event.



A special shout out to Aiden Gardiner and Elvis LaCorde, who attended this event but did not place this year despite their valiant effort.

Well done to everyone who took part. It's a string of impressive results given the strength of the competition".

FORT MCKAY HEALTH CENTRE

Clinic Dates:

Dr O'Connor - Dec 8th - 12th
PCN Nurse - Every Mon & Wed

Please call in advance if you need to make an appointment with Dr. O'Connor or Charlene.

Immunizations:

Contact the Health Centre to make an appointment with the Public Health Nurse.

For more information on other services offered at the Health Centre, please contact the centre at **780.828.2450**.

FORT MCKAY EMPLOYMENT & TRAINING

The Employment and Training Centre is there to help you with creating/ updating resumes, searching for and applying for jobs, and offering support for employment and training.

For more information or to make an appointment, please contact the office at **780.828.2478**.

FORT MCKAY 106.3 FM



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www.fortmackayfm.com

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Elder May Tourangeau, still working, still giving



May Tourangeau has spent most of her life helping others; first as a daughter, sister, wife then Mother. Cousin to a chief, residential school survivor, caring community worker, and so much more. She will tell you that she has had some dark times in her life. Losing her husband, her son dying while still a teenager, years of abuse in school, and elsewhere. This tells you that May is a survivor. But she is so much more. What she does not say is that every time she has been in a dark place, she has pulled herself out of it.

As an adult she re-assessed her lack of education and did something about it, going back to school to finish high school, get her GED and start a career in Office Administration. It was a start, but it was not enough, so after her son Terry died, she began a degree in social work. This was after raising her children, Terry, Jason, and Angela. She was at an age when many are beginning to wind down their careers. May went the opposite way, studying for one of the most demanding and caring of jobs.

Her first two years studying social work were

at the Arctic College in Fort Smith, where she was living at the time. Then it was off to the First Nations University of Canada in Saskatoon for years three and four. Her new qualification found her coming home, first to Fort McMurray, working for the Athabasca Tribal Council, then back to Fort McKay.

May's Dad was the trapper Willie Bouchier, and her late husband Freddie Tourangeau was from Fort Smith and Fort Fitzgerald. She has had various roles in the Fort McKay Human Resources department since coming home and currently works as a career and social support coordinator. She also spends every Tuesday, Thursday, and Saturday in hospital on a dialysis machine while she waits for a kidney transplant. And if you think that this would get her down, you would be wrong. May is one of the co-writers of a University of Alberta/Alberta Health booklet called "Your Journey: Coping with and adjusting to dialysis."

Even in her own time of need, May is still helping others. She is more than just a survivor. May Tourangeau is a fighter.

The Bear Facts about the new FMFN refuse bins



Left to right: FMFN OHSE staff, Jarrod Peckford and Teina Boucher, with the newly acquired waste disposal truck.

Fort McKay is introducing fully automated, bear-resistant refuse containers to help keep our community and wildlife safe.

The upgraded residential waste collection system has a new garbage truck, bear-resistant garbage bins, and comes at no cost thanks to federal government funding.

The new 20-yard side-loading garbage truck features an automatic arm that lifts, empties, and replaces the residential bear-resistant bins. These bins will be distributed to every household in the community for curbside pickup and are the same model being adopted by the RMWB for residential homes in Fort McMurray.

This initiative is part of a broader effort to reduce bear activity and enhance community safety. The new containers are the highest rated for bear resistance. In comparison, Fort McKay's current bins provide easy access for bears seeking food, which encourages repeat intrusions and increases risk to residents. Communities using similar bear-resistant containers have seen significant reductions in bear encounters.

The new truck has been fully inspected by federal authorities and a third-party contractor and has been approved for quality and

functionality. A detailed plan outlining the rollout of the updated Fort McKay First Nation waste management system will be shared with the community soon.

The new Kodiak bins remain locked whenever the lid is closed, preventing bears from accessing household waste and eliminating easy food rewards. When bears learn to associate residential areas with quick meals, it increases the risk of persistent, dangerous intrusions. The new bins will help to prevent that from happening

Kodiak containers are fully tested and certified to be resistant to both black bears and grizzlies, ensuring a safer environment for residents while supporting healthy bear behaviour.



Update from the Public Works Department



The FMFN Public Works Department recently completed a new sidewalk to ensure students have a safe and accessible route between the school and the Land-Based Learning Centre. This is just one of many successful projects they have delivered in recent months. By completing these projects in-house rather than contracting them out, it continues to significantly reduce costs for FMFN.

The FMFN Public Works Department continues to advance with strong momentum, supported by new team members, expanded training, and ongoing operational improvements. Recent staffing developments include the hiring of Brent McDonald as Heavy Equipment Operator/Mechanic, Jaleel Delver as Heavy Equipment and Fleet Mechanic, and Brooklyn McDonald, Kimberly Orr, and Katherine Deroucher as full-time permanent custodians. The department also congratulates Kevin Boucher on his promotion to

Team Lead and recognizes Reba Fabian for successfully completing her skid steer training. In addition, four team members — Trinity Howe, Sam Howe, Brittany Cortourelle, and Ray Cardinal Jr. — completed Public Works administrative support training, further strengthening the department's capacity to serve the community.

The department operates two highly effective Public Works crews, led by Rick Grandjambe and Tyler Grandjambe. Both teams continue to achieve great success in completing a wide range of community maintenance and improvement projects, including building renovations, infrastructure upgrades, landscaping, and other enhancements that significantly benefit the community.

Several key projects and equipment acquisitions are currently underway to further strengthen departmental capacity and support community needs. These



include major facility upgrades, such as a new roof for the Band Hall, a new HVAC system for the Old School, and new doors for Riverside LTC. In addition, the department is enhancing its fleet and equipment with a new garbage truck and bins, a plow truck with sander, an excavator, a tractor, and a new electronic sign for the Band Hall.



FORT MCKAY NEWS

Both Tyler and Rick's teams have expressed strong satisfaction with the 7-on/7-off shift schedule, which provides an excellent work-life balance while ensuring a high level of community service coverage, including evenings and weekends. The team continues to perform at an exceptional level, successfully completing a wide variety of maintenance tasks, supporting numerous community improvement projects, and contributing invaluable assistance to local events. The department thanks the entire team for their dedication, professionalism, and outstanding contributions.



Congratulations to two young Hockey stars

Izaak Moses-Boucher and Absolum Gladue were selected to play in the U15 Oilsands Classic. Their team, the Wood Buffalo Dragons eventually won the Bronze in the competition but both players had a great run of form, Izaak won MVP in the first game of the tournament. Well done to both of them.



FORT MCKAY CULTURAL PROGRAMS AND SPECIAL EVENTS

DANCER AND DRUMMER PERFORMANCES

- Traditional Healing Assistance
- Round Dance / Dene Dance
- Cultural Workshops
- Moose/Buffalo Lake Summer Retreat
- Moose Lake Camps & Events
- Employment Opportunities
- Community & Special Events

CREE & DENE CLASSES

Every Tuesday Cree class on Zoom.

Every Wednesday Dene class on Zoom.

To register, contact culture@fortmckay.com

DRUM PRACTICE

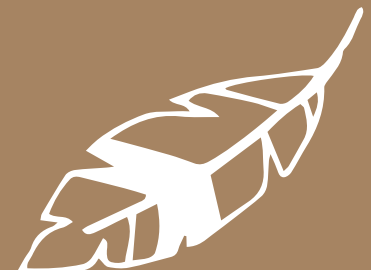
Every Wednesday at 6 pm in the Band Hall.

All males welcome. Drop In, no registration required!

If you would like to be a volunteer or be a Resource Worker for some of our programs or events, please submit an email, please include what events you are interested in, or what skill sets you can provide. First priority will be given to community members.

For more information about our upcoming programs, please contact:

Audrey Redcrow
Cultural and Special Events Lead
780-215-2384
Aredcrow@fortmckay.com



Junior Leaders trip report from Julia Soucie at the Fort McKay Wellness Centre

After 3 years of fundraising efforts by the Junior Leaders, they raised enough money and were fortunate to plan a trip to see Disney on Ice and the Polar Express Train from November 21st to 23rd in Edmonton and Stettler, AB. 18 Junior leaders embarked on a bus in the freezing rain to head to Edmonton for a weekend of fun.

Friday night, we attended the Disney on Ice: Let's Dance! Show at Rogers Place and it sure was magical. The smiles, the screams of joy and excitement and enthusiasm were a true testament of how amazing the performance was and how much the youth enjoyed it. They left the show talking about how it was the best show they have ever seen and were so thankful to be able to attend.



The following day, the Junior Leaders were tasked to spread holiday cheer through random acts of kindness at the mall. Each youth had a small Christmas bag full of goodies and wrote a hand-written note of kindness to give to a random person to brighten their day. The youth LOVED this activity and took their time finding the

right person. A few of the youth shared their stories after, about giving to Elders, or workers, and the hugs, tears, and happiness they got from those they chose to give their gift to. Their hearts were full, and they were so proud to be able to spread kindness and cheer to those around them. Many of them could not wait to get back home and continue with these random acts of kindness.



FORT MCKAY YOUTH



After that task, we took the 2-hour trek to Stettler to board the Polar Express Train at Alberta Prairie Railways.

The ride started with fresh cookies and hot chocolate, a golden ticket, and the story of the Polar Express. After going through the light tunnel, we found ourselves at the North Pole where there were dancing elves, Santa, and decorations galore! To our surprise, Santa boarded the train and visited each child to give them their first gift of Christmas, a shiny bell- just like in the story!

On the return ride, we sang Christmas Carols the whole ride back and it was amazing to see the joy in all the youth's faces.

Sunday, we headed home while every youth talked about how it was the best trip ever, how thankful they were to experience the weekend and how proud they were for working hard to fundraise for this opportunity. They look forward to continuing on the Junior Leaders Program and raising funds for another trip in the future.



FORT MCKAY ELDERS BINGO!

Date
Thursdays

Time
Noon - 2:00 pm

Location
Elders Centre

Call Peggy for cards at
780-598-3575.



CFWE RADIO BINGO

Date
Mondays and Saturdays

Time
6:00 pm - 7:00 pm

Location
Fort McKay Radio
Canada



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Fort McKay Elders Christmas Party

Christmas definitely would not feel like Christmas if it didn't kick off with the Elders Christmas Party. Pride of place was the Giant Santa's Workshop Throne. This photobooth was extremely popular with everyone, as were the fruit baskets and the overloaded gift tables. The visit from Santa and Mrs. Claus was special. Chief Raymond and Councillors, Bobby, Crystal, David, and Melinda, as well as industry representatives all came to the party to honour our Elders. Onto the traditional Christmas fare, served by the members of the Sustainability department, before the Nicely Put Together Band had the dance floor full, with Guest Singer Mel Boostrom leading the fun.

Every year the party just seems to get better and better. This year was no exception.



FORT MCKAY ELDERS NEWS



Sustainability Department Report



Community Advisory Groups (CAG) are groups of up to 10 members from the community of Fort McKay First Nation that are created yearly. Members have the opportunity every January to register their name and contact information through the Sustainability Department. A flyer is delivered door to door as well as sent out through the Communications Department via band member email distribution list and posted on social media. We have also worked with the Elders Services team to send out flyers through their communication list via text messages. The number of members who register every year has increased over time with the highest number of members being 101 with a mixture of elders, adults and youth.

In 2025, we have had regular quarterly CAG meetings with CNRL Horizon and CNRL Albion which has included a site tour for each mining area. The CNRL groups are made up of elders

and adults only as the age limit on CNRL's sites is 18 and older. CNRL is currently the only operator who does not allow youth under the age of 18 on site, but efforts are ongoing to change this in order to allow youth to participate on tours. Imperial and Cenovus CAGs have met once as an advisory committee with site tours for each site in 2025.

The groups consist of a mix of elders, adults and youth under the age of 18. The main areas of concern from members is the amount of dust including pet coke dust in the air especially during large wind events. Another area of concern raised is flaring and stronger odours that are making members sick. Members say they have noticed increases in flaring during events such as wildfires, cloud cover and this traps the odours for long periods of time. Wildlife, vegetation, water, and concerns about the interactions between one another and the safety risk they may pose to health has



been raised, especially for the Imperial Kearsy site, which has been under an Environmental Protection Order since February 6, 2023. Over the last few years, a push has been made by the work of the groups to have industry bring their subject matter experts and staff that have experience and knowledge in the areas of concern to present to membership and have a technical conversation to understand how sites operate, answer questions or concerns, and relay accurate and detailed information to members.

The addition and push for youth to join the groups came from elders over the years who have requested their presence in meetings to learn more about industry and to mentor with the elders. The number of youth requesting to participate has grown in the last couple of years and youth are asking questions from industry and taking an interest in environmental issues and possible careers. Elders from the Nation as well as others enjoy having them be part of meetings and learning alongside. FMFN is still the only nation in Wood Buffalo to have youth under the age of 18 participate in meetings and monitoring with industry.

Requests to be added to groups do come in throughout the year and the department makes every attempt to accommodate and

include when focus groups open up. It is the responsibility of the members to keep their contact information on files with the Sustainability Department up to date, especially when things change. This is included in the flyer distributed at the beginning of the year along with the complete list of responsibilities.



Métis week at EFS!

We are grateful to have Métis Bev return to our school community. Through her fun, creative, and engaging teaching, she introduced our students to the joy of Métis jigging, sharing her culture in meaningful and memorable ways. Each lesson was filled with energy, laughter, and smiles as students learned new steps and developed a deeper appreciation for Métis traditions.



Elsie Fabian School's Remembrance Day Assembly

On November 7th, Elsie Fabian School hosted a heartfelt Remembrance Day assembly to honour Indigenous Veterans Day and commemorate the sacrifices of all those who served. This special event was led by our talented staff and students, showcasing their dedication to preserving and sharing our history and traditions.

A highlight of the assembly was a moving performance by our Grade one class, whose beautiful song paid tribute to the resilience and bravery of Indigenous veterans. Each class also contributed by creating a unique wreath, which was proudly displayed in the gymnasium, symbolizing respect and remembrance.

presence made the day even more special as we reflected together on the courage and sacrifices of our veterans.



We extend our gratitude to the parents, community members and Chief Raymond Powder & Councillor Melinda Stewart who joined us for this meaningful gathering. Your

EFS Volleyball Club cheer on the Huskies

The volleyball club enjoyed their 4th annual trip to Keyano College to cheer on the Huskies women's and men's volleyball teams. With support from Coach Athus Silva, students energized the men's team by cheering them on, running through the Husky tunnel, standing for O'Canada, and made a human tunnel for the starting lineup. It was a night to remember. Coach Humphrey and Coach Nikki are proud of the players' dedication and progress. We look forward to the grade 4, 5, and 6 volleyball tournament at Syncrude Sports & Wellness on December 6.

Land-Based Learning November activities

History of Fort McKay presentations

Students had the incredible opportunity to learn directly from Rod Hyde who worked in Fort McKay for 31 years as an educator and principal. These presentations shared stories of the land long ago, family lineages and the changes Fort McKay has seen over time. Students had a sense of pride and excitement when they saw photos of their families and when Rod had shared that he taught many of their parents and other relatives.

Dry meat and Bannock with Elders

Students had the incredible opportunity to cut up moose meat and prepare their own dry meat — an absolute treat that everyone loved with Elder Cece Fitzpatrick and Clara Boucher. We also shared fresh Bannock made with our Elders. Their knowledge, stories, and guidance made this experience so special.



On-Reserve Community Christmas Party

The Fort McKay First Nation Family Christmas Party was celebrated at Elsie Fabian School on Sunday, December 7th. This family event started in the afternoon with family activities including photos with Santa Claus, Christmas Colouring and Crafts, Mini Teepee, Gingerbread Decorating, Face Painting, Balloon Twist, and Bouncy Castles/Soft Play. This was followed by the Buffet Dinner and then came the adult entertainment included Bingo, raffle draws, and a Christmas ugly sweater contest that was so bad it was really good. The evening ended with the traditional gifts from Santa and his Elves.

Enjoy the photos and see if can spot who's who.



FMFN COMMUNITY NEWS



FMFN COMMUNITY NEWS





UPCOMING EVENTS

Day	Date	Event	Details
Every Mon	Dec 1 to Dec 15	Fitness Centre: Fall Hours M-F 8:30am-10pm, S-S 10am-6pm.	Contact Number, 780-828-2437.
Every Mon	Dec 1 to Dec 15	EFS Gymnasium/Track Hours, M-F, 5:30-8:30pm.	Contact Number, 780-215-5359.
Mon & Wed	Dec 1 to Dec 18	Influenza and Covid Vaccines in the Health Centre.	Call 780-828-4229 for information
Every Tues	Dec 2 to Dec 16	Dene Online Classes, 6pm - 7:30pm, Instructor Janette Flett-Jones.	Register through Audrey at culture@fortmckay.com
Every Wed	Dec 3 to Dec 17	Cree Online Classes, 6pm - 8:00pm, Instructor Edith Orr.	Register through Audrey at culture@fortmckay.com
Thur	Dec 4	RMWB Holiday Luncheon for Seniors and Elders, 11am-2pm.	Mac Island, Register at rmwb.ca/luncheon
Thur	Dec 4	School Christmas Concert, Dinner at 5pm, Concert at 6.	
Sun	Dec 7	Holy Mass- every First Sunday of the Month. 4pm in the Church	Contact 780-791-4305.
Sun	Dec 7	On Reserve Christmas Party, EFS.	Contact jenica.boucher@fortmckay.com
Thur	Dec 11	Christmas Lights Contest, Register by Noon, judging at 4pm	Contact jenica.boucher@fortmckay.com
Thur	Dec 11	Adult Tens Card Tournament 5pm Start, Adult Rec Centre.	Contact Roy, 780-690-2933.
Sat & Sun	Dec 13 and Dec 14	Moccasin Making Workshop in the Elders Centre.	Contact culture@fortmckay.com
Mon	Dec 15	Christmas Hampers from ESS.	10am-Noon in the Arena
Wed	Dec 24	Holy Mass - Christmas Eve for Christmas Day. pm in the Church	Contact 780-791-4305.

MERRY
CHRISTMAS
& HAPPY NEW YEAR

